

November 2022
Volume 26 Issue 11

FREE
Community Magazine

Coromandel Town Chronicle

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EPIC
experiences
for tamariki
at CAS
SEE PAGE 25

Bowling champions PG 12



Bottle caps collection PG 21



Youth Group on zipline PG 30



**Haere mai. Welcome to the
Coromandel Town Chronicle**

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Cover picture: Maia on Spirit of
Adventure trip

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Emergency

Call 111. AED's in Coromandel Town:
Fire Station, Ambulance Station, Four
Square, Coro Family Health, Bowling
Club/RSA, Te Korowai and Phoenix
House. Although AED's are important,
St John say performing continuous chest
compressions/calling 111 takes priority.

Editor's comment

Thanks to Logan for stepping in to deliver the café, motel, info centre copies of the October issue for me last month so I could go on holiday. Much appreciated.

There was lots of traffic on the road on Friday before Labour Weekend. Such a change from last year – when Auckland and parts of the Waikato were in lockdown. Good to see visitors back. I hope everyone had a good long weekend, I was finalising this issue for print, but I had plenty of time in the sun and got some veggies planted.

Finally, congratulations to our new mayor and new community board members.
Have a great month,

Debbie

Letters

No ferry

News that the Fullers 360 Discovery Ferry service from Auckland to Hannaford's Wharf, Coromandel is "on hold through the 2022/23 summer season due to a shortage of skilled employees" will be greeted by all with great disappointment and regret. For decades the local business community benefited from the influx of visitors to Coromandel Town over this busy Christmas/New Year period. The ferry service offered family and friends a chance to visit the area – not just the local town but the various beach resorts "over the hill". We all recall the ferry bus, often two, unloading their passengers at Samuel James Reserve.

There has to be a solution.

In the past the Coromandel ferry made stops at both Orapiu, Waiheke Island and Rotoroa – Fuller's summer timetable advises they will continue to service these two ports three days weekly plus holidays. So clearly for those services they have the vessel and the "skilled employees", yet have chosen to drop Coromandel Town from these sailings until further notice.

The Fuller's website states they are "taking a break from its scheduled services" – sorry that is not good enough Fullers.

We invite management to find a compromise – possibly to extend the Orapiu/Rotoroa service to include Coromandel Town effective 1 December and continue into 2023 until clearly patronage levels indicate a review is necessary.

Fullers can then expect local media and communities to get out there and encourage supporting such a change.

Hard to think of Coromandel Town without an Auckland ferry service over summer!

Regards,
Michael Woods, Whangapoua

Archey's frogs

Archey's frogs were on the IUCN (International Union for Conservation of Nature) list as Critically Endangered. Now they are Nationally at risk (our unique classification system). This is great news. They were however the most Critically Endangered amphibians on the planet when they were killed in pitfall traps filled with poison up here on Moehau, despite my pleas at the time to have them removed that fell on deaf ears, and for that reason alone the DOC needs an overhaul. Now that the frogs are on land that might be mined they've become more of a priority; it's a shame there wasn't the same outrage back then. Now it's convenient as they can be used to suit an agenda.

For more information go to www.tandfonline.com/10.1080/03014223.2011.619989

Yours sincerely,
Kelvin Mouritsen, Waiaro Ecological Sanctuary, Port Jackson

Coromandel Town Trees

It seems extreme weather events are becoming more frequent everywhere. The now huge poplars which were planted all through Coromandel Town on the stream banks by Environment Waikato after bad flooding in April 2003, I think are a hazard. If two or three of these trees blew over and fell across flooded streams, what would be the outcome? Flooding! Another problem tree is the Taiwanese cherry. I love them, as do the tuis, but they are a menace. Before the poplar trees got so big, I could see, from my house, the bush behind the dump in Hauraki Road. The cherry trees flowered while the poplars were bare so I had the view back. I am amazed at how many cherry trees are up on that hill now. Same thing is happening in the bush at the top of Lillis Lane and no doubt other places are being invaded. In the future we may be called upon to attack wilding cherry instead of wilding pines!

Cheers,
Pat Williams

Email letters and opinion pieces to the *Coromandel Town Chronicle* corochronicle@gmail.com. Contributions should be kept short, and should not exceed 350 words. The editor reserves the right to reject letters or edit them for clarity and space.



Local election results

Mayor – Len Salt
 Councillor Coromandel-Colville Ward – John Morrissey
 Coromandel-Colville Community Board – Gavin Jeffcoat, Kim Brett, Jean Ashby, James Davis
 Waikato Regional Council – Thames-Coromandel general constituency – Warren Maher

For all TCDC results go to www.tcdc.govt.nz/results. For all Waikato Regional Council results go to www.waikatoregion.govt.nz/council/elections/



PHOTO CREDIT ANNA SEPHTON

Chopper Chat

By Nigel Strongman, Trustee - Coromandel Rescue Helicopter Trust

This is a good news month! Only two missions for September to our part of the territory.

Missions for September

10.9.22 Stony Bay – Crew tasked to Stony Bay to assist a female patient in her 30’s suffering an injury while walking. She was flown to Middlemore Hospital in a minor condition.

19.9.22 Coromandel – Crew tasked to Coromandel to assist a male patient in his 60’s suffering a medical complaint. He was flown to Waikato Hospital in a serious condition.

Great news – The Rescue Helicopter is tentatively planned for deployment at Whitianga for approximately six weeks from **26 December** until **mid-February 2023**, or thereabouts! However, Auckland, as part of its contract, must always have two machines available at Ardmore, so if one machine is out of service for any reason, “our” machine will have to cover for it.

Even more good news! The Jet A1 fuelling facility is up and running, and available 24 hours/seven days a week.

But wait, there is more! The website www.coromandelrescue.org.nz is up and going well. Thanks again to Steve Hutton from Websiteguy for his help in ironing out the problems.

Please remember, donations can be made on the website, or by online banking to Coromandel Rescue Helicopter Trust; 03-1578-0116338-001, with your name as reference. All donations are tax deductible, and a tax donation certificate will be sent if required. All donations are gratefully received.

Have a safe and warmer month.

Contact Nigel Strongman on 022 670 1549

By Pete Sephton

The ubiquitous tui is one our most abundant and successful endemic birds. They deliberately generate loud flapping noises when flying to chase other birds from their territory. Although they appear black from a distance, their iridescent plumage reveals a variety of colours depending on angles of light. They make a wide range of calls, not all of them pretty.

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Coromandel Town Community Christmas Lunch – Sunday 25 December



“Twas the night before Christmas the elves were busy making fun new toys. There was something for everyone including the girls and boys. On Christmas Eve they were finally done. Now all they were waiting for was the community lunch to begin, delicious food cooked lovingly by many hands, you would be hard pushed to find another repast so grand.”

The lunch is open to all. To make it happen we are reaching out to our community asking for monetary donations, which can be left at Four Square (addressed: For Coromandel Community Lunch). If you want to help with preparing/cooking or donating food, or just help on the day, we look forward to hearing from you. Please email: Coromandelchristmaslunch@gmail.com or phone Rita 027 210 3734.

I would like to attend the Christmas Lunch

Number of People.....

I require transport

I am able to make a donation \$

I am able to donate food items

I am available to volunteer on the day

Name

Phone

Address.....

Please drop completed form into Coromandel Four Square by **Sunday 18 December** or email coromandelchristmaslunch@gmail.com.

Those attending are welcome to make a donation if they would like to do so.

Please book early (see form) as the venue has limited seating; we would hate for you to be disappointed and miss out.

The lunch is at the Citizens’ Hall on Kapanga Road. Doors will be open at 12.30pm, lunch will be served at 1pm. We look forward to sharing a delicious lunch with you.

From Chris (Four Square owner), Lyn, Rita and the Elves.

Grey Power Coromandel Inc

By Patricia Whimp



The next Grey Power meeting is on **Thursday 3 November** at 1.30pm at the St John Hall.

We have been fortunate to secure Belinda Flay, local lawyer as a speaker for the day, so would be great to see members in attendance with your questions regarding wills, powers of attorney and trusts.

Our committee met on 13 October to discuss Grey Power matters and to fold newsletters for mailing to members.

The Grey Power Federation has been advising members to be aware of scammers. The scammers are working hard and fast. They masquerade as NZTA, Spark, New Zealand banks, IRD, Netflix, Dept of Justice, NZ Post – just to name a few. If you are due a refund, you don’t need to pay the scammers a fee to collect! Look at the “From” email address – if there are spelling mistakes (ie Sparke), foreign names or looks weird – delete, delete, delete! For instance, we recently received an email from someone called umazuramikity.com from the NTZA saying our driver licence needed renewing. If in doubt, ask someone you trust to have a look, or ring the company and ask.

Grey Power NZ Federation President Jan Pentecost has written an article (see Grey Power Coromandel Newsletter for article) regarding Grey Power’s claim that the gap is getting greater between national superannuation and household expenditure. The household expenditure has continued to exceed the rate of inflation, and 40% of Grey Power members are worried about their financial situation.

The Grey Power NZ Federation lobbies the government for the benefit of all New Zealanders over 50 years of age. Becoming a member of Grey Power helps with funding advisory boards such as ACC, Climate/Adaptation, Energy, Fifty Plus, Health, Disability and Access Alliance, Law and Order, Emergency Management, Local Bodies and Housing, Retirement and Taxation, Retirement Villages and Transport.

Membership for the year April 2022 to March 2023 is \$28 per two members living in same house, and \$15 per single member. Bank account is 38-9023-0537303-00. Carol Carson, our Membership Secretary, is more than happy to help you. We have had some members who have paid twice for this year, so please check your membership card to see which year you are paying for.

Apology to John Rabarts – for mistakenly suggesting that John resigned as President, when he had in fact served his full term. We thank John for his services to Grey Power.

If you would like to know more, please don’t hesitate to contact:

John on 021 139 0189 (johngaffikincowan@hotmail.com) or Carol 021 081 66129 (carolcarson@xtra.co.nz) or myself 0274 985 229 (patricia@prosystems.co.nz)

Santa Parade

The committee that have organised Santa Parade for the last few years are unable to organise it this year. Is there anyone in the community who can pick up organising this so we can all get into the Christmas spirit and the young people in town get to see Santa?

For info on what is required please contact Rita Stephenson on 027 210 3734

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Museum News

By Raewyn McKinney

As ever, work continues at the museum; and our displays are changing all the time. The museum committee is working hard to finalise arrangements and raise funds to install the Firlawn Dairy building on the museum grounds. Unfortunately, this is a slow process, but we are hopeful of a good outcome and anticipate an excellent outcome for all concerned. We trust work on this project will take place over the summer period.

We are very grateful for all of the support we have received from the local community, particularly the very generous donation recently received from a very kind, anonymous person. At the time of writing, thanks to reallocation of existing funds, and donations, we have just over half the funds needed to reposition the jail building and position the dairy. Applications for further funding are pending.

Some people may be confused as to the nature of the building we are moving to the museum grounds. It is a small, octagonal building that was originally part of the Firlawn House property. From early times most New Zealand settlements had dairy cows, in fact the first dairy cows were introduced by Samuel Marsden in 1814. However, before refrigeration, milk and

GOAL: \$30,000



butter could not successfully be transported. Therefore, most families had at least one house cow, to supply their own dairy needs. The cow would be milked by hand in the paddock, usually by women and children. The milk was then strained and allowed to settle overnight in a cool place until the cream rose to the top. The cream was then skimmed off with a ladle and kept cool. Every few days the cream would be placed into a small churn and the churn turned until butter was produced. The remaining milk could be drunk, used in cooking, made into cheese, or fed to the pig. Houses usually had a separate cool room or dairy building in which to carry out these chores, and to store the dairy products at the best temperature to ensure the longest possible life for these products. The dairy therefore did not need to be a large building, and it was built with few windows and good ventilation, to ensure it stayed cool even in the warm weather. The museum has a collection of utensils that were used in the butter and cheese making process, and we plan to display these in the Firlawn dairy, with descriptions of their use.

Dairy factories became commonplace from the early 20th century, with the Coromandel Co-operative Dairy Company Limited opening in October 1911, however dairy farming has always been difficult in this



Computer rendering showing planned location of Dairy

region, as this item shows:

From 'Auckland Star' 8 November 1926
 "Dairy farmers at the northern end of the Coromandel Peninsula have, in many cases, to pack out their cream on horseback, and this is such a strenuous operation in a district where roads are few and far between that many settlers are altogether deterred from taking up dairying. A survey has already been made for a road between Colville and Port Charles, and a promise made that the formation will be proceeded with, but so far nothing has been put in hand. In addition to enlisting the aid of Mr T W Rhodes, the member for the district, the settlers are now approaching the directorate of the New Zealand Dairy Company, with a view to gaining its support in urging upon the Minister of Public Works the necessity for the early completion of the road."

The museum will be open Thursday mornings 9.30am to noon and weekends 1-4pm during November

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\$7

entry
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O Moehau Mountain (How much can you love?)

By Reihana Robinson

Red-haired denizens, so the old ones say
bide their time beyond ordinary eyesight
belong as mountain dwellers agile
as fairies living lives beyond the ordinary
Alive are we to snippets of temptation
We be blessed to feel their fairy fibrillations
as they rove the cloud-stricken summit
flowing to haunt night dreamers
to infiltrate bush scouts
What to believe?
Pixies come gentle down your slopes
Pixies sleep on your forest pillows
Curious guerilla queens and kings
compose hymns in your forest element
Patupaiarehe faerie floaters
Sleepers of mountain
Bind us as if with wine
Tie skillful sailor-knots
And we—the ensorcelled
in your tiny hands we lean into
enchantment a tender brew
humming oriori
clusters like lullabies
We become big babies
listening to your crooning
Tendrils creep around our bodies
We—the befrienders link fingers
Bird talk and wind whispers
reveal the saga the skald
Putorino flutes wrapping spirit
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You mist mountain subdued
beneath volcanic cloud hidden
whitened a daily shroud
No one own you like the
Great Chief spoke
We belong you murmuring mountain



First published: Ora Nui 3 Māori Literary Journal "Going Global"

Patchwork and Quilters

By Raewyn Penrose

Our group runs regular workshops for the benefit of members. A couple of recent ones included the design and construction of a stable bag, held in September. A stable bag is a bag worn over the shoulder, with the capacity to carry lots of things, of all shapes and sizes. The design of the bags also simplifies finding whatever you happen to be looking for – it opens up flat to reveal the entire contents. A very useful everyday thing. Sharon Currie ran this course and some very colourful and innovative bags were produced – a day greatly enjoyed by all.

On 17 October Tina Hvidberg Pedersen ran a workshop making various sizes of fabric boxes. A well attended, fun course, creating useful and flexible storage containers.

On 25 September, eight of our members travelled to Coroglen, who hosted this year's Peninsula Day. A "pair (or pear)" was the theme for the day, and all attending were presented with a fabric "pear" on arrival. Our own Sue Smith won the day's fabulous raffle. Peninsula Day provides an opportunity for all Coromandel patchwork groups to get together annually, view what others have been doing and to enjoy food and fun with like-minded friends. Thanks to the Coroglen people for a great day. In 2023 our Coromandel group will be the hosts.

We welcome new members – please come along any day and see what we do. We meet at the St. John Ambulance rooms on the 1st and 3rd Mondays of each month. We look forward to seeing you.

Contact our President, Fiona Neal 027 373 6991 or Secretary, Sharon Currie 027 299 6695



October workshop



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Marine Farm Yard Application

By Hector George

I live on a property off the 309 Road just up from the Mussel Kitchen. I was contacted by a local mussel farmer with a request to sign a document consenting to the development of a mussel processing facility next to my property. At the time of the phone call, the request was to approve a facility to construct and maintain fish farming equipment. I informed the caller I would have to look into the issue a bit and seek the opinion of the local community.

The following is what I have found out.

The application is to build two utility sheds, an office building and operate a Marine Farm Yard. The application would require a change in the zoning for the location of the proposed marine facility.

Summary of the proposal

Location

The property is a 14.65-hectare rural block approximately 4km south of the Coromandel Township. It is located on the southern inland corner of Tiki Road and the 309 Road to Whitianga.

Current land use activities

The current land use activity is minor grazing of livestock.

Application Proposal

Application to construct a Marine Farm Yard and the construct of two 45m x 20m utility sheds and one office building measuring approximately 14.4m x 10.5m

Application to operate a Marine Farm Yard
The proposed activities are all the activities conducted at the processing yard on Tiki Road as well as the introduction of fish farming venture activities, such as constructing, maintaining and upgrading fish pens to be installed in the Gulf.

Earthworks

Earthworks for the site will comprise the removal of topsoil and the addition of rotten rock over metalled area. The entrance to the site will comprise the same with the inclusion of a culvert. The earthworks associated with the metalled area will have diversion bunding to be provided as a temporary erosion and sediment control measure.

The earthworks will be developed in two stages:

Stage 1 – Entrance and driveway, building foundations, stage one storage. Total earthworks 10,000m² in area and 2,000m³ in volume.

Stage 2 – Stage two storage. Total earthworks 10,000m² in area and 2,000m³ in volume.

Site coverage

Total site coverage for all activities is 17%. Total building coverage 1.3%

Location and design of vehicle access

A new vehicular entry/exit point will be formed from the 309 Road more than 330m from the SH25 and 309 Road intersection.

Hours of operation

Gulf Mussels work hours at the land-based yard are mostly between 6am and 10pm

Monday to Friday.

To summarise – the latest application was rejected by all but one neighbour to the site.

The general opinion was that the smell, noise and light pollution would destroy any future chance of expanding the tourist potential of the area as well as impacting property values. Living with the facility on their doorsteps is not why the owners in the affected area purchased and relocated to Coromandel.

Any interested bodies can call Hector on 027 354 7143 for a copy of the application in its entirety, as it was presented to TCDC. The application is going through TCDC now. It's not too late to voice your opinion for or against the proposal





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CONDITIONS APPLY

Mahamudra Centre Update

By Beth Pearsall



The past month has been powerfully quiet at the centre with a three-week-long retreat taking place under guidance of an excellent teacher from Switzerland. We are so blessed that in this remote corner of the world we are visited by teachers of this calibre.

I was reading an interview with Lama Yeshe (if you haven't heard of him, I highly recommend looking him up). He was talking about how the spiritual path is not the easy path in life to take. But it is the brave path. To really look at our minds and the way we exist. To dig under the delusions and discover our true nature. That to find peace and true happiness, this is what we must do.

He was also talking about doing what is right for you, now. Not to just take a ritual or practice without understanding it. If we are going to do things, we must know why we are doing it. What is the purpose and where are we trying to get to. It can be so easy to just form a habit. But when we nourish our practice with purpose, we can receive the fruits of our work.

The beauty of attending a retreat is that it is a wonderful way to refresh ourselves and our practice while being supported by others who are doing the same. Our teachers offer insight into our lives and give us practical tools to improve our way of being in the world.

If you have never been to a retreat before, we have some wonderful introductory meditation retreats coming up that are perfect for dipping your toe in and trying it out. If you are an experienced meditator, our retreats offer an opportunity to refresh and deepen your practice.

Here's what we have coming up in the next few months.

18-20 November – Waking up to the Moments of Your Life with Hedwig Bakker. Silent mindfulness meditation retreat.

25-27 November – Spring Reset with Wild Stillness Retreats. A boutique women's wellness retreat.

9-11 December – The Power of Loving Kindness with Hedwig Bakker. Heart-centred meditation and qi gong-based movement.

As I mentioned last month, if you are interested in Buddhism, we have a wonderful introductory programme over the summer with Venerable Tony Beaumont. You can get all the details on our website www.mahamudra.org.nz.

As always our centre is open to walk around the Stupa, sit a while in the Gompa, visit our small shop or have a cup of tea.

We are running regular Wednesday morning meditation sessions 8.15-8.45am. All welcome!

www.mahamudra.org.nz

CILT Coromandel Independent Living Trust



Kia ora Coromandel.

We hope you are enjoying the warmer and drier weather.

Our very exciting Hub project is nearing completion. The building is really nice – inside and out – and will be a fabulous new home for essential community services. We are also doing up the orange cottage next door to house Te Mana Tangata/The Work Co-op (huge thanks to Howie for the great mahi!) and we're revitalising the large gravel area to the south for our native plant nursery project which has been gaining traction over the winter. Once it's all complete the whole site will be a thriving hub of community activity. This has been a very long time coming, and when we return to work after our summer break early next year we look forward to welcoming you into the new space.

Native Plant Nursery

Our transition from school to work programme – which is based at our native plant nursery at The Hub – has been going great over the past two terms. This term students from the Area School will be learning how to make liquid fertiliser from seaweed, from horse manure, and plants such as comfrey.

Speaking of liquid fertiliser, The Goldmine now has bottles of high quality worm tea for sale from their very busy worm farm. We want any donations of food scraps to feed the ravenous worms, so please, if you are not already composting at home, then we'd love you to collect your scraps in a bucket and bring them up to us at The Goldmine. The only things the worms don't like are bread, citrus and onion skins.

Free Family Court Information Service

The Family Court Navigators/Kaiārahi will be visiting Coromandel monthly until December. This is a confidential and free service run by the Ministry of Justice. Family Court Navigators are able to provide advice around navigating the Family Court system and help with questions about issues such as child custody, Oranga Tamariki, divorce, legal aid and much more.

No appointment is necessary, just come on down to The Resource Centre between 11am-2pm on **Tuesday 22 November**.

The Bizarre

We wish to thank our community for their continued support of The Bizarre.

With the warmer weather on its way we are in the process of clearing out our winter items to make way for our summer stock. Part of this process was the recent "fill a bag". This was met with great feedback and support from our local community. We have recently had some great items donated, however, would like to remind those interested in donating unwanted goods to please call ahead first on (07) 866 8948, or pop in and see us during our opening hours: 10am-4pm Monday to Friday.

Thank you.

Ngā manaakitanga.

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New Listing
Quintessential 'Miners Cottage' exuding cuteness and charm. Well-fenced 696m2 section featuring private gardens. The cottage offers an open-plan lounge/dining area (fireplace and heatpump); kitchen with wooden bench top, 2 bedrooms, bathroom and, an excellent pergola-covered rear deck. Separate studio, carport and utility shed. **\$615,000**



New Listing
Elizabeth Park Village... great for those who have achieved the age of 55 and are considering a quieter pace of life. The home features a very spacious open-plan living/kitchen area that opens to a near perfect north/east facing deck with rural views. There are 2brms, bathroom, an office/study and internal access to the single garage/laundry. **\$639,000**



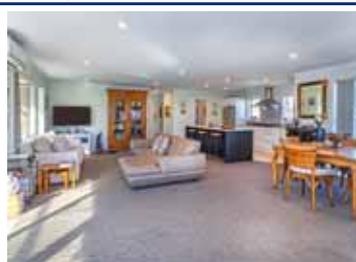
New Listing
Set on the ever popular Wyuna Bay peninsula, this elevated 948m2 vacant section offers a picturesque view of the Coromandel harbour, with a great selection of native and fruit trees, helping to create a sense of maturity. Bring the caravan, connect to the mains power supply and, enjoy a simpler holiday/weekend retreat experience. **\$447,000**



Price Reduced
Motivated Vendors, keen to start a new chapter! Brilliantly spacious family home - 4 double brms, large lounge, kitchen/dining, double garage and stream boundary. Make it yours **\$760,000**
Designed perfectly for entertaining! The superb open-plan living opens to fantastic decking; 3 double bedrooms, 2nd lounge, office, 2 bathrooms, car & boat garaging, 1,156m2 section. **\$PBN**



Just stroll into town... it's so easy! Compact 396m2 section with garage & carport. 3brm home with open-plan living & decks. **\$650,000**



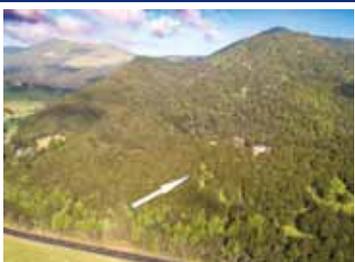
Top class presentation. Immac 3brm brick home, 2 bathrooms, extensive decking, large garage, good parking. **Offers over \$890,000**



A stunning hideaway approx 20mins drive from town. 11.29Ha of pasture, bush and a stream. 3brm home + studio. **\$1,550,000**



Set on a rear 767m2 section, the 'Rivertree Cottage' offers an open-plan living area, 2brms and good decking. Single garage. **\$610,000**



It's BIG and PRIVATE! 20.2Ha of wonderful regenerating bush at Colville. The existing cottage would make a great weekender. **\$600,000**



Oasis is town. Landscaped 668m2 section with large studio. The Villa features 3brms, 3 bathrooms, wooden floors & decking. **\$975,000**



The original Miner's cottage is complemented by a second home on this 776m2 corner section. Short walk into town. **\$710,000**



SOLD

Ann's Good News Naturally

Your gut immune health, total health & toxins
 "Scenescence" is the scientific term for cellular ageing or breaking down.

Consider then, "immune senescence", and "age related immune decline".

It reflects the reduced ability in older adults to respond to pathogens that cause infection and disease. There are not enough immune cells to fight infection, and weaker cells don't reproduce properly or at all.

You're more likely to have an impaired response to a vaccination, so even when vaccinated, you may not produce sufficient levels of antibodies to prevent infection.

After vaccination, this impaired ability to make hardy lymphocyte white blood cells, may cause the reaction of latent (dormant) viruses, like herpes, Epstein Barr and cytomegalovirus, which are common in all of us. Hence, post-viral, or post-vaccine illnesses. Brutal but real.

Nature didn't intend people living much longer than reproductive years, taking up precious resources. Via menopause and andropause, we stop producing our anti-aging and reproductive hormones. This is accelerated by toxins.

So, what can you do? Love and protect your microbiome gut immunity and your cellular DNA. Grow and eat organic and real food. Love drinking water, not alcohol. Inhale oxygen, not chemicals.

Focus on prevention, how you live, and what you eat and drink.

More good news

Because it can take months, or years, to develop an illness or disease, it can take a long while to totally heal. Thus, it is intelligent to be mindful to identify cellular imbalances and deficiencies. Essential personalised treatment is simple if structured.

Historic cases

Hormonal cancers: breast, prostate, ovarian, testicular – in the last two years I have had clients with these hormonal-related cancers. It's exciting that all clients realised the efficacy of my advice and are all doing well. Complimentary medicine for cancer is incredibly beneficial.

Recent cases

- **Unfortunate removal of appendix:** This 40-year-old lady was shocked to be told after her operation to remove an ovarian tumour, that while there, they decided to remove her healthy appendix also. She knew, as many scientists now know, and what I've known for years, that the appendix stores good bacteria, and is part of the gut immune system. Focus then, was to address and heal the real cause of her non-cancerous tumour, and boost her gut immunity, naturally.



- **Hair loss, sweats and flushes, fat gain, hypertension, high stress:** several times told by her GP, and lab tests results, that nothing wrong. My investigations and personalised treatment identified and cured all health issues. She loved her deep tissue massage, lymphatic drainage and neck and shoulder corrections.

- **Itchy bottom, vaginal thrush:** fungal blastospore – Candida, showed on Live Blood screening. This lady's partner's raw penis cleared up also, after both using my herbal cream and tonic, changed diet to improve gut microbiome and addressed addictions of cannabis and vaping.

Toxic compounds

Potentiating cancers and hormonal imbalances, transgender tendencies.

- **E.g., diethylphalates** – it is known that these feminize the male foetus brain, while can also masculinize the developing foetal brain. Also affects growing children. Commonly found in bath and beauty products, plastics, cosmetics, oral pharmaceuticals, insect repellents, adhesives, inks and varnishes etc, contribute to depressed leukocyte white blood cell production.

- **E.g., glyphosphates** – accumulates in mammalian bones, intestine, spleen kidneys, etc., causes renal tube carcinoma, non-Hodgkin lymphoma, pancreatic adenoma and skin cancers.

Mould producing toxins

E.g, ochratoxin – from mouldy, damaged buildings, cereals, dried fruit. Causes kidney disease and adverse neurological issues, Alzheimer's, Parkinson's disease.

Know your immune enhancing, antioxidant and microbiome boosting foods. Which foods best suit you? I can help.

Minerals are your core base medicinal nutrient. Take the test: www.activeelements.com, username-259077, password-579819.

Book now: Ann Kerr-Bell, Natural Medical Centre, "The natural alternative for all your health requirements"

The Colville Project

Community Hui!
 Join us on **Saturday 19**

November at the
 Colville Hall 10.30am-

12pm or at Waikawau woolshed 2-3.30pm.

Come and hear about the latest news and meet the architecture team. Come and tell us your idea and feedback.



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Ann Kerr-Bell

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Animal Rescue Thames

By Alice and John Parris

Huge thank mews to Kerepehi Women’s Institute for their roll call of cat food for our rescue felines and also to Goldfields Women’s Institute for their roll call donation of cat food and gorgeous woollen blankets beautifully sewn. Also the donations of cat food to our Pak’nSave food bin. These have been blessings to the unit in an incredibly traumatic time.

To have one of our longterm special rescue felines Wiki run over on a shared driveway, was a tragic first in 24 years of living here. Initially believed broken right leg, after-hours veterinary care, more x-rays, medication next day revealed the painful truth: his left leg ball joint was also broken and the right leg had six fractures, which meant that operating was not an option. The devastating news meant we had to let him go to rainbow bridge at only five years of age. He was put to sleep and was cremated costing us almost a thousand dollars for veterinary expenses and cremation all up. He was extremely special, he was the vocal one, he who greeted us coming home, yelled at back door to come in, affectionately nicknamed Avon calling! He chatted to all the rescue cats, taught the feral kittens how to trust in humans, taught them good things and bad, raced around on the roof with Lizzie. At five years of age to lose such a special animal is incredibly devastating, and left with near on

a thousand dollar vet bill because someone going down the drive did not look, did not see and the only car seen going down at that time was an electric car, they are silent, only small amount of road noise is heard and by the time one hears these silent cars it is too late. How someone can run something over and not know is totally beyond us but no one saw the accident. Wiki was left crying in pain on the edge of the neighbour’s grassy verge by the drive.

It is something that causes us great concern. These EVs can be silent killers, not just for animals, but potentially also children. We ask people to be incredibly mindful when driving these cars. We accept these things can and do happen and we take solace in helping the other rescue kitties like Lizzie who has no comprehension of why her buddy is no longer there to sleep with and wash her, Mascara whose mate is no longer home. They have no idea why or what has happened. For all of us time will heal us, and we are left with incredible memories and a very silent world which is the most painful.

Our gratitude to Forever Pets and Anexa vets at this time. We put a letter into all neighbour’s letter boxes to just ask them to be mindful when coming down drive and we received a beautiful letter from one



neighbour telling us that they were not in the area at the time and they were mindful and we know them and they are. That letter was special to us and we have not blamed any one person as no one witnessed what happened. We are glad that the neighbour’s boy was not outside when it happened.

We have been unable to get fundraising past selling items on the internet and no

further garage sales will be held due to the lack of able-bodied people to help with the entire event. It takes enormous effort to run one which means funds for the unit remain extremely restricted as well as the decline in both my husband’s and my personal health and more major surgery upcoming, so we just have to accept it is what it is now and we continue to care for those longterm special needs in our care and any emergency cases that may come in.

Hence our sincerest thank mews to those who donate sachets, tinned foods, pet milk to our food bin and to the Women’s Institutes for their donations. This helps us continue to help those who need us most in a time we need it most. Meow furr now.

Any enquiries to Animal Rescue Thames, 532 Thames Coast Road, Te Puru, Thames (07) 868 2907

Everyone knows the best place to go fishing is near a mussel farm

Please follow these guidelines to keep everyone safe

- ←→ **Keep 30 metres** from working mussel barges at all times
- Don't tie-up** to a line being worked on
- Never cast your line** towards a mussel barge – farmers have been injured from flying hooks and sinkers
- No anchors.** Tie-on to a longline buoy or use approved mooring hooks
- Minimise your speed** and wake
- Never drive across the lines**

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Coromandel Bowling Club

By Linda Wright

Our last open tournament kindly sponsored by Coromandel Four Square attracted 14 teams from Coromandel and the Thames Valley. It was played in cold, windy conditions, no snow though; that was on the Desert Road.

The delicious afternoon tea supplied by members was well received in the cold conditions.

The winners on the day with four wins were David Weatherley's team with Bryan and Dave; 2nd Peter, Des and Peter; 3rd Robyn, George and Mike. Thanks Chris for sponsoring plus coming and presenting the prizes.

Congratulations to Lindsay Nicholls in being a representative in the Thames Valley Squad, who won down to the last six clubs in NZ. The round robin play off was held in October at Browns Bay, Thames Valley Squad came in 4th on the closely contested national event. Well done Lindsay; it was great to watch your live streaming match, which you won, well done.

Twilight Bowls will have started by the time this comes out. We have 32 teams of non-bowlers playing on Tuesday night at the club on Woollams Ave. The students kick it off at 4pm, followed by 16 teams in the 5pm session then 16 teams in the 6pm session and we play for five weeks. You are welcome to come down and see what all of the action and noise is about.



Chris, the owner of Four Square (left), with winners David, Bryan and Dave



RSA news

By Gary Pettett

The RSA Saturday afternoon/evening sessions now include a Pool Speedball competition from 3.30pm, with two players per team at \$2 playing to sink as many balls as possible in three minutes. Rules will be published on the day. The winning team gets some of the prize money with the balance going towards nibbles including hot chips. This is open to all members of our community so if you like the sound of this come along even if you have never sunk a pool ball in your life!

The annual sale of Christmas hams is on again this year for members, but with a limited supply available. A list for names is on the board at Club so be quick to get your name down before the line is drawn.

Car Club

The Car Club meets on the 2nd Wednesday evening of the month in the Club rooms so do come along and support yet another activity that can appeal to anyone who owns a car! An upcoming event is the Whitianga Run, so we will keep you posted.

Hope the weather plays ball. Great we have so many enthusiastic bowlers and sponsors for this competition, Enjoy it everyone.

Will be seeing you all on the greens and in the club.

Club news

The winter flew by with nine Tuesday quiz nights and four music evenings from March St. Patrick's Day celebrations to September featuring the great eight-piece Art Gecko band. Unfortunately our final promotion in October was cancelled because Covid struck once again, but Andrew London said he is always philosophical and hopefully we will rebook him for 2023. The quiz nights raised \$350 to assist funding for the Museum with their project of re-siting the old dairy (cool store) which is listed as an historic building. The dairy will feature as an attraction in the Museum grounds.

We thank CCC for their support and our Coromandel community who are so supportive of the Club's many activities. Sincerely, Maureen, Kate and Geoff, Laughing Frog Promotions.

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Heartbeat – Coromandel St John

By Abby Morgan, VTM Area Committee Chair



Summer is on the way. **Contacting our Coromandel St John**

For hall bookings and any community engagement enquiries please contact our local Area Committee team on our email coro.ac@stjohn.org.nz. The email is checked by the office holders – Chairperson/Treasurer/Secretary and is the best form of contact for a reply.

Community transport services

Do you or your whānau have trouble getting to medical appointments because of a lack of transport or perhaps you don't meet the criteria for the service currently available?

Hato Hone St John has recently completed a review of its Hauraki-Coromandel district health shuttle service which transports people to health appointments such as the doctor, dentist and hospital. This service does not currently cover the Coromandel-Colville area. Over the next couple of months St John will be talking with communities in Coromandel-Colville to understand if there are health transport needs that are not currently being met, and what options there might be to improve access for all members of our community. We'll be seeking feedback from the community with a survey to be distributed locally soon – watch this space.

You can also get in touch directly by emailing

Anne from the Community Engagement team on hauraki.community@stjohn.org.nz or send an email to our local Area Committee at coro.ac@stjohn.org.nz.

3 Steps for Life

In 2021, over 2,000 New Zealanders suffered a cardiac arrest in the community, with a total of 11% surviving – 1 out of 10 people. 3 Steps for Life plans to increase those chances of survival in your local area by training participants in the effective use of AED's (Automated External Defibrillator), which are available throughout our communities.

Delivered by Volunteer Community Educators, this course is a free one-hour public awareness programme and is designed to give New Zealanders the confidence and knowledge around basic CPR and AED use. It gives participants the skills to take action in responding to someone experiencing a cardiac arrest by 1 – Calling 111, 2 – Starting CPR, and 3 – Using an AED.

Participants do not gain certification after the course but are encouraged to become a GoodSAM (Good Smartphone Activated Medic) responder through the GoodSAM app. Keen for a programme in your community? Reach out to our team by emailing 3stepsforlife@stjohn.org.nz or Cody.Booth@stjohn.org.nz.

First Aid Courses

We have received numerous enquiries from people regarding First Aid courses, unfortunately our St John tutors have advised they are fully booked for the remainder of the year so we are not able to host these locally. Enquiries can go through our St John website as spaces may come up on courses in the wider district for those people happy to travel further afield.

Coromandel Contract Bridge Club

By Judy Bronlund

Hopefully as the weather improves so will attendance to our club evenings. The current competition is the Championship Pairs. I look forward to being back and playing in November. Contact Jan for information.

Contact Jan on (07) 866 8341 for information

The Informers' Art Auction and Exhibition

FRIDAY 18TH - SUNDAY 20TH NOVEMBER
Hauraki House Gallery, Kapanga Road, Coromandel Town

Opening night and auction
Friday 18th November
Doors open 5.30pm
Auction 6.00pm

Exhibition 19th-20th November
10.00am - 4.00pm

All welcome

This is a major fundraiser for the Coromandel Town Information Centre

- * SPOT PRIZES *
- * RAFFLES *
- * WINE *
- * NIBBLES *



Health for your Body, Brain and Eyes

Health and healing are two sides of the same coin. When we practice wellbeing, it becomes an investment in our health and quality of life. Judy Gantz together with her partner Peter Grunwald moved to Wyuna Bay last year and are offering services in restorative health, wellbeing and eyesight improvement



Judy is a retired dance professor from the University of California in Los Angeles (UCLA) and teaches a fascia movement class. Judy promotes the joy of movement, "We all know movement is good for us; it is good for the heart, good to keep our muscles strong and flexible, but only recently did the research tell us the importance of movement for fascia."

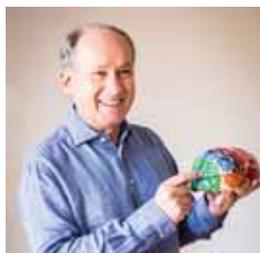
Fascia is a tissue that is like an envelope inside the body covering and connecting our muscles, bones and organs.

Fascia holds us together internally and when it is healthy it allows us to move with more ease, have better upright posture and it is responsible for bringing calm and presence to our feeling state. In the words of one of Judy's students: "I am finding your classes, and the fantastic cumulative effects they're producing, so wonderful. I really feel this will take me well into my seriously senior years (I am 74 now)."

Judy's fascia movement class is a slow-paced class and uses moves from yoga and simple dance warmups to develop body-wide dynamics for stability and functional movement such as walking and standing. The class is designed to develop greater movement freedom (mobility), postural ease, and coordination. Myofascial movement creates a feeling of spaciousness in the body and activates self-healing. Judy is teaching Movement for Equanimity (MFE), fascia movement class Thursdays 3-4pm in Wyuna Bay. The five weekly sessions start **Thursday 3 November**. Fee is \$50. Text, call or email for more information, 021 0200 7550, jgantzz@icloud.com.

Peter Grunwald has focused his work over the last 30 years on improving eyesight and vision. His original discoveries integrate the eyes with brain and body. "It's not the eyes which see, but the brain. Commonly, we are unaware that our eyes are flexible and can change fundamentally though integrating higher functions of the brain," says Peter, and his approach has impacted thousands of people world-wide.

Peter's clientele overseas and here in NZ come to re-train dysfunctional patterns and gain deeper understanding of conditions such as presbyopia (when the vision blurs in middle age), myopia,



astigmatism, glaucoma, cataracts, macular degeneration, squints, floaters and other visual dysfunction.

Peter discovered that there are common patterns between the eyes and our body. By including the subtle movements of our eyes with the brain, our posture changes, breathing improves and many psycho-physical associations are literally falling by the wayside. In his own life Peter changed his -10.5 dioptres myopia and astigmatism in just 18 months and was able to let go of wearing glasses or contacts. His personal journey allowed him to discover how visual principles impact the health of eyes, brain and body and from this the Eyebody method was born.

Is it possible for everyone to change conditions such as dyslexia or presbyopia? "Principally yes," says Peter, "yet most successful are those adults and children who come with a slightly sceptical mind, yet having a desire to change from within and enjoying new mindful practices implementing gradually in daily life."

Peter will hold free introductory classes on **Wednesday 16 and 23 November**. His published books are available both directly in Coromandel and through his website.

Inquire, book the free introductory classes or private appointments by calling Peter on 021 311 145 or go www.eyebody.com to learn about his Mana Retreat **7-13 January 2023**.

Coromandel Town Information Centre

By Carolyn, Sue and Lynne



Our new team at the Info Centre has settled in well, but with summer fast approaching we are still looking for a few more volunteers to help us over the busy summer months.

If you have a few hours spare, then please call in on Tuesdays or Wednesdays and have a chat with Carolyn about helping us over the summer.

We are also keen to find out what other local gems there are in our area; do you have a favorite you can share with us? A walk, beach, fishing spot (maybe not). We are keen to hear where you take your guests to when they are here.

Our main fundraising event for the year is coming up on **Friday 18 November**. If you have missed our last two art auctions, make sure you keep this date free and come along. It's a fun night.

Please remember to make all of your bookings for shows and tourist attractions though the Centre; we will have gift vouchers available very soon. Great Christmas presents. Our Boom Bust and Beyond Tours will be available over the summer months as well.

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IMPROVING VISION NATURALLY
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Free Intro Talk Nov 16th 3:00-4:30pm & Nov 23rd 7:00-8:30pm

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Mana Retreat Centre 7-13 January 2023

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Coromandel Colville Health Transport Survey



Hato Hone St John operates a **koha-based health shuttle service** to help people get to medical appointments.

Our volunteers take people to **many kinds of healthcare appointments** on weekdays including the doctor, dentist, hospital appointments, maternity care and more.

The service **does not currently operate in Coromandel Colville.**

This survey is to help us understand if there is **community need for additional health transport** in Coromandel Colville.

Please complete survey below and place in collection box:

Coromandel: Medical Centre, Library, St John Station letterbox

Colville: Colville Store, Colville Clinic

Or email to: hauraki.community@stjohn.org.nz

Deadline: 30th November

Thank you!

1) Where do you live?

Coromandel Town Colville North of Colville Manaia

Waikawau, Little Bay, Tuataewa, Kennedy Bay Other _____

2) Have you missed a health appointment in the last year due to a lack of transport?

Local (Coromandel, Colville) Regional (Thames, Waikato etc)

Yes No

Yes No

3) In the last year how have you travelled to health appointments?

Tick all that apply

Own car

Local

Regional

Lift from family/ friends

Coromandel Independent Living Trust (CILT)

Taxi

Didn't go due to lack of transport

Other *please specify* _____

4) If there was a koha-based health shuttle service would you use it?

Local: Yes No

Regional Yes No

Would you require a wheelchair accessible vehicle? Yes No

5) If there was an option to have your appointment via 'telehealth' would you use this service?

Yes No

Telehealth is an online appointment with your doctor or specialist, held locally with professional support.

6) Do you have any other comments you would like to share?

Spring Reset – Wild Stillness Retreats

By Vanessa & Beth

Spring is an auspicious time for cleansing and renewing. Whether it be a “spring clean” of your house, a detox for the body or simply a deeply cleansing breath, we are all ready to feel fresher and lighter. Letting go of the slow Yin energy of winter and gently supporting yourself to move into the faster paced Yang energy of summer is of such importance. Spring also traditionally serves as the ideal time to rest and reset. Setting goals, using affirmations, and connecting to your intuition are particularly potent at this time of year.

This month we would like to share with you a simple, yet deeply effective, Hatha yoga breath practice to encourage a release of stale energy/prana and a moment of pause. Known as the 9-count breath, this can also be extended to the 18-count breath by doubling each phase.

To try this pranayama (breath) practice:

First empty the breath of all stale air, exhaling fully.

Phase 1: Inhale through the nostrils for a count of 1 into the belly, continue inhaling to 2 into the chest space.

Phase 2: Pause, holding the breath for 3, 4, 5, 6,

Phase 3: On 7, “sneeze” the breath out by contracting the diaphragm (muscle under ribcage).

Phase 4: Hold the breath out 8 and 9.

Repeat 3-7 times. Follow with deep slow inhalations and exhalations of equal count (e.g. 5 in, 5 out).

This practice and so much more is on offer for our Spring Reset Women’s Wellness Retreat on **Friday 25-Sunday 27 November**. Embrace release as we nurture ourselves with cleansing yoga and breath practices, supportive restorative meditation, liberating journaling, explorative dance, nourishing organic vegetarian food and feminine ceremony. Reconnect with yourself and like-minded women as we explore tools to slow down, deepen your intuition and step towards the light of summer with inner strength.

Held locally at the peaceful Mahamudra Centre in Colville. Self-care investment starts from \$495 including accommodation, all meals and retreat offerings. Spaces are strictly limited to 12 women to create a uniquely intimate and personalised small-group experience.

We wish to offer a locals special this month to celebrate the renewal of our website. For those reading this in the Chronicle, please use LOCAL as your subject header when booking to receive a 50% discount on a massage at our Spring Reset Retreat.

To book: wildstillnessretreats@gmail.com, www.wildstillnessretreats.co.nz



*A Cup of tea
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Hon Scott Simpson MP For Coromandel



Congratulations to all the successful local candidates from around the Thames-Coromandel District. The incoming council has a mixture of continuity and fresh ideas. Well done to the new Mayor, Len Salt. I’m looking forward to working with you and your Councillors and Community Board members. We also had a change in Coromandel’s representative to Waikato Regional Council, with Warren Maher taking up the role. Standing for public office can be confronting and I’m sure that all of the candidates are relieved that the campaign is over. Hopefully it was an enjoyable experience full of robust debate and a shared commitment to do the best for our communities. Special thanks to all of the unsuccessful candidates too. Our democracy depends on people offering themselves for election and being willing to stand up and be counted. Giving voters a choice is important and appreciated.

In other political news, the release of the country’s financial statements makes it clear that the government has a spending problem, not a revenue problem. Businesses and individuals across New Zealand are contributing more than their fair share, with tax revenue increasing by 43% in the last five years. This is an average increase of \$15,000 for every household in the country. But instead of receiving first-class services for their hard-earned tax dollars, Kiwis are facing longer wait times at hospitals, declining education standards and a seemingly never-ending crime wave. Not to mention the creaking roading infrastructure across the Coromandel Peninsula. It’s time to give Kiwis some much needed tax relief. We’re experiencing the highest levels of inflation in three decades. Everyone feels the bite of higher costs when they do their weekly shop, fill up their car, and pay the rent or mortgage. The average household is spending \$1,600 more per year on groceries, \$1,900 more per year on petrol, and an average annual increase of \$17,000 for mortgages. National continue to advocate for the adjustment of the income thresholds. This will have a much more positive impact on Kiwis and help them get ahead than a band-aid response like the cost-of-living payment.

Scott Simpson

MP for Coromandel

Contact me anytime

0800 550 330 • scottsimpson.co.nz
mpcoromandel@parliament.govt.nz

National 
Authorised by Scott Simpson, 614 Pollen St, Thames.



Coromandel Lions

By Mary Farmer, president, Coromandel Lions



Welcome everyone to November; man don't the months fly by.

We have a great many kindhearted and generous people in our little town.

The club decided to have a winter/Christmas raffle, and our new member Noeline Martin offered to get the ball rolling, and with Rick Ward to break the ice she has amassed a great amount of gifts, cosmetics, food, vouchers including WOF vouchers, etc. The raffle will start on Labour Weekend Saturday when we have our mussel fritters on sale outside Four Square. Proceeds to the museum, as they have a project they need money and help with. It's a dairy gifted to the museum and in need of lots of TLC and monetary aid. So we are donating the proceeds to them to help them on their way, and look forward to seeing the finished project.

We have had two very generous gifts of wood from two of our longest serving members. Joan Knudsen has had trees felled that she and Larry, her late husband, planted (she refused to say just how long ago, so we will be counting rings!). And Rick Ward also had trees down at his home and is donating the bulk of the wood to the Lions. The Golf Club will be kept warm next winter with some of the wood, so working bees are a go soon.

We welcomed another new member this last month, Ryan Visser who has come to live just outside town from Hamilton. He made a very good impression on the members when he was invited to our dinner meeting. He regaled with stories from the older members, enjoyed the evening and was invited to become a member. I'm sure you will have a few stories to tell in time, Ryan, as we will be keeping you busy.

I want to thank Gerald Christensen for all of the work he has put into clearing, sawing and tidying the branches away from Joan's wood. This will make our job of loading and storing the wood for next year so very much easier. The club thanks and believe me you are a true gentleman, and an asset to the town. Thanks Gerald.

Keltic Fair, Monday 2 January 2023

Put it in your diary, it's the middle day of what is a three-day holiday, so no excuses about having to travel home, or get to work, bring your visitors to what will be, I'm sure, a good one. We all missed out last year, so come along and enjoy the day. The Lions will be there to cook you up our fritters. We are hoping to have an Eftpos machine for the day so no coins needed and we will do take home fritters for you to enjoy with your friends.

Stay safe and well. Hint for the week/month/year – stay on your side of the road as someone else could also be trying to get home quicker.



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Coromandel Garden Circle

By Natalie Blasco

The November meeting of Garden Circle had 32 of our members plus three guests (Joan, Shirley and Pat – welcome!) in attendance. The planned visit to Driving Creek Conservation Park had to be postponed, but the day was full with discussion of the recent garden ramble made by some members to Tirohanga/ Taupo, plus a challenging quiz.

Trish and Jeni put on a slideshow of photos taken by Glenise, Jeni and Trish, with applicable commentary on the nine very large and small gardens the group visited. Weather... well, there's not much one can do about it except to wear appropriate clothing. The first day was surprisingly sunny, but everyone was prepared for the forecasted cold that occurred over the next two days. That's not something that will stop gardeners from getting out and enjoying the efforts made by other gardeners. The trip was about gardening, but also art, food and fellowship... all at an unhurried pace. A good time was had by all, thanks to Jan, who made the arrangements with her wonderful and welcoming



gardening friends.

First place winners in the October flower competitions were as follows: Natalie/Single; Jeni/Mini; Linda and Jeni/ Multi; Tracy/Arrangement; and Jeni/Special (Show Us Your Veges). Tracy's "Decorate a Garment with Plants" arrangement included succulents carefully sewn onto a pale pink brassiere. Other garments included a used (of course) garden glove, blouse, hats... all very creative!

Upcoming events in the near term include lunch at Pepper Tree in November and a mystery trip to Paeroa in December.



Members need to sign up to participate, with more details at the November meeting. And everyone needs to get their guava moth liquid hanging in their fruit trees! If you have questions about what to do, give us a call.

Our next meeting will be **Wednesday 9 November**, 1pm, at Lorraine's. Those who want to carpool need to be in the Woollams carpark at 12.45pm. The Arrangement theme is Roses Grow on You and the Special is Show Off Your Succulents. Visitors are always welcome to join us.

If you are interested in joining or being a speaker, please contact Kath Denize, Convenor, 022 413 6573 or Natalie Blasco, Secretary, (07) 866 7518



Repurposing a dead tree to hold birdhouses

Coromandel Embroiderers' Guild

By Vi King

Our September two-day workshop was with Jo Dixey who showed us a Long & Short Stitch embroidery technique. Jo Dixey is a Royal School of Needlework trained embroiderer and teaches a variety of embroidery techniques. It was wonderful to have her here in Coromandel and we found her very helpful with our work and also very interesting to talk to. Please do google her and see some of the stunning embroidery pieces that she has worked on.

We had our usual monthly Embroiderers' Guild meeting on the first Wednesday of the month where it is great to catch up with other stitchers to see what embroidery type and item each of them is currently working on. Lots of talking goes on as everyone arrives in the morning.

Each month we have a table where everyone brings along their recently finished stitching for all to see. After spending hours and hours stitching a piece of embroidery work it is great to show it off to other stitchers who understand the amount of time that is spent on each piece.



Our Guild currently has 54 members, and I think we are a friendly, enthusiastic and inspirational group. Please join us if you are interested in stitching at all.

Our final meeting for the year, including AGM, exhibition opening and Christmas Luncheon, will be on **Wednesday 2 November**.

For more information ph Win McMinn 020 4047 0759



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Adult and Children's Ballet classes

By Marilyn Swan

Gosh, I can't believe it and proud to say, our Coromandel Adult Ballet class is celebrating three years.

I have been overwhelmed by the strong interest in the adult ballet class and the unique community spirit that has grown. Classes continue with many of the same people who started in 2019. New people arrive from time to time. Annette is a recent arrival who has researched her comments below.

"It is never too late to work on body balance, postural stability, core strength and flexibility. These are just some of the benefits participants of all ages are rewarded with through the joy of being in Marilyn's weekly ballet classes.

"I am an occupational therapist and definitely not a ballerina, however a year following my bilateral full knee replacement surgery I am now doing ballet and I have found this helpful in my own recovery.

"As a health professional for almost four decades I am aware of how physical decline in our bodies, as we age, impacts our abilities to maintain independence and keeping up daily activities because we no longer feel safe standing on one leg while stepping into our trousers or kneeling in the flower beds.

"National Institute on Aging, in the UK studies, have shown that older adults who participate in dance have experienced improvements in their memory and mental health. It is only fair to say that we also share many laughs and enjoy each other's company in our classes.

"I am so grateful I have been provided this opportunity to take up ballet at a late stage in life." – Annette Vestergaard Jensen.

Visitors to Coromandel are welcome to come and join us. The class is made up of an encouraging, enthusiastic and diverse group of people ranging in age from 20's-80's.

The class combines an outlet for technical learning and development as well as artistic expression through dance to good

quality music, which is the key to the well-being of a ballet class.

Barre is a fixed weekly routine that everyone knows and visitors to class can pick up. The musical styles are varied, resulting in a "difference" to the routine. Discovering Repertoire, was introduced for people who love the classical ballets.

I feel there is a sincere respect from all people attending the weekly adult ballet class for both the art of ballet and for each other. It is a convivial, connected class with space for personal reflection and expression, followed by an optional trip to a local café for lunch.

Rebekah Pearson continued to challenge herself in 2022 with her third examination in three years. She entered Royal Academy of Dance Grade Seven in Tauranga late September. Congratulations Rebekah, on your successful result. A huge achievement.

Flamenco dance – Classes have been less regular this year. There is interest, with plans to offer a class as we feel the need. Watch this space.

The weekly children's ballet/contemporary class on Monday afternoon in Coromandel Town is thriving.

Already we are seeing that the children are memorising the French terminology associated with traditional steps. There is evidence that the children are aware of correct postural placement of their bones/body which will aid good health, strength, balance, fitness and poise. Most importantly they enjoy expressing their imagination to music through movement.

With careful tuition all students are encouraged to produce the best they can of themselves.

Colville Primary School – It is a pleasure to tutor ballet/dance and piano at Colville Primary School again this year.

Marilyn Swan,
Registered Teacher
& Life Member Royal
Academy of Dance,
mobile: 027 336
5263



Coromandel Town Ballet class – left to right, Elsa, Lucy, Mary-Mei, Hineta, [absent] Mila

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Himalaya shop : Colville

During November month the Himalaya shop will be open most days. Opening times will be around 10 a.m. and closing in early season sometime after 3 p.m.

If you are thinking of coming up to Colville it's probably best to phone/txt first to check if we are open that day. From 1st December we will be open 7 days . PHONE :shop 07 8667 224, home 07 8666 865
Anette mobile 021 139 7838

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Suzy Taylor with Tawhiri as she is on her bottle caps collection in Town

Rethink Rubbish Coromandel Town

By Robynne Jones and Joan Praire

The Rethink Rubbish team had a great morning last month manning a morning information station to answer your questions about recycling. We thought it might be a good time to refresh everyone’s memories about recycling as the council have started a soft plastic recycling scheme in our district. Currently there are no soft plastic recycling collection bins in Coromandel Town. However, you can collect your soft plastics ready for the next time you go for a shopping trip to Thames or Whitianga where you can leave them at bins located at these locations:

- Thames – Pak’nSave, The Warehouse, the Council office, and the Thames Refuse Transfer Station.
- Whitianga – Countdown, New World, The Warehouse, the council office, and the Whitianga Refuse Transfer Station.

The recycled soft plastic will then be turned into fence posts or building materials. You can find out more at www.tcdc.govt.nz/softplastics.

Now more than ever our thoughtfulness will make all the difference. So, we were keen to show everyone what can and can’t be recycled. We had examples of soft plastic – bread bags, bubble wrap, plastic wrappers, frozen food bags and biscuits sheaths. Everything must be empty, clean and dry or it contaminates the whole batch.

We also thought it was a good time to refresh our memories about what can and can’t go into your recycling bin: Number 1, 2 and 5 plastic containers (e.g., biscuit trays, yogurt containers) can. Here are some helpful tips to make sure that we make the most of our recycling opportunities.

- Beer, wine caps and nails – should be put into a metal tin with the lid closed. Don’t mix steel with aluminium.
- If your pizza box has food stuck to it – it’s a no.
- Wash out all milk bottles and cans.
- No Tetra Paks can be recycled.
- Biscuit trays with No 1 or 2 only
- Grey seedling containers are No 5 so recycle them or take them and black ones to Coromandel Garden Centre or James & Turner.

Suzy Taylor has been doing a great job collecting wine and beer caps from our pubs, restaurants and the RSA and taking them to the Transfer Station to be recycled with other metals. Well done, Suzy!



Taichi for health with Christina

The second of the ten taichi principles is to relax the chest and raise the back. Relaxing the chest requires a slight drawing in of the chest allowing the Qi (life energy) to sink to Dantian (the body’s centre of gravity). Relaxing doesn’t mean collapsing. Expanding or protruding the chest should be avoided, as these postures can cause tension in the muscles and spine, which traps Qi in the chest, resulting top-heaviness and a floating in the soles of the feet, leading to poor balance and possible other health issues. Raising the back means the spine is erect and relaxed, that is the extension of the first taichi principle suspending crown of the head from above. A relaxed chest and raised back help natural breathing using the abdomen.

Christina’s weekly taichi classes in Coromandel Town are on Wednesdays at 4pm at the Waikato Events Centre (above the swimming pool).

There is free taichi practice outdoors (weather permitting) for class members in Coromandel Town at 8.45 to 9.45am on Friday, Saturday and alternate Sunday.

Christina, with over 20 years’ practice and ongoing learning from world renowned teacher Wee Kee Jin and with a true passion dedicated to this healing art, combined with her practice and background in Chinese medicine and acupuncture, aims to help people improve their health and wellbeing.

If you are interested in joining the class, please contact Christina on 021 113 4768 or email christinawu121@gmail.com

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Mana update

By Jade Ferriere

Every movement in the universe is a movement toward love. This is true even in situations that appear to be the opposite of loving at first glance. I recently drove my car off the bank as I was parking at Mana. An incident that caused quite a concern for the guests who witnessed it as my car balanced precariously on three wheels. The thing that surprised me was not the intensity of the moment but rather my response to it.

It is natural for us to fear. In fact it is a primal instinct that has helped humanity to survive for thousands and thousands of years. Sadly we live in a time where our fear is disproportionate to our experience and our ability to self-regulate is under-resourced. Which means, for the majority our fear is not only overriding our ability to respond with love, it is inhibiting us from even realising there is another way.

At Mana we advocate for daily practices that help to reduce the anxiousness of a busy mind and deepen our capacity for inner calm. The fact that it takes dedication and discipline can be a deterrent for many. There are plenty of other things that we could choose to fill our time with. However, it is in moments of sudden or seemingly overwhelming chaos that our daily practice stands the test.

At that moment when my car began to slip I was calm and present. I may not have been able to control where my car was sliding, however I was clear-minded which meant that I had the ability to respond instead of react. Victor E Frankl was quoted saying, “between stimulus and response there is a space. In that space is our power to choose our response. In our response lies our growth and freedom.”

These words land true in me as I reflect on this fleeting moment in time. Simply being aware of the space in between feels like an inner evolution. To be able to have the peace of spaciousness of mind to be able to choose how I would respond in that moment... that was empowering!

It was a special moment of self-assuredness and an affirmation for the value of a daily practice which helps to cultivate resilience. I wonder what challenges are you rising above in life right now? And what are you learning about your capacity for love, resilience, courage and faith? Is fear holding you back? We have just published a blog post on our website which might be an inspiration for you to find flow, trust and self-assuredness... head on over to www.manaretreat.com to have a read.

Library News

By Robynne Jones

By the time you read this you will have noticed a change at the library as, sadly, I have moved on and Paul Lawrence, one of our volunteers, has taken up the role of librarian. I wish him all the best in the role. Our library is a great asset to the community and is more than just books – it’s about the people, having a chat and making sure that everyone enjoys what we have to offer. I know I have enjoyed my role at the library and I’m sure that Paul will as well. He enjoys reading, has a great personality and once told me that his ideal working environment would be working in his own a book shop.

By the way, if you enjoy meeting people, reading and making book recommendations to others, you may enjoy volunteering at our local library as well. It only involves a few hours once a fortnight. Come in and talk to Paul or one of our volunteers at the desk and they can explain what’s involved and why they enjoy volunteering at the library.

Some new books on our shelves are:

The Enigma of Room 622 – Joel Dicker



Joel Dicker is one of Switzerland’s most famous literary stars and is considered to be Switzerland’s answer to *The Girl with the Dragon Tattoo*.

In this novel a burnt-out writer’s retreat at a fancy Swiss hotel is interrupted by a murder mystery. One night in December, a corpse is found in Room 622 of the Hotel Verbier.

It is a mystery that was never solved and revolves around a love triangle, a power struggle at the heart of Switzerland’s largest private bank and a mysterious counterintelligence unit known as P-30. If you enjoy Agatha Christie’s plots and twists you will enjoy this whodunit.

All the Broken Places – John Boyne



This is the sequel to John Boyne’s bestseller *The Boy in the Striped Pyjamas*. In his latest historical fiction novel, Boyne considers the question – when is a monster’s child culpable?

It begins with the life around 90-year-old Gretel who has lived in the same mansion block in London for decades. She has a comfortable quiet life, despite her dark and disturbing past. She never talks about her escape from Germany or about the post war years in France with her mother. Most of all she doesn’t talk about her father, the commandant of one of the most notorious Nazi concentration camps.

A Message for Nasty – Roderick Fry



Roderick Fry is a prizewinning New Zealand designer and essayist, who has lived and worked in Taiwan, Hong Kong and Shanghai and now lives in Paris. This is a story based around the Japanese occupation of Hong Kong Island and a family’s struggle to reunite. The Broom family are enjoying a pleasant life on Hong Kong Island. Vincent is a New Zealander and his

wife Marie is of Portuguese Chinese descent. All this changes when in December 1941 Marie wakes to the sound of bombs falling nearby. Within days Japanese soldiers invade the island but Vincent is in Singapore and he too soon becomes trapped. The novel is based on a true story, describing Marie’s struggle to save her children from danger, disease and starvation and Vincent’s attempt to rescue them.

Thank you to all of our volunteers and the Committee. I have enjoyed working with all of you and wish you all the best for the future. Thanks also to all of the library members who come in each day. I have had great pleasure from working at the library and meeting all of you. I’m not leaving town so will still see you around town.

UPCOMING RETREATS

Book Online - manaretreat.com

4-6 NOV	Humming – A weekend Yoga Retreat with Karla Brodie
11-13 NOV	Wild Wonder and Wisdom – Women’s Open Floor Dance & Nature Retreat with Sacha Paddy
16-23 NOV	Yogamind Retreat with Glenn Ceresoli
25-27 NOV	Sing Your Heart Out with Tony Backhouse
2-4 DEC	Qi Gong as a Way of Life with Hedwig Bakker
9-11 DEC	Summer Relax and Wellness Retreat with Mana Team
16-18 DEC	Summer Working Bee

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OUR COROMANDEL



News from Thames-Coromandel District Council

November 2022

New Mayor and a new beginning

Our newly elected Mayor, Councillors and Community Board Members will officially be sworn in at our Council's inaugural meeting this month, marking a new beginning and the arrival of some fresh faces for Thames-Coromandel District.

New Mayor Len Salt is excited by the challenges ahead, saying: "We have a unique opportunity to grow and expand the collaboration between Council and the people in our communities who are out there making a difference every day. I'm absolutely confident we can take our district forward to a more resilient future."



In the Coromandel-Colville Ward John Morrissey was re-elected to our Council unopposed. Gavin Jeffcoat, Kim Brett, Jean Ashby and James Davis were elected to the Coromandel-Colville Community Board.

Check the full results here:
tcdc.govt.nz/results

NEW BRIDGE FOR ALBERT STREET THIS MONTH



Our Council is replacing the existing bridge on Albert St, Coromandel Town, during November. The project has been awarded to Bridge It NZ Ltd and works are planned to start on Tuesday 25 October. The road will be closed to traffic from about 14 to 24 November, with pedestrian access via a temporary footbridge. We apologise in advance for any inconvenience this may cause.



NEW MARITIME FACILITIES BYLAW TAKES EFFECT

This bylaw is similar to, and replaces, the Maritime Facilities Bylaw 2015. It's our Council's means of regulating the use of our maritime facilities like boat ramps and wharves to ensure they are used fairly, safely and efficiently for recreation, public travel and commercial transport of goods and passengers. Some activities, including all commercial activities on boat ramps and wharves, will require Council approval. Find out more at tcdc.govt.nz/maritimefacilitiesbylaw



Advertising and Signs: Information or Distraction?

Advertising and signs help us inform people about activities, events and businesses. Our Advertising and Signs Bylaw is intended to ensure they do not become a blight, pose a safety hazard or contain hateful or inflammatory content. We've reviewed the current bylaw and we'd like your feedback on the proposed amendments. Our consultation is open from 28 October to 2 December.

Make a submission at tcdc.govt.nz/signsbylaw or fill in a submission form at our Council offices.



DOG CONTROL: YOUR VIEWS COUNT

Our Council is reviewing our Dog Control Policy and Bylaw. Our internal review shows the current Policy and Bylaw are working well so no major changes are being proposed. Instead, we are clarifying a few points about locations, times and restrictions on dogs in public places. Have your say from 28 October until 2 December, at tcdc.govt.nz/dogsreview or fill in a submission form at Council offices.



Have your say on what's allowed

We're reviewing our Activities in Public Places Bylaw, the main method that our Council uses to oversee activities in public places. It covers activities like busking, outdoor dining on a footpath, damage to public places and Council property. Have your say on how public places should be managed from 28 October until 2 December.

tcdc.govt.nz/publicplaces



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rangatahi OUR CHILDREN

Te Rerenga School

By Mary Kedzlie, Principal



Fundraising is now well and truly underway for our school pump track. Successful grant applications have raised nearly \$30,000 to date with the goal being \$100,000. A big thanks to Coastal Signs for the donation of our pump track fundraising board, Matt Vause for putting it up and Fleur Blackie for making the successful grant applications.

This will be a fantastic asset for our school children as pump tracks are an excellent way to build coordination and fitness, and are great for "learn to ride" activities to build up bike skills. While there are pump tracks at Whitianga and Coromandel Town, it will be wonderful for our local children to have access to one close by that they can utilise during their school day. We are extremely grateful for the vision, skill and expertise of two of our parents, Chloe Watts, who is a landscape architect, and Fleur Blackie from Surf Coromandel, who have put a huge amount of time and effort into getting this project underway.

Many schools in New Zealand are putting pump tracks on their school grounds to help children build healthier bodies and minds and to inject creativity into the curriculum. Pump tracks are used for play time and physical education, and are even being incorporated into subjects such as science and art. New Zealand has a highly successful, nationwide Bikes in Schools programme and having a pump track at our school will be invaluable.

Feedback from principals, teachers, parents, and students shows that the Bikes in Schools programme:

- Raises the confidence, self-esteem, and resilience of pupils through a fun activity.
- Delivers health and wellbeing outcomes for the pupils through improved physical fitness, motor skills, and coordination.
- Provides an opportunity to self-manage risks within a safe environment.
- Instills the habit of using a bike for basic transportation.
- Results in the children and extended family biking more often.
- Helps pupils gain knowledge, skills, and confidence to ride safely for when they might ride outside of school.

We are excited that by having such a facility right on our door step we will be able to get involved in such a programme. If anyone would like to donate to our pump track project donations can be made to our pump track bank account: 02-0304-0010216-001.

Ma te huruhuru ka rere te manu.

Adorn the bird with feathers to enable it to fly.

Colville Bay Pre-school

Te whare ako o te Uumangawhaa o Ngaa Waka

COLVILLE BAY
PRE-SCHOOL



By Esther Powell

Ka mahi-tahi tatou kia whai tuurangawaiwai, hei ako, kia harikoa hoki.

We will work together as family and community to support our tamariki to grow up healthy in mind, body and spirit, secure in the knowledge that they have a place to learn, flourish, be loved, respected, and have fun. (Mission Statement: Colville Bay Pre-school, 2022)

We had a wonderful turnout of parents, tamariki, community and staff and their whaanau too to build our new fence in the holidays. Special thanks to all those involved for their enthusiasm and expertise! We are happy to be able look ahead now to other playground projects... We are gathering our resources to make a wharenuhi playhouse and a water wall.

Happy 5th birthday Zachary! We welcome new three-year-olds Niko and George to our Pre-school this term, and our thoughts are with Zara and Fraser who are expecting a new baby in the family any day now.

We have a busy time ahead with the Colville Festival, pet day, and lots of beach and bush adventures and summer water-play fun ahead. The beans and potatoes the tamariki planted are growing like crazy in our mara-kai with this warm wet weather, and will hopefully be ready for harvest in time for our whaanau gathering, disco, and shared kai in December.

Bush kura Wednesday mornings: let us know if you'd like to accompany us.

School visits Fridays: our four-year-old's join in the gardening and exploration programme at Colville School.

Te reo classes in Colville continue for adults Mondays 5pm, all welcome.

Minivan transport runs from Coromandel Town – return Tuesday, Wednesday and Friday.

20 free hours for three-year-olds + and WINZ subsidies available.

Feel free to contact us for further information and enrollments.

Open Tuesday to Friday: 8.45am-3pm.

Phone: 022 645 3272, Email: seniorteacher@colvillebaypreschool.co.nz, 2391 Colville Road (behind Colville School), Website: www.colvillebaypreschool.co.nz



Coromandel Youth Group at Hauraki House

After School: Tuesday, Thursday & Friday 3-5pm.

Every Sunday 1-3pm.

Coromandel Youth Group is for children aged 5-15yrs. We provide a safe, fun environment where kids can hang out with friends, make arts and crafts and play, play, play! A healthy afternoon tea is provided; parents just fill out a membership form and please make a gold coin donation if able.

Adventure Time, for 10yrs and older, is an offsite activities group that explores the amazing outdoor opportunities that our community has on offer, meeting Mondays after school at Hauraki House ready to leave by 3.20pm and return 5pm, unless otherwise informed. Permission slips must be filled in and returned to be able to participate. Thank you Corozip, Driving Creek Railway and Wildlife Sanctuary for hosting our group; we had so much fun!

For more information, during open hours call in or phone (07) 866 7061 or contact us at coromandelyouthgroup@gmail.co.nz.

Along with kind donations, we are grateful for grants received from: Lottery Waikato, Trust Waikato, COGS, D.V.Bryant Trust, Aotearoa Gaming Trust, Star & Garter Hotel, Four Square, TCDC Community Board Grants & Bizzare Community Grants

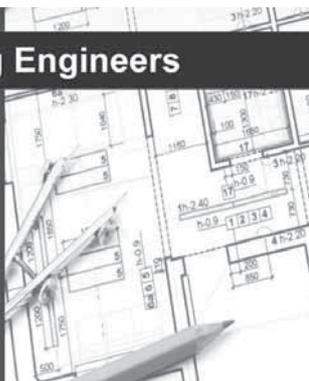
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Coromandel Area School

This month our tamariki are reflecting on some of the EPIC things they have been up to!



Kia ora, I'm Kalani

Hallam-Doole, a senior student at Coromandel Area School. In July, the school gave me the opportunity to compete in the Waikato Secondary Schools Mud Run, which was six kilometres. I trained long and hard for this event and finished 1st equal. After finishing high in this event, I was invited to participate in the Rotorua New Zealand Champs Mud Run, which was 12 kilometres. This was a step outside my comfort zone, and I had to train longer and harder for this event. Most of my training consisted of running the local Harray track. The training and running up the Harray track's big hills paid off as I finished the Rotorua New Zealand Champs Mud Run, 3rd in New Zealand and 2nd in the New Zealand Secondary Schools. This event has been a considerable development in my running, and I would like to give a massive thanks to the school, as well as friends and whānau for the awesome support.

Kia ora, I'm Ihaka Harper-Dent and I am a senior student at Coromandel Area School. Each year, several area schools around New Zealand compete in their respective sport at a national tournament in hopes of being selected for a New Zealand team. In rugby however, this team gets the opportunity to carry on and represent the New Zealand Area School Barbarians. I have been fortunate enough to make the team the past two years, but this year I was named one of two co-captains. We played two games, with me scoring one try in each. The first game was held on a Thursday night at Oxford Rugby Club against North Canterbury u18s with us winning 26-12, and the other game been held



Girls on an onland adventure exploring an island

on Saturday morning at Woodend Rugby Club against Waitaha u18s (Canterbury Māori) with us winning 46-0. The most memorable thing for me from this year was learning a haka throughout the week to perform and help lead for Saturday's game. This journey through area school sports has been something I will remember for the rest of my life, and is likely something I will often reflect on later in life.

Spirit of Adventure trip

Aaliyah: The Spirit of New Zealand was a great experience! We all made so many new friends and even gained a stronger bond with our school friends. I personally loved it and I'm so grateful that I had the opportunity to take part, thanks to you guys.

Kaila: My favourite memory is overcoming my fear of climbing up the rigging. I have a fear of heights and it was the scariest thing ever; I even cried. It was really challenging but I did it! I loved all of the crew on the boat, because they were really supportive and always made sure we were ok.

Layke: Jumping off



Beaudine on Spirit of Adventure trip

the boat at 6.30am was the biggest challenge but my favourite part. The water was so refreshing and it was the best way to start the day, even if it was freezing.

Beaudine: One of my highlights was learning how to do a backflip off the rope swing during the "pool party". The first time I tried I did a throat-slam, but then I kept practising and by the end I could do it easily.

Ian: The Spirit was a challenging experience for me, but I enjoyed seeing the peacocks on Kawau island, and the dolphins that swam around the boat.

Upcoming dates

Thursday 24 and Friday 25 November – Teacher Only Days

Friday 16 December – Last day of Term Four (finish at 12.05pm)

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mahi toi ARTS

Coromandel Open Studios Arts Tour

By Pete Sephton



The Coromandel Arts Tour has always had a unique and relaxed feel about it and this year's tour in October was no different. Visitors from larger centres often remark on how interesting it is to go into working studios and in some cases into artists' homes to get an authentic art experience. It is always difficult to give exact visitor numbers but it is safe to estimate that we had between 300 and 400 over the two weekends. While the bulk of visitors were from the peninsula, we had visitors from, for example, Auckland, Hamilton, Taranaki and Wellington. Our small committee thanks all of the visitors who made our event a success, especially those who braved the atrocious weather on the first Saturday. We also must thank our generous sponsors, without whom the tour would not go ahead,



major contributors Richardsons Real Estate and TCDC Creative Communities along with very supportive local businesses, The Chopping Block, Julie Pijfers Jewellery, Coromandel 4Square, Coromandel Garden Centre, Side Story Gallery Colville, James and Turner, The Source, Driving Creek Railway, Top Town Takeaways, Coromandel Liquor, Coromandel Oyster Company, Pepper Tree Restaurant, Umu Cafe, Moss, Star Gallery, Tara's Beads, Star and Garter and Tidewater Motel. Special thanks to

Lenny Williams of Te Patukirikiri Iwi for once again making the historic former Coromandel Hospital building available to a group of remotely situated artists to use as temporary studios.

Even though the official Open Studios Tour is over, most of the 36 artists involved are happy to welcome visitors during the rest of the year. Our guide books are still available and contain contact details so you can arrange a personal visit and maybe get a cup of tea too.

Far Out Folk Club

By Dylan

The First Far Out Folk Club at The Backroom in Thames was a great night of varied entertainment. Music, poetry and improv acting all graced the stage. A wide range of styles were represented to a full house of appreciative and supportive audience. Original songs alongside well known and obscure cover versions were heard and Carlos Crow's powerful poignant poetry was especially moving. A good balance of different ages performed from 10-year-old Lena Rumble to a senior citizen well into his 70's and many inbetween. The range of voices and musicianship was great and the quality was really high. The sessions are held the first Friday of each month at The Backroom in Thames and the next one is **Friday 4 November** at 7pm. All welcome.

For more details call 07 868 2828 or (07) 868 5341 (The Lotus Realm music shop)

Pastel Artists Coromandel

By Rosemarie Murphy

Another Open Studios Coromandel has come and gone. I hope everyone who participated had successful weekends and enjoyed the experience.

Two of our members, Allan Beaver and Saskia Riemersma, opened their studios this time.

Allan's work will be well known to many and his work did not disappoint. His tractors and horses are really delightful.

Saskia had her paintings and some sculptures on display in one of the old hospital rooms. Her many large and small paintings are expertly done and beautifully shown off in lovely frames made by her husband Jelte.

We will have had our Labour Weekend Exhibition by the time you read this, so more on that next month but I hope you managed to get along to Hauraki House to see what we have been up to in the past two years.

We are still meeting every Wednesday morning from 9am to 12 noon in Rose's Studio on 860 Tiki Road, Coromandel Town. Come along and have a nosey and maybe have a go with some pastels.

Contact Allan Beaver 07 866 8053, Saskia Riemersma 027 296 1670



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“Womb Women” a representation of the Matriarchal lineage art exhibition

By Lisa Corston-Blanche

Monday 23 January to Monday 6 February 2023 at Hauraki House Gallery

Imagine...100,000 grandmothers spanning back through 2.5 million years of humanity. One woman giving birth to the next, on and on through time, until here and now.

The creation of this exhibition began its journey back in 2020. I was sitting in the little pink room of the old Coromandel hospital, one of a few artists taking part in the Coromandel Arts Tour Open Studios. I sat making little terracotta womb women, little ancient women that fit snugly into the palm of a hand. Beside me, set up on tables, were over a hundred of these small, fired sculptures, in curving lines, one woman in front (or behind) the other, representing one single line of mothers and grandmothers that stretches back behind every one of us, an unbroken line that leads back through millions of years of human evolution, feeling the significance that as individuals, each of these women had their own unique life story.

As I sat there, with yet another little woman forming in my hands, I began to wonder what it might be like to create one long line of these terracotta women that ranged in size, from fitting in the palm of my hand though to... well I did not know other than to say I wanted them to get bigger and bigger. Two years later and indeed they have grown quite big, life size to be exact.

So to the creation of the women themselves. Red raku is the clay I chose to use for the main line of women, along with a gorgeous dark oxide glaze. It has a gorgeous, earthy, glowing vibrance, dark glistening surfaces, rough texture, speckles of light that have been gently washed to the surface; it is reliable and easy to build with. The results feel ancient, like an artifact dug up after centuries underground.

My own measurements, i.e. height of “floor to elbow”, length of “outside lower arm”, are contained within these women as a building frame upon which I could flesh them out individually. Just as my hands, my face, my body, my her-story, my bones, my

DNA contains all my ancestors, so too are my own personal measurements contained within each Womb Woman. This feels similar to DNA – we have a blueprint, a code of instructions though which we experience being alive, upon which we flesh out our own living story.

As I build each woman, big or small, I ask How shall I build the line of your back? How big would you like your belly? Perhaps you are carrying twins? What angle would you like your head? I see your right shoulder is held higher than your left, I wonder what story you are holding there. Each woman contains the same blueprint, then each woman takes on a life of her own.

“Within the DNA is written not only our histories as individuals but the whole history of the human race... patterns of DNA that have come down to us virtually unchanged from our distant ancestors – ancestors who are no longer just an abstract entity but real people who lived in conditions very different from those we enjoy today, who survived them and brought up their children.” – Bryan Sykes (*The Seven Daughters of Eve*)

Through the next few Chronicles I will be sharing more about this ever evolving exhibition, plus you can also check out my website for a deeper view of “Womb Women”.

www.artworkbylisacorston.co.nz, info@artworkbylisacorston.co.nz, Facebook/Instagram: wombwomanlineageproject



Lisa unloading kiln

ART EXHIBITION | 23RD JAN TO 6TH FEB 2023 | HAURAKI HOUSE, COROMANDEL

WOMB WOMEN

BY LISA CORSTON

A body of work dedicated to **every woman** in our female ancestral lines.



@wombwomanlineageproject



artworkbylisacorston.co.nz



mahi toi ARTS continued

Coromandel Players

By Don Hughes

The end of October will have seen the rehearsed reading of the late Peter Tryon's play "A Mighty Totara Falls". I'm sure those who attended will have admired Peter's efforts and the message it contained.

The postscript in last month's notes was a brief reference to the news we had received of the death of former Player member Pam Holt. Pam joined the Players in 1993 and appeared on stage in 1994 in "Stepping Out", by Richard Harris, a lovely comedy/drama about a group of women of a wide variety of backgrounds learning high kicking showgirl dance routines.

Pam's next venture in the theatre was in 1998 when she produced and directed "The Sex Fiend", a play notable only for the great performance of Roimata Taimana in his first appearance with the Players.

1999 and Pam was back on stage in the first of two very enjoyable productions of "Social Climbers", by Roger Hall. Then came in 2002 and 2003 the two costume plays based on Terry Pratchett stories that Pam was enthralled with, "The Wyrd Sisters" and "Maskerade". The "Wyrd Sisters" introduced Jim Davis to the stage and so we have Pam to thank for starting Jim off on a twenty-year contribution to local theatre. "Maskerade" was lovely to look at, but the costume hire did take up all but a few dollars of the takings! However, Pam did introduce many people to the Players and gave a lot of pleasure to theatre goers.

In 2004 Pam directed "Chateau La Roche" which centered around a singing cockroach and the motley crew who ran or were staying at the chateau. Nuff said, me thinks.

Pam saved the best for the last with "Cosi" by Australian playwright Lois Nowra. Imagine, a well-meaning drama teacher trying to stimulate a group of patients in a mental institution, into taking part in a production of Mozart's "Cosi Fan Tutte". Well, Pam got together a wonderful cast, who all gave top rate performances. A great success. Somewhere there is a DVD of the performance and if anyone reading this knows where it is, please let us know as we would like a copy for the archives.

I know that Pam will not read these words but I'd just like to go on record with this Thank you Pam for your commitment to the Players.

Regrettably, it looks as though personal commitments will mean not enough time for a December production, but do keep an eye out for posters in case things change in November and there is "Carols in the Park" to look forward to.

Grant Haua Awa Blues – A national AOTNZ Tour

Grant Haua, who was longtime half of blues-roots stompers Swamp Thing with drummer Michael Barker, will present in concert his deep timbre soul blues vocals/acoustic guitars and foot percussion (Cajon/snare). This performance relates heavily to his Maori culture which is at the heart of these songs.

Grant wants the audiences to feel like they're guests in his home and, like the songs, his home is pretty simple but it's warm and friendly.

"A seasoned artist who touches all kinds of points in the blues and folk from Taj Mahal and JJ Cale to dialled down Stevie Ray and even an adventurous touch of acoustic James Blood Ulmer. Seems like this is Grant Haua's time." – *Graham Reid (Elsewhere Magazine)*

Friday 25 November 7.30pm, Hauraki House Theatre, Coromandel. Tickets \$25 available from Coromandel Town Information Centre ph (07) 866 8598.



Coromandel Art Group

By Val Gray

How lovely it has been through the school holidays to see our village so busy and full of life again. Just like the old days, as they would say.

So much art and craft to see with the Open Studios and the exhibitions on. Hopefully some visitors splashed the cash, as it has been a long winter.

Two of our members, Sharon Whittle and Miriam Moss, have an exhibition on at the Papa Aroha Fire Station, open every weekend from 10am to 3pm.

I went to Waitete Bay one day over the holidays, and it was empty except for four little boys having a great time on the sand with some Tonka digger toys. It would have made a superb painting, but I didn't have my camera or sketching gear. Isn't that always the way.

Earlier this year Jeff at The Waterworks kindly let our group in to photo and sketch some of the installations. We combined these into one of our joint paintings, where one artist paints a part of a larger painting. We are pleased with the result, photo above, which you can see yourselves now displayed at The Waterworks.



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te taiao ENVIRONMENT

Moehau Environment Group

By Genevieve Morley



Kia ora everyone!

On 7 October some of the team attended the Mustelid Summit at Pauanui organised by Predator Free Hauraki Coromandel Community Trust. We mingled with the other conservation groups of the peninsula such as Thames Coast Kiwi Care, Project Kiwi, Ko Moehau ki Tai, Pare Hauraki, Habitat Tuataewa and DOC and learned some new tips relevant for our work.

One of the guest speakers, Dr Andrew Veale, gave an exceptional account of some of his ground-breaking research on stoat's ecology and genetics (he became the first person in the world to unravel the stoats DNA). He has worked closely with the organisation Te Korowai o Waiheke, helping Waiheke Island become predator-free

and other conservation professionals about stoats and how best to catch them. He has a pet stoat Aria, who teaches him about her behaviour. "Stoats like novelty, every stoat is different so try different things. If you're trying to catch a stoat, bring out your "A" game temporarily then take it away. Change. So this month we are trialing a new lure in our traps to give the stoats a surprise. The team at NZ Auto Traps have supplied us with some of their top secret lure, and if you are wondering why we were asking for milk bottle tops, we are going to supply our trappers with the milk bottle tops to put a dollop of lure in each of our 1500 traps. We are also going to review all of our trap data to see if there are some traps that are not performing and see if we can make some changes to their locations that will help improve efficiency.

Ginger Bash

On **Saturday 19 November** we have a special volunteer Ginger Bash arranged which we cordially invite you to come and take part of. We will be helping Tim and



The ginger patch at Boulder Bay. Photos provided by Tim and Ness Johnson

Ness Johnson deal to a massive patch of kahili ginger at a coastal and isolated beach north of Koputauaki known as Boulder Bay. Richard Webster, Coromandel Town's very own weed guru, will also be there managing the event but due to the size of this patch of ginger, the more hands the better! So please join us for a social fun day of working outside in the fresh salt air. Volunteers will be picked up by boat from Oamaru Bay at 9am and will be taken to the site and then returned at around 4pm. Sausages and drinks will be provided at the end of the day. You can email us on info@meg.org.nz for more information.

AGM

Lastly, this month on **Saturday 26 November** we have our AGM at the Colville Hall at 10.30am. All welcome.

Have a great month everyone! Noho ora mai!

Ngā mihi nui.

Contact us at info@meg.org.nz or make a donation by visiting our website www.meg.org.nz

McGregor Bay Wetland

By Maria Martin Pava

Mud, glorious mud

There are many extraordinary stories told about the ocean. But many are told about charismatic animals like whales and dolphins and colourful habitats like rocky



reefs and kelp forests. However, in the Hauraki Gulf and its harbours, hidden creatures, and processes in soft sediments (the soft seafloor) are essential for maintaining the Gulf's biodiversity. The seafloor is alive with animals that are a part of life's founding ecosystem functions like decomposition and nutrient recycling. These functions are connected to the tangible and intangible things we value as communities – our clear waters where we kayak, our kai moana, and climate regulation, to name only a few. This is what ecology is about; it's about a network of connections and taking a step back and admiring the world holistically from land to sea to atmosphere. But it's also about taking a closer look.

"Mud, glorious mud". It's full of activity. There are worms and bivalves under the surface of your local estuaries, like bamboo polychaetes and wedge shells. Sticking my hands into the sediment at McGregor Bay, I found evidence of these endemic species. These guys are breathing, pooping, and eating. Endemic bamboo worms are tunnelling underneath the surface headfirst shovelling mud into their mouths and pooping on the surface. You can see little piles of their business on the surface of the sand. Endemic wedge shells use a long siphon to suck sand and water from the surface into their mouths and dump what they don't need underground using a shorter siphon.

They leave star-like patterns on the sand that look like starfish. This infauna (animals that live in the sediment) is preyed upon by rays, sea snails, and birds. You can see evidence of rays when you see puddle-like hollows in the sand. All of this activity is moving the seafloor sediment around. All of this activity is mixing micro-organisms and nutrients like nitrogen, which goes on to fuel primary production. It feeds your snapper, sharks, whales, and us.

Next time you are out for a walk at low tide at your local shallow beach, take a closer look. The signs of some unsung heroes living in the seafloor are all around.

Post script from the Wetland Society: The Gulf Alliance is now collecting signatures asking for the protection of the sea floor in the Hauraki Gulf. <https://haurakigulfalliance.nz/>

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te taiao ENVIRONMENT continued

Driving Creek Conservation Park

By Kate James

We were so excited to host the Coromandel Youth Group (Adventure Time) students last month and let them all experience the zipline and the train tour. Driving Creek is a Community Trust, and we operate with several charitable purposes. We love to involve our community and share this special place that Barry Brickell founded almost 50 years ago.

Conservation is one of our core values here and the students got to learn about how the property was transformed from bare hills into a thriving regenerating native forest. They learnt about our intensive trapping program for pest animals and how more than 27,000 native trees have been planted onsite. For their third and final visit the students got up close with some cave wētā (lots of laughing and screaming with this experience), visited our beautiful native geckos, and the final afternoon activity was to remove the long grass from around some native trees and shrubs to help them grow more successfully. The students made a huge “wall” of grass as they helped us with this task; they had another brilliant afternoon at Driving Creek. Thanks for visiting us Adventure Time!



Coromandel Youth Group (Adventure Time) children experiencing the zipline

CLAIM

By Kate Donaghue

Oceana Gold’s recent application for a mine near Whangamata means that as a community, Coromandel needs to maintain vigilance. **AGM – change of time** CLAIM is holding its AGM on **Saturday 26 November** in the St John Hall, Tiki Road.

Catherine Delahunty is the guest speaker and will update us on the latest from the new mining proposal by Oceana Gold at Wharekirau-ponga, near Whangamata.

Meeting starts at 4pm with Catherine Delahunty. AGM starts at 5pm including election of office holders and formation of new committee.

All welcome. As a fundraiser, Watchdog and Ours Not Mines are selling 200 beautiful limited edition Stanley Palmer prints of Waiaro, north of Colville. Please contact the Ours Not Mines website to order yours www.oursnotmines.co.nz or contact Kate Donoghue 027 692 6494.



Stanley Palmer prints



Forest & Bird

By Kate Donoghue

Forest & Bird AGM – The Champion is Back
At last Forest & Bird is able to hold its AGM, having postponed due to you-know-what for the past year. The AGM will be on **Saturday 3 December**.

We are looking forward to welcoming Keith Woodley as our guest speaker from Pukorokoro, Miranda Shorebird Centre. Keith gave us a sneak preview...
“The champion is back. The male godwit known as BBRW has now been satellite-tracked for three successive migrations. The return flights from Alaska in 2020 (12,000 km nonstop) and 2021 (13,000 km) were record breakers. On 14 October he landed back at the Miranda Shorebird Centre, Pukorokoro, but this year he stepped back from the limelight and completed the journey in just 11,650 km – which is ‘normal’ for these extraordinary birds. There are now over 6000 godwits back at Pukorokoro, including juvenile birds.”

Keith Woodley, who has been resident manager at Pukorokoro Shorebird Centre for nearly thirty years, has had a box seat as the godwit story has unfolded. He has also followed them on their migrations. Keith will give an update on the latest comings and goings from Pukorokoro and what the future holds for these remarkable birds.

All welcome, and we are looking for new people to join our committee this year so if you’re keen to be part of the stuff we’ve been doing over the past years, let us know and we’ll be happy to meet up.

Meeting is at the St John Hall on **Saturday 3 December**. AGM 11am, shared lunch 12pm, guest speaker, Keith Woodley 1pm.





BBRW. Photo by Geoff White – taken in Australia last year before he returned to Pukorokoro

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COROMANDEL

hākinakina SPORT

Coromandel Golf Club

By Malcolm Stone



Incredible opportunity for Coromandel youth

Summer is here and now is the perfect time to learn how to play golf. I mean, what else are you going to do during the long summer break?

Coromandel Golf Club would like to invite any young person under 18 years of age to join our summer junior golf program completely free.

This would include free use of the course, coaching, equipment and day trips. Coaching will be on Sundays from 12.30-3pm and will start as soon as we have sufficient numbers.

If you or your child would like to take advantage of this amazing offer, please email your details to peter@coromandelelectrical.co.nz or coromandelgolfclub@gmail.com.

We look forward to hearing from you and introducing you to the incredible game of golf. Come and play on one of the best nine-hole golf courses in NZ.

Meanwhile, both the men's and ladies' club champs are well underway.

We held a new tournament called the Barman's Bash. Around \$1000 in prizes was donated by Golf Warehouse so a huge shoutout to them. There were heaps of prizes and a great day was had by all. The major prize of a new putter was won by Peg McLean. Well done Peg. Also, well done Allan for organising the day.

Our ladies are once again flying the flag for the club. Our team of Janine Kerr, Glenise Robinson, Peg McLean and Jenny Coatsworth competed in the BOP section of the National Club Teams competition and came first, allowing them to progress to the National competition where they were placed second equal – a fantastic result. Well done ladies.



BOP Winners

Eugene Weimer and Glenise Robinson attended the Thames Valley Captains' meeting for some excellent idea sharing and inspiration. We are to host an Association Pennant, about 50 players, on **Monday 20 March** next year. This will certainly be a day to look forward to.

Our team of volunteers continue to amaze with exemplary work on the course and buildings.

The irrigation pond (for those of you who don't know, that's the pond that often attracts your ball when teeing off from no.6 tee) has been drained, cleaned and refilled. Already it is full of balls! Clearly a little more practice is needed by some.

Drainage work on the 3rd and 5th fairways is ongoing – we just need some more dry weather. Our spring renovation of the greens will be planned for directly after the Club Champs final and will consist of coring the greens this year, light seeding and heavy sanding. Hopefully their playing conditions won't be too bad, recovery around 14 days.

Happy golfing everyone!



Ride Coromandel

By Ally Davey



Big Day Out at the bike park for local schools

A huge week of all things bike was underway after the completion of the school holidays. Over



100 rangitahi and tamariki from around the Coromandel region from years 7 to 11 came to shred the jumps, lap the pump track and learn how to improve their riding.

Huge thanks to Sport New Zealand via Sport Waikato who helped fund the event as well as the support from Chris and the team at Coromandel 4 Square supporting with snacks to keep the kids fuelled throughout the day.

Our coaches were from New Zealand mountain biking – Jamie and Morgan who taught body position, balance, trail awareness and skills-based techniques to help progress the riders. This was the first event of its kind and it was great to see the park handle the load of all the riders and watch so many shred.

Keep an eye on Facebook and Instagram – the trail tuneup is on **Tuesday 8 November**, and the Waahine on Wheels ride is on **Wednesday 16 November**.

Coromandel Recreational Fishing Club

By Lorraine

The weather cooperated for our postponed "3 species over 2 days" tournament on 8 and 9 October and it went well with three juniors taking out prizes over the seniors.

Our next "Family Fun" tournament is on **Saturday 19 November** with men's, ladies' and junior divisions. Cash prizes and a free sausage sizzle at weigh in down at the Admirals Arms garden bar.

Entry forms are available from Salty Towers, Coromandel Fish, Hunt and Dive or email coromandelfishingclub@gmail.com.

The club "Fish of the Month" for the \$100 prize for 2022/2023 financial members was trevally in September with Tyrone Visser taking it out. November's fish is John Dory and December's is piper.

Our Christmas party is to be held on **Saturday 3 December**, so get your subs in to come for free.

See you out there on the water!



Boys holding the biggest fish off their boats – (l-r) Noah Davies, Wyatt Davis and Ryan Debenham

Coromandel Croquet Club

By Raewyn McKinney

The Coromandel Croquet Club has just held its AGM. Officers for the next year are: President – Raewyn McKinney; Vice-President – Sandy Christensen; Secretary – Jan Linklater; Honorary Treasurer – John Bell; Club Captain – Lyn Robertson; Vice Captain – Geoff Linklater.

The club is in a healthy position, and the members, while small in numbers, are big in spirit and friendliness. New members are always welcome; if you would like to try the game of croquet, call Lyn on 027 466 2661 for more information. We meet on Tuesdays and Fridays at 9.30am and provide all of the equipment and a six-week period of coaching before you decide to join.

The club is situated in Woollams Ave next to the Bowling Club.



Classifieds

Classifieds cost 30 cents per word – please email your words to corochronicle@gmail.com or call/txt Debbie on 021 235 6648.

PROFESSIONALS

A COROMANDEL PLASTERER. For new homes and all renovation requirements I offer 25+ years' experience for a professional plastering finish. Doug Marsters 022 019 9255.

ABBY'S HEALING HAVEN 021 352 486. Chakra and energy clearing, crystal calibration 90 minutes - \$140, appointments via video link or in person. Organic Ayurvedic facial massage, 30 mins - \$55. Breakthrough Tapping session, 60 mins - \$100, an effective self mastery method for dealing with all stress and anxiety also self sabotaging behaviors. Online or in person. Intuitive Tarot and oracle reading, 45 minutes - \$60. See more at www.abbyshealinghaven.com.

ACUPUNCTURE, Traditionally Trained with 20 years' experience, Good Bloke Rates available, call/txt Daniel – 022 070 5081.

ALL HOUSE AND PROPERTY REPAIRS and maintenance. Ph/txt Andy 25 years' experience 022 346 2040.

BALLET CLASS FOR ADULTS. Venue: Coromandel Citizens' Hall 455 Kapanga Road Wednesdays 9.50am-11.20am \$10. Ph: Marilyn Swan 027 336 5263. Registered Teacher and Life Member Royal Academy of Dance. Visitors welcome. Covid Protection Framework applies.

BICYCLE REPAIRS, servicing and sales. Find some of my bikes on my FB page (Miles's recycled bicycles & repairs). I can also pick up old bikes and parts from your house. 020 4150 6575.

BRICK AND BLOCK LAYER. Laurie Gordge (07) 866 8200, 027 494 9573, buddy10@xtra.co.nz.

BRICK AND BLOCK LAYING SPECIALISTS. L.B.P. Phone Joel 021 0234 0210.

BROKEN GLASS? Call Mike Coromandel Glass (07) 866 8869 or 027 661 0190.

CARPENTER WANTING WORK. Alterations, new houses, additions, no job too small, licensed building practitioner. Ph 021 675 575.

CHIMNEY SWEEPING And safety inspections, repairs and maintenance, insured. Now Heights Certified. Call Rich Visick 027 424 4217, (07) 862 5114. Paeroa based but happy to travel in hybrid.

COMPUTER FIX. Your local support and expert for computer repairs, upgrades, backup solutions, virus removal, software problems, purchase advice or tuition. Micha Wellnitz, ph (07) 866 8932.

COROMANDEL GARAGE DOORS. Ph: Don McLean 022 453 2188. E: corogaragedoors@gmail.com; W: www.corogaragedoors.co.nz.

COROMANDEL HONEY LTD. Local beekeepers. Honey for sale and manuka sites wanted. Call Evan on 021 533 826.

COROMANDEL STUMP GRINDING. Local operator based in CoroTown. Contact now 027 451 2224 or Email dynamictreecare@gmail.com.

FLYING FINGERS can help with any Word processing – Assignments - Scanning – CVs – Manuals – Letters - Mail Merges - Tender & Contract Preparation. Call or email Maureen at Flying Fingers Secretarial Services, 021 900 938; biz.flyingfingers@gmail.com – Website www.flyingfingers.co.nz

GENERAL HOUSE & PROPERTY MAINTENANCE & HANDYMAN SERVICES. Phone Mike 027 240 9084. Coromandel and surrounding areas.

GIB STOPPER – Richard Field. Local and coastal. Ph 029 778 8645.

GIB STOPPER/PAINTER. Alpha Drywall, Geoff, local 022 027 0290.

MIRIMIRI, ROMIROMI, Traditional Intuitive Cellular Memory Release, korero/ call/txt Ikēna – 022 387 8568.

MORTGAGE ADVISER – Need to chat through your home lending requirement? Available on Zoom, email, phone or FB Messenger to help you when your bank won't answer or they say no. 20 years' banking experience and I provide solutions for first home buyers, property investors, small business owners or clients wanting to refinance. I have over 20 lenders to give you options. Email Karen.raggett@loanmarket.co.nz or phone 027 534 8975.

NEED A PAINTER? Quality work for a fair price, no bullshit quotes and I can do your garden too. Ring Thomas on 028 400 4120.

POOL QUEEN LTD. Mobile Pool and Spa services Coromandel Peninsula. Call the Pool Queen to have your pool clean. Sharleena Tucker 027 316 3384.

PRETTY FINGERS & TOES. Manicures, pedicures, acrylic & polymer nails, gel polish, OPI polish. Ph/txt or message on Facebook. Adel 021 107 5744.

PROPERTY MAINTENANCE. Section clearing. We have tractor/frontend loader tip trailer, slasher, post banger, log splitter. Chainsaw, mowing. Anything considered. Te Kouma, Coromandel Town area. Ph Tony 027 494 7692.

RANCH SLIDER WON'T SLIDE? Call Mike Coromandel Glass (07) 866 8869 or 027 661 0190.

ROOF KING LTD. New roofs, re-roofs, leaks, spouting, downpipes, and general maintenance. Ph Eli 021 160 6790.

SOLAR SYSTEM DESIGN & INSTALL. Good Energy your local solar specialists based in Whitianga. Ph Simon 021 242 3394.

STUMPGRINDING. Machine assisted stump removal, all sizes all areas. Ph 021 060 7659.

WINDOW CATCH BROKEN? Call Mike Coromandel Glass (07) 866 8869 or 027 661 0190.

FOR RENT

A&JS STORAGE. Totalspan units Ph Judy 021 071 2252.

FOR SALE

COROMANDEL FLOWERS. For all of your fresh flower needs contact Elisabeth 021 211 9556.

WANTED

LOOKING FOR A PERSON TO CARE PART-TIME for a recent stroke victim. Free nice room in comfortable villa offered to successful applicant. All meals included. Caregiving experience not necessary, since training will be given. Smoker OK. Dog lover. Keen gardener. Some knowledge of German an advantage. Contact Richard or Uli on 027 373 4848.

VEHICLES WANTED. Cars, trucks, vans, utes, 4X4's. Wanted dead or alive. \$ Top cash paid \$. Phone 0800 505 099.

WORK WANTED

DYNAMIC TREE CARE. Council approved professional local arborist service for all tree work. Fully qualified, equipped and insured. Health and Safety compliant. Free quotes. Jobs large or small. Stump grinding. Call now (07) 866 8177 or 027 451 2224.

HOME AND OFFICE CLEANING SERVICES AVAILABLE. Reasonable rates and a reliable, proven service. Please contact Lynda 027 227 5077.

STUMPGRINDING. Machine assisted stump removal, all sizes all areas. Ph 021 060 7659.

TREE SERVICE. Dismantling or pruning. Free quotes. Call Jeremy Haszard 027 421 0603.

OTHER

AGE CONCERN Falls Prevention Strength and Balance exercise class for seniors. Coromandel Gym, Pottery Lane Tuesday and Thursday, 10am, \$2. Vickie (07) 866 7894.

Coromandel Town weekly and monthly meetings

Every Day

Free meditation at Mahamudra (except during silent retreats) 8.30-9am

Every Monday

Step Aerobics at Coro Gym 8am
 Coromandel Hikers' Group, Hauraki House, Colin & Elspeth (07) 866 7137 9am
 Monday Walkers, Woollams Ave car park north end, Irene 021 157 8408 9am
 Gold Fit at Coro Gym 9.30am
 RECOVA 12 step addiction recovery meeting, Elim Church, Liz 027 436 2800 11am
 Line dancing, Anglican Church Hall, Jeni Mudgway 021 022 75341 3pm
 Taichi classes, Colville Hall, Christina 021 113 4768 4.10pm
 Bridge, St John rooms 7pm
 Taizé 4-part harmony singing, Sally 027 302 4245 7.30pm

Every Tuesday

Croquet, Woollams Ave, Kaye (07) 866 8968 9.15am
 Coro Walking Group, Lotto Dairy, Ruth (07) 866 7246 9am
 Age Concern seniors' exercise class, Coromandel Gym. \$2 Vickie 027 417 7077 10am
 Yoga for everyone, Colville Hall, Kate 021 125 3152 10am
 Playcentre, Woollams Ave 10.30am-1pm
 Na Ihowa Ahau after-school kids club (term time only), Anglican Hall, Anita 027 259 1085 3.15-4.45pm
 Yin Yoga with Toni, Waikato Event Center (above swimming pool), \$10-\$20, Toni 020 4076 1526 5.30-6.45pm

Every Wednesday

Step Aerobics at Coro Gym 8am
 Meditation at Mahamudra – starts 19 October 8.15-8.45am
 Pastel Artists Coromandel, Coro Aero Club Rooms (07) 866 7220 .. 9am-12pm
 Gold Fit at Coro Gym 9.30am
 Ballet Class For Adults, Coromandel Citizens' Hall, \$10 per class. Marilyn 027 336 5263 9.50-11.20am
 Coromandel Home-school group, Julene 020 4060 8102 12.30pm
 Taichi classes, Waikato Events Centre, Christina 021 113 4768 4pm

Every Thursday

Coro Walking Group, Lotto Dairy, Ruth (07) 866 7246 9am
 Coro Art Group, St Andrew's Church Hall, Lindsay (07) 866 7799 9am-12pm
 Tai Chi, Waikato Events Centre (above the swimming pool) 10am
 Age Concern seniors' exercise class, Coromandel Gym. \$2 Vickie 027 417 7077 10am
 Free Guided Meditation, Havalona Pyramid 10-11am
 Movement for Equanimity (MFE), a well-being fascia movement class, contact Judy 021 0200 7550 3-4pm
 Free drop-in Dharma talk or video at Mahamudra 7-8.30pm

Every Friday

Step Aerobics at Coro Gym 8am
 Coromandel Homegrown Market 8.30am-12.30pm
 Community Gardens volunteer day 8.30-11am
 Yoga for everyone, Anglican Hall, Kate 021 125 3152 9am
 Croquet, Woollams Ave, Kaye (07) 866 8968 9.15am
 Playcentre, Woollams Ave 9.45am-12.15pm
 Coromandel Bowling Club social evening at the Club 3.30-7pm
 Coromandel Tennis Club "club day" 4pm
 Coromandel Flying Club social gathering, all welcome 5.30pm

Every Saturday

RSA Coromandel, RSA Club Rooms Woollams Ave. President Kevin Stone (07) 866 7576 3.30-7pm

Every Sunday

Anglican Church Service 10am
 Coromandel Tennis Club "club day" 1pm

Monthly

1st Mon – Coro Patchwork & Quilters, St John rooms, Jill (07) 866 7484 9.30am-3.30pm
3rd Mon – Coro Patchwork & Quilters, St John rooms, Jill (07) 866 7484 9.30am-3.30pm
1st Wed – Coro Embroiderers' Guild, St John rooms, Win McMinn (07) 866 7508 10am-3pm

1st Wed – Lions Dinner meeting, St John rooms. President Mary Farmer (07) 866 7321 or 027 699 0446 6pm
2nd Wed – Garden Circle. Kath Denize (07) 866 7441, 022 413 6573 ... 1pm
2nd Wed – Car Club meeting at The Club, Bruce 027 249 0878 4pm
3rd Wed – Lions Business Meeting, St John rooms. President Mary Farmer (07) 866 7321 or 027 699 0446 7pm
Last Thurs – Green Drinks at Star & Garter 5pm
Last Thurs – DCR Music and Art Night 6.30pm
1st & 3rd Sun – Church Service at St Andrew's Church, Rings Road 10am

If your meeting has been omitted, please email Debbie at corochronicle@gmail.com with the subject "meeting" or txt/ph 021 235 6648. Please include contact name and phone number.

Advertisers' directory

Company	Page
Alpha Drywall	4
Ann Kerr-Bell – Natural Medical Centre	10
Arizto Real Estate	17
Back in Black	25
BP Coromandel Service Station	21
Bronwyn Ririnui	22
Cape Civil	29
Coro Gym	4
Coromandel Garage Ltd	26
Coromandel Marine Engineering	6
Coromandel Marine Farmers' Association	11
Coromandel Plumbing (1986) Ltd	4
Dynamic Tree Care	12
Fagans Flooring Xtra	3
Fairview Thames	10
Four Square Coromandel	20
Good Energy	3
Harcourts	19
Hauraki Taxation Service Ltd	8
Hike & Bike Coromandel	28
Himalaya Shop	20
ITM	18
James and Turner	14
James Drainage '97 Ltd	7
Johnston Fencing	20
Judy Gantz and Peter Grunwald	14
Llandem Consulting Engineers Ltd	24
Mana	22
Matarangi Plumbing	10
Mike McCall	12
Peninsula Electrical Services Ltd	30
Perfect Air	36
Pool Queen	3
Pretty Fingers & Toes	11
Purnell Lawyers	6
Revell Architectural Design	28
Richardsons Real Estate	9
Rob's Small Motor Repairs	25
Scott Revell Building Contractor	30
Scott Simpson MP	16
St John	15
Star & Garter	7
Tangiaro Kiwi Retreat	21
TCDC	23
The Waterworks	5
Thrive Coromandel Trust – Informers' Art Auction	13
Trinity Network	35
Twentymans	16
Waitaia Nursery	8
We Pay Top Cash	18
Womb Women Art Exhibition	27

MON

TUE

WED

THU

FRI

SAT

SUN

**COROMANDEL
RUBBISH & RECYCLE
TRANSFER STATION &
E-CYCLE HOURS**
Wed & Fri 9.30am-3pm
Saturday, Sunday
& Public Holidays
9.30am-4pm

1   **TC**
High tide 12.45am (2.7m), 1.22pm (2.7m)
Low tide 6:51am (0.4m), 7.33pm (0.5m)

2  **CT**
Coromandel Embroiderers' Guild
final meeting for the year including
AGM, exhibition opening and
Christmas Luncheon (see pg 18)
High tide 1.43am (2.6m), 2.24pm (2.7m)
Low tide 7.52am (0.5m), 8.37pm (0.8m)

3  **CT**
Movement for Equanimity (MFE),
fascia movement class starts
(see pg 14)
Grey Power meeting (see pg 4)
High tide 2.46am (2.5m), 3.28pm (2.7m)
Low tide 9am (0.6m), 9.41pm (0.5m)

4  **CT**
Far Out Folk Club
(see pg 26)
High tide 3.53am (2.5m), 4.29pm (2.7m)
Low tide 10.09am (0.6m), 10.42pm (0.5m)

5  **CT**
High tide 4.58am (2.5m), 5.27pm (2.7m)
Low tide 11.12am (0.5m), 11.39pm (0.4m)

6  **CT**
High tide 5.58am (2.6m), 6.21pm (2.7m)
Low tide 12.09pm (0.5m)

7  **TC**
High tide 6:52am (2.7m), 7.11pm (2.8m)
Low tide 12.33am (0.4m), 12.59pm (0.4m)

8  **TC**
Ride Coromandel trail tuneup (see
pg 31)
High tide 7.42am (2.8m), 7.59pm (2.8m)
Low tide 1.21am (0.3m), 1.46pm (0.4m)

9  **CT**
High tide 8.27am (2.8m), 8.44pm (2.8m)
Low tide 2.07am (0.3m), 2.30pm (0.4m)

10  **CT**
High tide 9.10am (2.8m), 9.28pm (2.7m)
Low tide 2.50am (0.3m), 3.12pm (0.4m)

11  **CT**
High tide 9.50am (2.8m), 10.10pm (2.6m)
Low tide 3.31am (0.3m), 3.53pm (0.5m)

12  **CT**
High tide 10.30am (2.7m), 10.51pm (2.6m)
Low tide 4.10am (0.3m), 4.34pm (0.6m)

13  **CT**
High tide 11.09am (2.7m), 11.31pm (2.5m)
Low tide 4.49am (0.4m), 5.16pm (0.6m)

14  **TC**
Albert St bridge closure begins
(see pg 23)
High tide 11.49am (2.6m)
Low tide 5.28am (0.5m), 6pm (0.7m)

15  **TC**
DEADLINE: Coromandel Town
Chronicle December issue
Open Floor Dance at Mana with
Jade 9.45-11.45am
High tide 12.13am (2.4m), 12.33pm (2.5m)
Low tide 6.10am (0.6m), 6.47pm (0.8m)

16  **CT**
Waahine on Wheels ride
(see pg 31)
Improving Vision Naturally
introductory class (see pg 14)
High tide 12.57am (2.3m), 1.20pm (2.4m)
Low tide 6.55am (0.7m), 7.30pm (0.8m)

17  **CT**
High tide 1.45am (2.3m), 2.12pm (2.4m)
Low tide 7.47am (0.8m), 8.30pm (0.8m)

18  **CT**
The Informers' Art Auction
(see ad pg 13)
Waking up to the Moments of Your
Life with Hedwig Bakker starts at
Mahamudra (see pg 8)
High tide 2.37am (2.2m), 3.05pm (2.4m)
Low tide 8.44am (0.8m), 9.24pm (0.8m)

19  **CT**
Family fun fishing
tournament (see pg 31)
Ginger Bash (see pg 29)
The Informers' Art Exhibition
10am-4pm (see ad pg 13)
The Colville Project Community
Hui (see pg 10)
High tide 3.34am (2.2m), 3.59pm (2.4m)
Low tide 9.44am (0.8m), 10.17pm (0.8m)

20  **CT**
The Informers' Art Exhibition
10am-4pm (see ad pg 13)
High tide 4.32am (2.3m), 4.50pm (2.5m)
Low tide 10.41am (0.8m), 11.09pm (0.7m)

21  **TC**
High tide 5.29am (2.4m), 5.40pm (2.5m)
Low tide 1.1.34am (0.7m), 1.1.59pm (0.5m)

22  **TC**
Free Family Court Information
Service (see pg 8)
High tide 6.21am (2.5m), 6.30pm (2.6m)
Low tide 12.23pm (0.6m)

23  **CT**
Improving Vision Naturally
introductory class (see pg 14)
High tide 7.10am (2.7m), 7.19pm (2.7m)
Low tide 12.47am (0.4m), 1.1.11pm (0.4m)

24  **CT**
Teacher only day at Coromandel
Area School (see pg 25)
High tide 7.59am (2.8m), 8.10pm (2.8m)
Low tide 1.36am (0.3m), 1.58pm (0.3m)

25  **CT**
Teacher only day at Coromandel
Area School (see pg 25)
Spring Reset Women's Wellness
Retreat starts (see pg 8 & 16)
Grant Haua Awa Blues (see pg 28)
High tide 8.46am (3.0m), 9.01pm (2.9m)
Low tide 2.24am (0.2m), 2.47pm (0.3m)

26  **CT**
Moeheu Environment Group AGM
(see pg 29)
CLAIM AGM (see pg 30)
High tide 9.35am (3.0m), 9.52pm (2.9m)
Low tide 3.12am (0.1m), 3.37pm (0.2m)

27  **CT**
High tide 10.25am (3.0m), 10.45pm (m)
Low tide 4.01am (0.1m), 4.30pm (0.3m)

28  **TC**
High tide 1.1.17am (3.0m), 1.1.38pm (2.8m)
Low tide 4.50am (0.1m), 5.24pm (0.3m)

29  **TC**
High tide 12.11pm (2.9m)
Low tide 5.42am (0.2m), 6.21pm (0.4m)

30  **CT**
Deadline to return St John survey
by (see ad pg 15)
High tide 12.33am (2.7m), 1.07pm (2.9m)
Low tide 6.38am (0.3m), 7.20pm (0.4m)

KEY
 New moon
 Full moon

Tide times and heights from Land Information NZ and are for Coromandel Harbour.
For Thames tides: -15min High and -18min Low.

 Blue bin bags out
 Put recycling out
(plastic, 1.2 & 5.5 tins, paper, cardboard)

RN = Rural North CT = Coromandel Town & Te Kouna TC = Thames Coast & Maniaia

Make sure your event gets listed

To get your event listed, email the details to Debbie at corochronicle@gmail.com with the subject "event". There is limited space available and will be published subject to space availability, with preference to not-for-profit groups.
Regular meetings aren't included here – please see weekly and monthly meetings on page 33.



New Listing

Enquiries Over \$1,000,000

Coromandel Oyster Company Limited

Coromandel, 1613 Manaia Road
www.trinitynetwork.co.nz/coromandel-oyster-company-limited-1613-manaia-road-coromandel



New Listing

Enquiries Over \$750,000

1 2 1 1

Coromandel, 24 Kapanga Road
www.trinitynetwork.co.nz/24-kapanga-road-coromandel



New Listing

Enquiries Over \$1,050,000

4 1 1 2

Coromandel, 820 Colville Road
www.trinitynetwork.co.nz/820-colville-road-amodeo-bay-coromandel-coromandel



Enquiries Over \$600,000

2 1 1 -

Coromandel, 988 Manaia Road
www.trinitynetwork.co.nz/988-manaia-road-coromandel



Enquiries Over \$1,650,000

5 3 2 2

Coromandel, 91 Kelso Lane
www.trinitynetwork.co.nz/91-kelso-lane-coromandel



Buyer Enquiry Over \$710,000

3 2 1 -

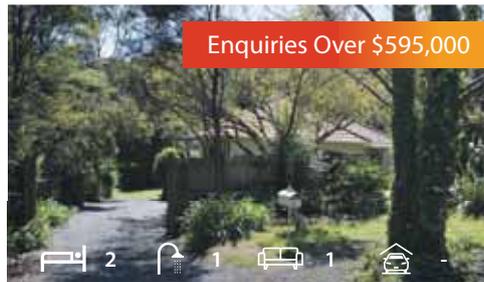
Coromandel, 43 Waihire Drive
www.trinitynetwork.co.nz/43-waihire-drive-coromandel



Enquiries Over \$1,200,000

3 1 1 1

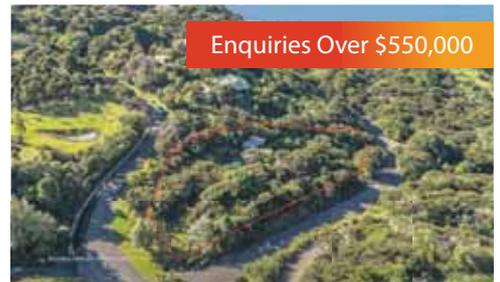
Coromandel, 97 Kowhai Drive
www.trinitynetwork.co.nz/97-kowhai-drive-coromandel



Enquiries Over \$595,000

2 1 1 -

Coromandel, 25A Frederick Street
www.trinitynetwork.co.nz/25a-frederick-street-coromandel-1



Enquiries Over \$550,000

Coromandel, 76 Waihire Drive
www.trinitynetwork.co.nz/76-waihire-drive-coromandel



Enquiries Over \$720,000

3 2 1 2

Coromandel, 35 Victoria Street
www.trinitynetwork.co.nz/35-victoria-street-coromandel



Price by Negotiation

Coromandel, Coromandel Takeaways
www.trinitynetwork.co.nz/124-wharf-road-coromandel



Price on Application

Coromandel, 183 Kapanga Road
www.trinitynetwork.co.nz/183-kapanga-road-coromandel

More listings on our website or call into our office at 65 Wharf Road (opposite 4 Square)

Opening hours Mon-Fri 9.00am - 5.00pm, Sat-Sun 10.00am - 3.00pm Phone 07 866 7313

Contact us for a free confidential appraisal and we can discuss our very competitive commission rates



Rob Keatley

M : 0275 777 424

E : rob.keatley@trinitynetwork.co.nz

"I value people, not just transactions".





Am I eligible for a Warmer Kiwi Homes grant?

Warmer Kiwi Homes is a Government programme offering grants covering 80% of the cost of a Heat Pump for the main living area (capped at \$3000), after ceiling and underfloor insulation is done.

Check your Heat Pump installation
eligibility

eeca.govt.nz

07 866 4140



30 Campbell Street
Whitianga