

July 2022
Volume 26 Issue 7

Coromandel Town Chronicle

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FREE
Community Magazine

Look up to the night sky this Matariki

SEE PAGE 4

Photo courtesy of Ian Preece

Recycling Centre visit PG 6



Boys' Rite of Passage PG 23



Play rehearsals PG 26



Haere mai. Welcome to the Coromandel Town Chronicle

View online at

www.coromandeltownchronicle.co.nz

Cover picture: Night sky from Port Jackson. Photo courtesy of Ian Preece

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If you are not sure how to put an article together for publication then find tips and advice on the website: www.coromandeltownchronicle.co.nz/html/guidelines.html

The Coromandel Town Chronicle is open for everyone to contribute, however the editor reserves the right to select the articles and letters that are published and edit them for clarity and space.

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Don't be late, as I can't guarantee I'll be able to fit you in after deadline.
Send your articles and advertising to corochronicle@gmail.com

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Emergency

Call 111. AED's in Coromandel Town: Fire Station, Ambulance Station, Four Square, Coro Family Health, Bowling Club/RSA, Te Korowai and Phoenix House. Although AED's are important, St John say performing continuous chest compressions/calling 111 takes priority.

Editor's comment

I want to address some issues I am having with putting together the Coromandel Town Chronicle.

In the main most contributors are easy to deal with. However, while putting together this issue I was called names by someone whose article I refused to publish. Last issue I felt I was being bullied by two individuals who wanted their articles in the Chronicle. Abusiveness will not be tolerated.

I really do try to print everything I receive each month. However, I do have a publication policy and it is on my head that articles don't denigrate or mislead. Please be respectful of that and write articles in a polite matter without being hateful or intentionally provoke others.

Therefore, I think it is time to reprint the Chronicle's publication policy (see below), which was formulated with assistance from the Coromandel Business Association in 2017. Also if you need any help with writing a suitable article for print in the Chronicle, then please look at the Chronicle website "Guidelines on how to write an article" at www.coromandeltownchronicle.co.nz/html/guidelines.html.

Coromandel Town Chronicle Publication Policy

The purpose of the Coromandel Town Chronicle ("Chronicle") is to showcase the region and its people. The Chronicle is open for everyone to contribute, however the editor reserves the right to select the articles, advertisements and letters that are published in line with the Chronicle's publication policy.

Content should be about current events or be of interest to a cross-section of the local community. Any content that denigrates people, groups or organisations, or is otherwise offensive, will not be published. While the Chronicle can be a forum to stimulate debate on local issues, the editor is under no obligation to ensure that all aspects of an issue will be presented. The Chronicle is not a suitable publication for technical debates around topics that include, but are not limited to, science, law, finance, history and religion.

Given that the nature of the publication is to present local community news, the editor will not publish the same, or substantially similar, information in successive issues unless the contributor pays for this content in an advertisement. Any content that seeks to change the readers' opinions or behaviours must be respectfully written.

Debbie

Letters

Gallipoli 2022

The RSA President Kevin Stone's report re Anzac Day in the June Chronicle prompted me to write this letter. The "Navy Today" arrived recently and some of its contents are very relevant. After a gap of three years because of Covid around 35 members of the NZ Defence Force travelled to Turkey. Here are examples of how much being at Gallipoli affected two of those people:

1. Leading medic Liana Wellington was the first one of her family who had the opportunity to visit Chunuk Blair and see the name of her great grandfather on the Memorial Wall. She wore her great Grandfathers' medals.

2. Chief Petty Officer Nicholas Hunter, whose great-grandfather survived the carnage, describes the emotion he felt at being on the spot where his great-grandfather fought. Battlefield tours were conducted and Nicholas states "he felt the weight of the meaning behind the commemorations".

3. One hundred and sixty-five NZ personnel from HMNZS Te Mana attended an Anzac Day service at the Esquimalt Memorial Park Cenotaph. They said "we enjoyed sharing our special day with our friends and partners from the Canadian Armed Forces". Note: Te Mana is due home and may be here already.

No doubt the people mentioned will treasure these special Anzac Day services forever. This in turn made me think of my special Anzac Days. For three years I attended the Dawn Service in Colville but one year stood out. A light mist filled the valley, there was one very bright star in the sky and a ruru was calling. In 2020 no public service was held so I held my own Dawn Service at the Cenotaph here in Coromandel. I took my radio and a wreath; there was one other person there – someone I didn't know.

This year I happened to be in Port Charles on Anzac Day. The Port Charles Residents and Ratepayers Association held a great service at Big Sandy Bay. As that is my favourite place in the world, it was perhaps one of the best.

Over and out.

Pat Williams, Coromandel Town

P.S. Thank you Val for your kind words.

Email letters and opinion pieces to the *Coromandel Town Chronicle* corochronicle@gmail.com. Contributions should be kept short, and should not exceed 350 words. The editor reserves the right to reject letters or edit them for clarity and space.

Letters continued

Settling in Geraldine

Hi Debbie,

Tina and I love reading the Chronicle, online, each month. We are well settled in Geraldine, having built a new small house here soon after we arrived, but we miss a lot of friends and different aspects of the town. There's not a lot of snapper to be caught in South Canterbury.

We transferred our RSA memberships to our local RSA, and are active in the organisation. I like reading the Coromandel RSA blog each month and am trying to convince our Executive to do the same. RSA's need to blend into the wider community and not be seen as "a closed shop".

Kind regards to all,

John Twidle, former Coromandel Town resident

5G concerns

Dear Editor,

It has come to my notice that Vodafone has chosen a site for a 5G tower on the corner of Pagitt and Edward streets, to be erected later this year. I am deeply concerned that the Community Board has not consulted the community over this very significant issue. In Aug/Sept 2019, there was considerable opposition to Spark's attempt to erect a 5G tower in the centre of town. Given this expression of opposition (not just for its location, which incidentally is of equal concern in a residential area but for serious environmental, health and safety issues), I believe the Community board has a responsibility to engage with the community and provide full disclosure and transparency. Apparently Spark has a tower behind the old Post Office and in Pound Street, waiting for action. Is the Community Board meeting the requirements of consultation with the community here, or the interests and control of the telecommunications companies? I'm concerned.

I believe we have a right to require from both Spark and Vodafone an Environmental Impact Statement and their company's Environmental Compliance to health and safety. Further, non-industry based research (ie not telecommunications business biased) needs to be undergone and assessed, regarding the effect of high frequency millimetre electromagnetic radiation on our communities, ecosystems, all biological life, privacy and security. An Environmental Review with consultation between the Board, telecommunications companies, and the public should occur, before any construction or activation of present towers is undergone. Surely we owe this to the wellbeing of our community and environment.

Thank you,

Maria Drum

Note from Editor – Please read below statement from the Coromandel-Colville Community Board.

Statement from the Coromandel-Colville Community Board regarding cell tower

The Coromandel-Colville Community Board was advised by Vodafone via public forum at its May meeting that they were exploring the possibility of erecting a 4G cell tower in either the vicinity of Albert Street or the vicinity of Edward Street.

The exact location is to be decided based on the optimum technical data.

Vodafone are totally within their rights to carry out this work and the Coromandel Board (and TCDC) have no say in the matter as legislation permits such activity, even on Council-owned land. Data use nationally is going through the roof, no doubt driving this project to continue to provide good service to Vodafone customers.

Their presentation to us was a matter of courtesy, and is available to be viewed at www.tcdc.govt.nz/Your-Council/Agendas-Reports-and-Minutes/ and scroll down the the recording of the Coromandel-Colville Community Board meeting on 10 May.

Community queries can be sent to their community engagement manager: Lisa Multalo, Vodafone NZ lisa.multalo@vodafone.nz.

The best email for feedback is: communityrelationsteam@vodafone.nz.

I am also happy to collate feedback by email on the matter to aid the Community Board's future discussions with Vodafone.

Regards,

Peter Pritchard, Coromandel-Colville Community Board Chair

Vodafone proposal

At the Coromandel-Colville Community Board meeting on 10 May 2022, Vodafone presented a proposal to build a 15-20-metre-high 5G cell tower in the middle of a residential area in Coromandel Town.

When asked what processes were in place to notify residents and deal with community resistance, Vodafone advised that consultation would be for Community Boards to undertake, and that they are happy to provide information, concept plans, pictures in situ, and a site simulation to assist.

We are a group of residents who, along with many others, highly value the heritage, peace and beauty of this iconic town; a town which has so far proudly ensured the skyline is free of structures that are visually intrusive. Many people are drawn to visit our town and district to share these values, which offer a sense of spiritual wellbeing.

Do the residents of Coromandel community want/need 5G? Vodafone claim that during the peak summer period their system is overloaded. Are residents having constant issues with cell phone connection sufficient to warrant the visual and possible health impacts of a 5G tower? Is Vodafone aiming to serve the community, visitors, or their company's financial gain? Note: the cell phone tower is primarily for cell phone calls and cell phone data; it will not improve the speed of your home computer broadband connection.

We recommend Vodafone find a less intrusive site for the cell tower other than the proposed urban site where many long-time residents, including both the young and elderly, live alongside each other. There are sites on council land that meet this criterion.

Our Community Board are elected by the community to represent their district, and listen to people's needs. They work on our behalf. So, if you have any feelings about Vodafone's proposition, please contact the Board and let them know your feelings. Peter Pritchard is chair and has given us permission to print his contact details: Peter Pritchard 027 489 4269, peter.pritchard@council.tcdc.govt.nz.

Let's work together to meet each other's needs and not the needs of a large, faceless corporate company who have advised us that they will notify the community re their decisions, not consult. Let's pull together on this to find a solution.

Kind regards,

Sue Gilmer, Jennifer McNab, Henry Mackeson, Pamela Harris, Gavan Solly, Wally Gilmer

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Matariki

By Debbie Morgan

I first heard about Matariki when my children were attending Coromandel Preschool. Parents were invited in for a hangi and the children did a performance that included singing.

My understanding hasn't really progressed since then, so prompted by the fact that we are now getting a public holiday on Friday 24 June this year to celebrate Matariki, I have done some research about it.

Matariki refers to a large cluster of stars that appear in midwinter in New Zealand. This cluster of stars is known to Western astronomers as the Pleiades. For many Māori, it heralds the start of a new year; the new year begins with the first new moon after Matariki appears in the sky.

Many Māori sources, especially older

ones, list seven stars in Matariki: Matariki herself, the central star in the cluster (the kai whakahaere or "conductor"), and six children. But other manuscripts list eight children to Matariki: Tupu-ā-rangi, Tupu-ā-nuku, Ururangi, Waipunā-ā-rangi, Hiwa-i-te-rangi, Waitī, Waitā, and Pōhutukawa.

Iwi across New Zealand understand and celebrate Matariki in different ways and at different times – some start the festivities on the first full moon after Matariki appears in the sky, while others don't mark it until the next new moon. Its calendar date shifts every year too, but it's normally in June or July.

Matariki calls people to gather together



to remember and honour those we have lost since the last rising of Matariki.

Matariki is a time for reflection and contemplation, where whanau come together to remember the past and prepare for the future.

Kai and feasting are central elements in Matariki, and people share the fruits of the harvest. Other forms of celebration include music, dance, art and spending time together.

How will you be celebrating on your long Matariki weekend this year?

Mahamudra Centre

By Beth Pearsall

I have been thinking about Matariki, about how we can properly honour the tradition especially now that we have a public holiday dedicated to this time of reflection and renewal.

Dr Rangi Matamua from the University of Waikato has some great lectures you can listen to online. Here are some of the things I have learned from him. First, the way Matariki is understood and the traditions around it differ from place to place and person to person within Aotearoa.

Matariki is an abbreviation of "Ngā Mata o te Ariki" – the eyes of God. When Ranginui and Papatuanuku were separated from their dark embrace by Tāne, Tāwhirimātea (the god of winds and weather) was so distraught he pulled out his eyes, crushed them in his hands



and threw them into the chest of his father Ranginui. This is how the nine stars of Matariki came to be in the sky.

Dr Matamua explains how his ancestors would look to Matariki to see what the year ahead would bring. Stars within the constellation represent types of weather and food resources. Matariki is read in combinations, comparing parts of the whole. If one star shines brighter than others, that food source will be plentiful, and if one is missing or dim, the outcomes represented by that star will be negative in the coming year. This would inform where people placed their energy in the year to come. There is a lot more to the story and traditions of Matariki, the story of "Te Waka o Rangi", Hiwaiterangi and more. I encourage you to be curious.

It is a great reminder of how slowing down, paying attention to the world around us and tuning into ourselves can offer so much wisdom. These acts of mindfulness and presence can offer us insight into what lies ahead.

Mahamudra is a great place for stargazing! And we have some wonderful reasons for you to join us in the coming months. You can also book accommodation if you are in need of rest and renewal.

Here's what we have coming up soon

5-14 August – Venerable Robina Mahamudra Retreat – how to discover your true nature.

Venerable Robina Courtin is an incomparable teacher who offers direct, honest and bold Buddhist teachings. This retreat is going to be exceptional!

2-4 September – Spring Refresh Women's Retreat with Wild Stillness Retreats.

16-18 September – Getting Comfortable with Uncertainty and Change, Silent Meditation and Qi Gong Retreat with Hedwig Bakker

You can find our other upcoming retreats on our website www.mahamudra.org.nz. We are also opening up the centre for venue hire. If you are interested, please contact retreat@mahamudra.org.nz



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Coromandel Town Information Centre

By Christine Petrie



We are happy to welcome some new team members to the Information Centre: Lynne Fenwick, Sue Ngamane and Carolyn MacKenzie. Together they have extensive experience in i-SITE management, travel and customer service, and are expanding on the great legacy that Sandra built. They are passionate about the wellbeing of the upper Coromandel Peninsula, its community and the variety of events, activities and attractions that are on offer. They are enjoying meeting the community so pop in and say hi - the Centre is open 7 days a week between 10am and 3pm during winter.

Our visitors at present are from everywhere in New Zealand, with international tourists trickling in as well. Visitors are staying in motels, campervans, holiday parks and holiday homes, and many are making their bookings through the Information Centre. Like us, they have been through the lockdowns and are ready to get out and about. Some of these visitors are coming to Coromandel for the first time, others are returning after many years. Queen's Birthday weekend saw Coromandel Town, our eateries and tourism operators all busy with visitors.

We now have the winter months to put a few things into place for the summer ahead. With the support of the Lottery Covid-19 Community Wellbeing Fund, the Information Centre has been running a "Winter Breaks" social media campaign to support local employment. This was put together for us by the company that markets the Chiefs rugby team and the analytics they provide show just how far our money goes when the campaigns run. Not too bad for a tiny Information Centre that loves promoting the best little town on the Peninsula.

July is the start of our advertising year. We are making appointments to visit businesses and discuss the options available. Give us

a call if you would like to meet – options start at \$55+GST to place a business card-size advertisement on our website's A-Z business directory. As a charity, all of the advertising revenue we receive is used to help us keep the doors open to support our community. Likewise, bring your family and friends into the Information Centre; bookings made with us help to keep us running. Did you know that thanks to Jeff, the best price for The Waterworks is with us? If your visitors are travelling throughout New Zealand, we have a few hidden gems that we can tell them about and book as well.

We can help clubs, charities, artists and other businesses reach a much larger audience than they can on their own through our website, noticeboard, social media and conversations with walk-in clients. Let us know about what you do and the events you are running so we can help spread the word – often there is no charge for this service. We keep a contact list for community organisations so we can keep them up to date with our work. If you are part of the leadership of a community organisation, call in when you are passing by to make sure that your details are up to date.

If you are looking for something to do in winter, our Boom, Bust and Beyond heritage walking tours go all year-round. Learn about the history of the town centre from our knowledgeable tour guides.

Our office in the Samuel James Reserve is open 7 days a week 10am-3pm. You can call us on (07) 866 8598.

Email info@coromandeltown.nz, www.coromandeltown.nz,

Facebook: [@coromandeltowninformationcentre](https://www.facebook.com/coromandeltowninformationcentre)

Medical senryu

By John Irvine

surgeons:
the cutting edge
of medicine

fasting for a blood test -
in the guttering
a sparrow eats ripe seeds

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Rethink Rubbish Coromandel Town

By Robin Munch

Visit to Kopu Recycling Centre/Smart Environmental

Did you know that all of our curbside recycling from around the Coromandel ends up at a huge sorting facility in Kopu?

Our Rethink Rubbish team took a tour of the Smart Environmental Facility to find out what happens to our recycling next.

The contents of our wheelie bins are delivered to Kopu and tipped onto mountainous piles. From here the material is fed onto a conveyor belt. A small team of people manually sort the items. They have to pick out and discard all of the things that cannot be recycled (these get sent to landfill). Removing the dirty and non-recyclable items from the recycling stream looked really unpleasant. The sorters have to deal with dangerous and gross things – dirty nappies, gas cylinders, used needles, old shoes, dirty cardboard, and sharp objects.

Once the non-recyclables are removed, the recyclable items are fed through machines to separate all of the different types of materials into huge bins.

All of the plastics, cardboard, tin, aluminium, and paper are separated here before being sent to other places in New Zealand for recycling (except paper which is bundled up and sent offshore).

Glass from our green crates is also sorted and stored at Kopu before being transferred to Auckland for recycling.

To make things safer and easier for the people who work in the recycling centre, we need to remember to clean and sort recyclables properly before placing them in the wheelie bin and glass crate. And do not put rubbish in your wheelie bin!



What can you recycle?

- 1, 2, 5 plastics – rinsed (no sour milk or half-drunk Coke).
 - Paper and cardboard – clean (no food residue or grease)
 - Aluminium and tin cans – rinsed (no aerosol cans, gas bottles, dishwasher parts, umbrellas...)
 - Glass bottles and jars – clean and lids removed (no light bulbs, window glass or other glass in the crate. Metal jar lids go into the wheelie bin). Remove labels where possible.
- Beer bottle tops are too small to go straight into the wheelie bin. If you want to be a recycling champion, collect them into an empty tin can, squeeze the top closed and then you can put them in the wheelie bin.



Hon Scott Simpson MP For Coromandel



We are seeing the inevitable consequences of the Government's soft on crime approach with the rise in gang violence sweeping the country. This isn't a big city issue and people from all parts of New Zealand are rightfully concerned that Labour has lost control of law and order. Since 2017 the Waikato has seen gang membership increase 66%.

People are tired of seeing their towns boarded up after ram-raids or seeing violent crime on the evening news. As a country we can't become accustomed to the decline in law and order. Law-abiding Kiwis deserve to feel safe in their communities.

National has suggested four practical tools which would help police to get on top of this crime wave. First, we would ban gang patches and insignia in public. This rule is already in place in government buildings like courts and hospitals, but this should be extended to all public places.

Second, we would stop gang members gathering in public. And third, we would stop gang offenders associating with each other. Crime doesn't just happen; these acts are planned and co-ordinated. We need to give police the powers to disperse gang members when they are in public spaces.

Fourth, we would stop gang members accessing guns. National will give Police the power to issue Firearms Prohibition Orders. These could be issued against any gang member who in the last 10 years has been convicted of a serious offence, and would make it illegal for that person to access firearms or enter certain premises where firearms are present.

The next National government will back police, tackle gangs and protect New Zealanders at home, at work and in their communities.

A Cup of tea & happy memories

A cup of tea and happy memories. There is something special about a warm cup of your favourite. It reduces stress and gives you a moment to reflect, organise and assemble your thoughts. A cuppa is all you need to start a pre-arrangement for your funeral with one of our funeral directors. Start a conversation today.

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National
Authorised by Scott Simpson, 614 Pollen St, Thames.

Winter Wellness and Nutrition

As we head into winter, and face the increasing cost of living, making the right choices for our health and wellbeing is more important than ever. To find out what is useful to most people, and as part of its winter wellness campaign, Waikato DHB spoke to two nutrition experts, a hospital dietician and a registered nutritionist.

As a registered nutritionist, Micheala Johnstone says for the majority of the population a basic diet is sufficient for adequate nutrition. She recommends having the three primary macronutrients in our main meals. This means protein like meat, fish, legumes or tofu, carbohydrates such as kumara, rice, bread or oats, and a small amount of healthy fats such as nuts, seeds, avocado or peanut butter. Then load up your plate with plenty of non-starchy veggies such as spinach, broccoli, carrots, cabbage, and tomatoes, to name a few. Throw in a few pieces of fruit for your snacks and you have a well-balanced, nutritious and colourful looking day.

Sarah Agar, a Senior Dietician at Waikato DHB, agrees this makes for a well-balanced diet but stresses that even that standard approach is not suitable to everyone. She says we need to build confidence and skills around our kai and cooking, and so is more focused on building skills and motivation than on insisting on eating the standard balanced diet, which recommends five different-coloured fruits and vegetables a day, as very few people achieve this consistently.

“It’s often about taking small steps, so if a person increases the different vegetables they eat from one to two a day, this alone is hugely beneficial. It’s very important to validate success as opposed to setting people up for an ideal they may not be able to achieve.”

Both agree that learning about how to eat cheaply and well is very important for those on a budget. Their advice is plan your week’s worth of meals in advance. If you can’t always buy fresh seasonal produce, then buy frozen. Tinned fruit can also be a less expensive alternative to buying fresh, but look for varieties with natural fruit juice and no added sugar on the label. Plant-based foods, particularly legumes such as lentils and beans as these are high in fibre and protein, are good for both digestion and controlling blood sugar levels. They can be added to meat dishes, reducing by half the amount of meat.

Supplied by Waikato DHB (abridged)

Everyone knows the best place to go fishing is near a mussel farm

Please follow these guidelines to keep everyone safe

- Keep 30 metres** from working mussel barges at all times
- Don't tie-up** to a line being worked on
- Never cast your line** towards a mussel barge – farmers have been injured from flying hooks and sinkers
- No anchors.** Tie-on to a longline buoy or use approved mooring hooks
- Minimise** your speed and wake
- Never drive** across the lines

www.coromfa.co.nz



Photo credit: Anna Sephton

The reef heron, matuku moana, is one of our rarest native birds, with an estimated population of 300-500 individuals. They inhabit the coastline throughout Aotearoa and although the population is small, it is considered to be stable. This bird was photographed at Long Bay on the rocks to the left of the campground.

Coromandel Contract Bridge Club

By Judy Bronlund

In July we will be playing the Cashmore Pairs. This is a three-week competition. Please let Jan know who you are partnering.

It is so good to be back playing bridge. We play at the St John rooms and welcome visitors to play with us. New members would be very welcome.

Contacts Jan (07) 866 8341 or 027 4678 8390, Judy 025 517 8306

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CILT - Coromandel Independent Living Trust



Volunteers play an essential role in the success of our 15 or so projects throughout the northern Coromandel; we really couldn't have the impact we do without volunteers. So, this month's article is all about the wonderful community-minded people who dedicate their own time to helping others!

Throughout the year, we have about 30 across our many projects, helping with all sorts of things: driving patients to hospital appointments in Hamilton and Thames; taking people in the Community Van to Thames on Thursdays; looking after The Bizarre and The Goldmine, making good quality clothes and goods available at accessible prices; catering for Tangi and other events through Te Mana Tangata/The Work Co-op.

Glenda Heath, the manager of The Bizarre, says "the Bizarre would not exist if it weren't for the fabulous team of volunteers".

At time of writing, we are looking ahead to National Volunteer Week, which is 19 -25 June. It honours the collective energies and mana of volunteers in Aotearoa. This year's theme is "Time to Shine – He wā whakawhiti".

For Volunteer Week this year we will be treating our volunteers to a train ride at Driving Creek Railway, with a stop at the top for a catered afternoon tea provided by JAK's Cafe.

We have also nominated volunteers in Volunteering Waikato's Annual Volunteer Excellence Awards, which is a chance to recognise and celebrate volunteers and volunteering in our community.

When CILT was entrusted to take on the management of The Bizarre in 2020, we also inherited the wonderful Ngaire Burgess as a volunteer. Ngaire has given over 40 years of service to The Bizarre and the Coromandel community. She is an absolute treasure – training new volunteers, passing on her wisdom, and confidently interacting with the diverse community in a supportive and caring manner.

Ngaire has been nominated for a Long Service Award for her service of 40+ years at The Bizarre.

Our Community Transport Team have also been nominated for a Team Excellence Award for their continuous support and contribution to the Coromandel Community.

We are blessed to have our volunteers on the team and wish them well for the awards!

It is with sadness that we farewell two members of our CILT family: Sid Waara, a long-time volunteer of CILT, who tirelessly worked as both our handyman, and to provide transport solutions for our community, and Maria Kearns, a participant and employee in our Vocational Services Programme, Te Mana Tangata (The Work Co-op).

We acknowledge the contribution and support of both Sid and Maria and wish their families well at this sad time.

Moe mai, moe mai ra
Ngā manaakitanga.

CILT, Coromandel Independent Living Trust, cilt@cilt.org.nz, (07) 866 8358, www.cilt.org.nz



Coromandel Lions

By Mary Farmer, President



Hi everyone. Yep winter's arrived, and we hope you all are well and enjoying the odd sunny day that we get. We sure do look forward to them.

Lion Rick Ward had a very pleasant conversation with a Port Charles resident the other day. It was to pass on the community's heartfelt thanks for the seat we (the Lions) put in place during the summer. It had been so well used by locals and visitors that the thought is a second one may be required at another useful spot, so we may get a call at some stage.

It's so nice to get feedback from people and communities we help.

The group had a well attended dinner meeting this month (June), a much longed-for catch-up with all of our members. During these meetings we pass on a decorative rock (thanks to Lion Sue Hughes). This is passed from the last holder to someone who, in his or her mind, has done a lot to help and support the club.

Joan Knudsen passed it to Rick Ward for all of the work he has done with the wood and organising working bees, etc. A big thank you from all of the members, Rick.

Hopefully you will see my good self standing by a self-filled trailer; this is the last but one to go. The customer was happy to bring his trailer to save us having to deliver, so thank you all for your support this season and don't forget get your name in now for next year and avoid disappointment.

Numbers you need are at the foot of this article and a reminder we are still looking for a community-minded person to take on the role of secretary. So please have a chat with Jean or myself.

Regards to you all. Keep warm, healthy and above all happy.

Coromandel Lions Club: Mary Farmer (President) (07) 866 7321 or 027 699 0446, Rick Ward (Project Manager) (07) 866 8271 or 027 352 8664, Jean Smith (Secretary) (07) 866 6670 or 021 208 7576, Sue Hughes (Firewood orders) 07 211 9774 or 021 142 1124

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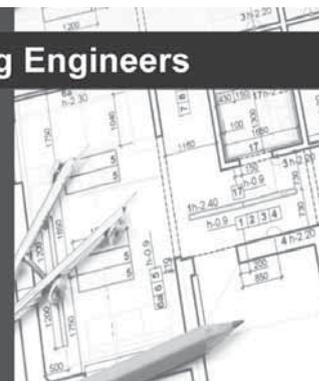
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Lynne
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The Wyuna Bay ridgeline... say no more! This 885m2 property affords framed views of the harbour/beach and the glistening waters of the Hauraki Gulf. 3 brm, 2 bathroom home with separate cabin, garage and plenty of car/boat parking. **\$PBN**



This excellent property awaits your inspection. The 613m2 section is well-fenced with lawns for the children/pets to play. The very spacious lounge, dining, family room & kitchen areas open to a great north facing deck. 3 brms and garage. **\$PBN**



The stream boundary ideally sets of this 768m2 property for your growing family. The large home features spacious lounge (fireplace)/dining/kitchen areas, 2 great decks, 4 double brms, office, 2 bathrooms, double garage and workshop. **\$835,000**



Business or leisure opportunity! 801m2 section set within 730mtrs of the centre of town. 1 brm cottage + 6 brm bunkhouse + a large shed as communal space. Currently operating as a travelers' accomm business. **\$PBN + GST (if any)**



BIG on space and trees. Are you hankering for a more laid back lifestyle? 20.2960Ha parcel of land on the outskirts of Colville. A great mix of mature and regenerating native bush, plus a small cottage for weekend retreats. **\$PBN + GST (if any)**



Wow... consider your options. Private 626m2 section with a stream boundary. 2 brm home, spacious living, decking and a large garage/workshop. Live, holiday or rent... it's your call. Currently tenanted - viewing by appointment please. **\$599,000**



The valley setting of this 4.5Ha regenerating bush block on the outskirts of Colville, will appeal to those looking for a weekend escape or to enjoy an unhurried lifestyle. Plenty of room for caravans, cars & boats. Close to Waitete Bay. **\$PBN + GST (if any)**



CILT – Coromandel Budget and Foodbank

Let's talk money.

It is great to have people making use of this free budget service we provide, and working their way towards getting their finances back on track. The old saying "A problem shared is a problem halved" springs to mind. We want clients to feel comfortable, and confident they are making the right choices for themselves, knowing that they have our support to work through any obstacles alongside them.

If you want help with working on a budget, getting debt under control or have any other financial issues please pop into our office at Tiki House – we're here to help. It is free and totally confidential.

To make an appointment come and see us at our office in Tiki House, located opposite the BP or call us on (07) 866 8538, or email budget@cilt.org.nz.

Office hours

Monday to Wednesday 10.00am-2pm. If you are on Facebook, please give the Budget Service and Foodbank page a follow.

Foodbank

We urgently need reusable shopping bags if people have excess. They can be dropped into Tiki House Monday to Thursday and let reception know they are for the Foodbank.

If you are receiving a food parcel via the Foodbank, please remember to bring along your own boxes/bags to take your groceries home.

Time slots in the pantry will need to be booked by contacting Budget Services prior to 2pm Tuesday on 022 018 0849. This is essential so we know numbers and have all the items we need on site.

You will need to book in with a budgeting mentor if you need assistance over a couple of weeks.

"Budgeting does not limit your freedom; it gives you freedom."



Thames Animal Rescue

By Alice and John Parris

Firstly thank mews to everyone who has supported the unit with donations of food, tinned and biscuits. The tinned and sachets are so welcomed right now. Also thanks for two financial blessings that helped us purchase flea and worm treatments. We also thank Rosie's mum for donating Rosie's precious beds and kitty litter to us after her passing. Our rescue brats love their fancy, comfortable new beds to curl up into and are so spoilt.

Winter certainly has hit us with thunderstorms sending cats in all directions as the thunder rumbled around us and behind us in the hills. The cats are so sensitive to this noisy airborne racket. Thankfully all of the storms were short, but very, very sharp. The cold has seen all of the rescue kitties curl up under warm bedding not wanting to brave the outdoors at any cost. Lizzy, our naughty tortie, loves the game of up on roof, blatting round the roof at great speed, her and Wiki going from one side of house to other. Shame that Wiki forgot to slow right down at one end and he was heard to go thundering across the roof, onto the plastic awning, then crash into the shrubbery below. No injury to cat, just totally and utterly insulted cat who muttered cat curse words and left the scene. Highly annoyed at dopey human who couldn't stop laughing at the entire scenario.

We had an interesting conversation with a couple about estates and how many animals we see in rescue units from elderly owners who pass on and leave animals behind. Some of these older animals are taken in by family. Some, too ill or frail, are taken to vets. Others, the lucky, are young enough to go into a care facility. But most of those are like our two boys – over eight years of age. The thing that in rescue we see the most is what has been put into wills for the care of animals is not usually what eventuates for the animals – which is really sad. So for those who do have animals, be it dogs, cats, birds etc., what is your will, your last request for your beloved pets; is that fully set in place? Does your lawyer understand your love and your last request? Something that everyone who owns animals should look into and check up on so that the animals do get the care that you would want them to have.

On a happy note, our two older boys and Squirt, as my husband calls the small black girl, are all warm, happy, cosy and they have taught the wild girl how to interact with humans. It is really awesome that they have taught her trust in humans; they, in their way, are helping us to help her. Our Kera is trying to be a mouser, and between Lizzy and her are going nowhere fast. As Kera saw one that ran under her, she jumps in fright and Lizzy gained that mouse. Funny to watch but really Kera is not a mouser; toys are more her thing.

Wiki will wander around in the rain, doesn't care about getting wet and obviously far too stupid for his own good, but hates thunder.

So for rescue we are really just enjoying each other's company and just quietly carrying on as we do for the love of the rescue kitties.

Wanted – donations of tinned, sachets, pet milk. Our felines eat a wide variety of foods so are not exceptionally fussy, thankfully.

Financial blessings always welcomed to Thames Animal Rescue Team 06 0457 0095150 01 reference where you wish us to spend the money as in vet, kai, or wherever else needed.

Meow furr now.

Any enquiries please contact Animal Rescue (07) 868 2907 (afternoons best time). 532 Thames Coast Road, RD5 Thames

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Wild Stillness Retreats

By Beth Pearsall and Vanessa Edelsten

With the long nights of winter we are looking to spring for that sense of renewal, a fresh start.

We are excited to announce our Spring Refresh Retreat in Colville. With a small, intimate group size of 12 women maximum, you can escape for three days and two nights to connect and refresh your mind, body and soul.

Our Spring Refresh Retreat is all about moving through the seasons, shedding our darkness and moving towards the light. Let go of blocked stale energy and the unneeded to make way for opportunity. Connecting into the collective strength of like-minded women, feel refreshed and clear with a fuller heart and more relaxed way of being.

Embrace release as we nurture ourselves with cleansing yoga and breath practices, supportive restorative meditation and explorative dance, nourishing organic vegetarian food and ritualistic ceremony.

The Wild Stillness Retreat programme includes:

- Daily sunrise yoga
- Evening yin yoga
- Guided meditations
- Feminine rituals
- Open dance
- Relaxing yoga nidra
- Nourishing vegetarian meals and snacks
- Wellness package on arrival

Nestled in the lush valley of Colville, you will feel spirited away from the rushing world and immersed in the gorgeous gardens of our local Buddhist retreat



centre. The retreat will start at 5pm on the Friday evening and finish with a closing circle at 3pm on Sunday.

This retreat is open to women* 15 years and older. No previous experience of yoga or meditation necessary.

*This event is for cis and trans women as well as non-binary people who are comfortable in a space that centres on the experiences of women.

About Wild Stillness Retreats

We create and hold space to deeply connect with self, each other and the natural world. Allow yourself to feel fully supported in the presence of these soul-sisters. We are here to facilitate the time, freedom and experiences to let you simply be.

Spring Refresh Retreat – A Women's weekend 2-4 September at Mahamudra Centre, Colville.

Refresh yourself this spring by securing one of the 12 limited spots for this weekend like no other!

Book by email wildstillnessretreats@gmail.com. For more info visit www.wildstillnessretreats.weebly.com

Monday Walkers

By Irene Dunn

What a rainy month! Dashing in between showers to get a walk in or getting soaking wet!

So, not many Mondays walked with group this last month, but let's look ahead and find the sunshine for July.

We do our best to walk each Monday (unless it's a public holiday), meeting at Woollams Ave car park at 9am at northern end. You are welcome to join us – just remember to bring a raincoat during these wet winter months.

Lots of interesting walks coming up! See you there.

Irene ph 021 157 8408

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Coromandel Garage Ltd

GAS Coromandel is now open 24hrs for fuel after the installation of our outdoor pay terminal.

It accepts all bank cards, BP fuel cards & AA Smartfuel cards (no cash).

Our shop will continue to be open during the day with reduced hours over the winter period.

Monday to Friday 7am-6pm, Saturday and Sunday 7am-4pm.

The Workshop will continue to operate 8am-5pm Monday through Friday.

We appreciate your continued support, Darius & the team at GAS Coromandel

**24 HOUR
FUEL**

Coromandel Garden Circle

By Natalie Blasco

Our June meeting managed to coincide with a fine day between persistently rainy days, when 26 members got together for our Soup and Bun Day. Thank you to Cindy, Denise, Jeni and Lorraine for the delicious soups and Pat for the wonderful buns. And, as always, to the members who brought afternoon tea.

The 2022-2023 programme was distributed to members in attendance and those who missed out will receive them at a future meeting, plus via email. Natalie shared a dune planting schedule from Waikato Coastcare (027 289 4581), seeking helping hands in June and July at various beaches from Whangapoua to Hahei. Two of us went to one location and found it's far easier to dig in sand versus clay! Jeni and Jan B discussed the "house on the hill" in Tapu, which will feature on Grand Designs next year and will also have an open house when construction is completed. Jeni shared some details on two future trips: Taupo for three days in October and Paeroa Mystery Trip in November.

Our speaker was member Glenda Heath, who manages The Bizarre with the help of 14 volunteers. It was started in 1965 by the Anglican Women's Group; CILT has now been running it for three years. The goal is to help provide the community with inexpensive items and everyday goods that may not be available in town and to keep goods out of landfill. Money goes back into the community from grants of \$30k-40k given to community groups annually. The average grants range from \$1k-5k. Money raised also supports other CILT projects. They receive many wonderful items but some donations are dirty, in poor condition, etc., so become an expense for The Bizarre to put in rubbish. They would like to receive more items (clothes, toys, games) for children and encourage everyone to stop by and browse instead of making new purchases.

Trish has guava moth sticks available for \$3 each. Vi brought some seeds to



identify that she found on her deck after a storm, as she hadn't found anything similar growing on her property. Linda said it could be seeds from a palm tree. Lorraine shared that sprinkling a 50/50 mixture of flour and baking soda on brassicas helps deal with caterpillars in place of Derris Dust, which is now largely unavailable.

Given that it's winter and many of us say there's nothing in our gardens, we

had a surprisingly expansive and colourful collection in our five competition categories. The arrangement was Flowers, Sticks and Stones and the special was Camellia Bowl.

Our next meeting will be on **Wednesday 13 July** at The Club,

1pm. Ann Kerr-Bell is scheduled to speak on fermented vegetables at 1.30pm; arrangement is Sand Saucer and special is Citrus Surprise. Visitors and new members are always welcome to join our friendly group.

If you are interested in joining or being a speaker, please contact Kath Denize, Convenor, 022 413 6573 or Natalie Blasco, Secretary, (07) 866 7518

Taichi for health with Christina

In our class, the first thing we focus on is relaxation, which is not "floppy". The first step of relaxation is to let go of any unnecessary tension in the posture and movements. In Taichi, only the minimum amount of tension is required to maintain postures and movements. The ability of letting go of unnecessary tension increases as our body awareness increases. When the upper body becomes lighter and the base become heavier, it is the sign of relaxation taking place.

The next step we practice is sinking, which can only come after we are able to relax. Sinking enables us to "borrow the energy from the earth". This should start from Baihui (Du meridian point: crown of the head) to "swallow the qi of the heaven", and go through the body, legs and feet, through the bubbling well (Kidney meridian point) into the ground. From the views of Chinese medicine, this practice can strengthen our kidney energy, and harmonise the heart and kidney, hence to improve longevity.

Christina's weekly taichi classes in Coromandel Town are on Wednesdays at 4pm at Waikato Events Centre (above swimming pool); in Colville classes are on Mondays at 4.10pm at Colville Hall.

There is free taichi practice outdoors (weather permitting) for class members in Coromandel Town at 8.45-9.45am on Friday, Saturday and Sunday.

Christina, with over 20 years' practice and ongoing learning from world renowned teacher Wee Kee Jin and true passion dedicated to this healing art, combined with her background in Chinese medicine and acupuncture, aims to help people improve their health and wellbeing.

If you are interested in joining the class, please contact Christina on 021 113 4768 or email christinawu121@gmail.com

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Museum News

By Raewyn McKinney

The AGM of the Coromandel School of Mines & Historical Society Inc was held on 12 June at Elizabeth Park Village Hall. It was pleasing to see a hardy group of members come along to support the society. The meeting was followed by afternoon tea. We thank Marie for her wonderful sponge cake, and also the committee members who contributed to the goodies on offer. Afternoon tea gives everyone an opportunity to renew acquaintances, share stories and discuss ideas for the future. This year, Judy provided an additional highlight with a wonderful display of local historic houses, which was of great interest to everyone. We thank the committee of Elizabeth Park village for the use of their hall.

As ever, one purpose of the AGM was to select a committee for the year ahead. This year Jim Sharp and Debbie Harvey stood down from committee duties. Jim joined the committee in 2012 and has been invaluable in many aspects of the museum, particularly in the areas of maintenance and safety. Debbie has been a member of the committee since 2020 and, among other things, has taken on the responsibility of setting up and running the museum Facebook page. She has done excellent work in promoting the museum and we are delighted that she has agreed to continue with this work. We thank both Jim and Debbie for their past contributions to the smooth running of the museum.

The officers of the museum were all willing to continue and were therefore re-elected: President – Jennie James, Vice President – Judy Bronlund, Secretary – Raewyn McKinney, Treasurer – Susan Swan. We are pleased that Joanna has agreed to continue her involvement with the committee; she has been a hardworking and willing worker over the past year and has sorted out the museum library. This year she will be joined by Trudy Moody and Brett Symons. We welcome Trudy and Brett to the committee and trust they enjoy their involvement with the museum.

Members of the society, and prospective members, are reminded that subscriptions are now due. Subscriptions remain at \$15 per person per year. Now winter is here the museum is closed, apart from Thursday mornings. However, any groups who would like to arrange for their members to visit the museum should contact Jennie, or email to coromandelmuseum@gmail.com.

Here is an article describing a visit to Coromandel by Jim Thorn, who was the local Member of Parliament for the Thames electorate. He had previously served in the New Zealand Army during the Boer War and was the President of the Labour Party from 1929 to 1931. When the Thames electorate was abolished, he was appointed High Commissioner to Canada from 1947 to 1950.

From 'Thames Star' 17 July 1936:
"Mining and roading. A busy member.
Mr. Thorn's activities.

In addition to attending a crowded gathering on Thursday of last week organised in his honour by the Mercury Bay branch of the Labour Party, Mr.



Jim Thorn

J. Thorn, M.P., visited Coromandel, Kuaotunu, Whenuakite, Tairua and Hikuai. At Coromandel, in company with Mr. H. Crawford, Director of the School of Mines, and Mr. E. J. Scoble, Inspector of Mines, Mr Thorn inspected the diamond-drilling operations at the Coromandel Company's mine, and then visited the public battery to see the recently installed ball mill at work. In the evening he addressed a crowded meeting in the Coromandel School of Mines building. At Kuaotunu, Mr. Thorn met the local settlers and discussed difficulties with respect to the post office and district roads."

The museum is now closed for the winter and will re-open in October

Winning adult poem from Coromandel
Library Writing Competition 2022

Lucky

By *Elsbeth Campbell*

Cut down a dead kanuka to use for firewood
It perished quite a while ago so it was dry and good

Carried branches up the hill, sawed up the trunk in rounds
Dragged and barrowed them up too, reckon I lost pounds
He sawed the trunk to shorter length, he took the axe and split them
So now we had good firewood, the log-burner could fit them

Once more into the barrow for the carry to the shed
Last load was stacking nicely, and then "Hey, look!" he said
What we saw was amazing, for when I took a decko,
On the wood still in the barrow was a good-sized Forest Gecko!

He had survived his home cut down, and thrown and sawn and split
Two barrow journeys, seeing us, you'd think he'd take a fit!
He should have been both sliced and diced, crushed, or split asunder,
But there he was, as good as new, a Coromandel wonder!

We carefully removed the wood from round his tiny frame
And set off with the barrow to return him whence he came
By this time, his *third* journey, he was quite the hardened pro
Climbed up the side and watched the world, flashing by below

He even hung by his hind legs to see the wheel spin
We were no fun because we stopped until he climbed back in
Of course we had to wait until he hopped back in the tray
Endangered species playing squash would not improve our day

At journey's end we hated, laid the barrow on its side
He didn't want to leave and so he must have loved the ride
I ouchd him with my finger, and that put him to flight
He scuttled off amongst the leaves and vanished from our sight

We haven't seen him since, but we remember him with pleasure
An *unsliced* Coromandel life, a living LUCKY treasure!



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Library News

By Robynne Jones, Librarian

A few months back we sought the community’s feedback on a proposal in regard to improving the library’s financial stability by increasing in the membership fee from \$10 to \$20, and many people have been asking whether the library will be increasing the membership fee. From the survey we found that most people are in favour of an increase. At the next AGM, which is to be held on **Tuesday 16 August** at 3pm in the TCDC meeting room, there will be a proposal to increase the membership fee. At the AGM we will also be holding elections for the new committee. If you are interested in helping on the committee, we are always looking for new committee members to share the load.

TCDC have also come to our assistance in helping to make the library more sustainable and we would like to take the opportunity to thank them for their generous grant recently announced in their Annual Plan. Added to this has been the funds received from CILT and Kim Radick from Richardsons Real Estate which has placed us in a more secure financial position for the next 12 months.

Thank you also to everyone who has donated books to us lately. Included are some interesting non-fiction books with titles like *A Woman of No Importance* by Sonia Purnell and *On the Map, Why the World Looks the Way it Does*, by Simon Garfield. Thanks also to Ann Mc Nair for her donation of some particularly lovely art books that will enhance our art collection. What’s more, a big thank you should go to Ann for her dedication over the years, continuing to volunteer her services to repair our damaged books.

We also have a raffle going at the moment, that has a lovely collection of winter goodies to help you enjoy these long dark days. Pop in and have a look.

By now you may have ventured onto the TCDC Libraries website and logged in to your account to renew your books online. You will notice that you can only renew your books once online. If you need to renew for a second time, please bring the book into the library for us to renew at the counter or text/call us on 021 116 9654. You also need to come into the library if you would like to reset your password; the online reset is not available to Coromandel members at present.

While you were online you may have noticed that there is a new service available called PressReader. This gives you access to local and international newspapers and magazines on a huge range of topics, hobbies and interests. You can download the app or browse PressReader on your browser. Have a look next time you are logged in for the instructions on how to access PressReader using your Coromandel library account.

Another service we would like to introduce is a home delivery service, starting within Coromandel Town. This will be a door-to-door delivery of hand-picked books to members who are not able to visit the library due to illness, injury, disability, or Covid concerns. Volunteers can visit you regularly at home, with a selection of library books to suit your tastes and needs. We would like to gauge the interest in this service and any comments/suggestions are welcome.

You can send us your comments via email at corocommunitylibrary@gmail.com or phone 021 116 9654 or on our Facebook page



Embroiderers’ Guild

By Jill Rabarts

First Wednesday in the month we have the Coromandel Embroiderers’ Guild – if you enjoy embroidery and the company of like-minded ladies, please join us at the St John rooms 9.30am; you will not be disappointed. We have monthly classes and usually one or two outside tutors; we also have our very own talented tutors.

We have a “Show and Tell” table each month, get to show off what we have embroidered, also talk about upcoming classes which are always very interesting and vary to suit individual needs.

Recently nine of our Guild ladies had a weekend at Whangarei to attend their Regional Day including the 10 other Northern District Guilds. They are always a fun weekend, meeting up with other members and seeing what they have been embroidering during the year.

We have so many extremely clever and talented stitchers within the Guild. Coromandel Guild has a yearly Exhibition in November to show off a lot of the year’s work at Hauraki House. If you have never been to view, please do come and see the wonderful work.

Our next meeting is **Wednesday 6 July**. Contact Win McMinn (07) 866 7508



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\$1 CHICKEN WINGS

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7 DAYS A WEEK**

DINE IN OR TAKEAWAY

CONDITIONS APPLY

\$16 PASTA
PORK CANNELLONI,
FUNGI PAPPARDELLE,
CHICKEN & BACON PAPPARDELLE

\$20 PORK HOCK,
MASH & CARROTS

\$25 STEAK OF THE DAY,
CHIPS, EGG & ONION GRAVY

**DINE IN OR TAKEAWAY
7 DAYS A WEEK**

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**\$15 1 LTR
JUGS OF BEER**

**WITH FOOD PURCHASES
GOLDEN, EXPORT, TUI, ORIGINAL**

**COCKTAILS
STARTING FROM \$12
EVERY THURSDAY FROM 4PM**

CONDITIONS APPLY

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**6PM EVERY
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RUNNING UNTIL
MID AUGUST – JOIN IN
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**TEAMS OF MAX OF 6, MIN OF 3.
MAX OF 10 TEAMS.
\$40 A TEAM TO ENTER
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For more info and to enter phone 07 866 8503

CONDITIONS APPLY

Soft plastic recycling in Thames

Recycle your soft plastic waste, such as bags and wrappers, in the new soft plastic recycling collection bins the Thames.

The recycled soft plastic will then be turned into fence posts or building materials.

The soft plastics recycling bins are at Pak'nSave, The Warehouse and TCDC, 515 Mackay Street. The Thames Refuse Transfer Station will have one by the end of June.

The recycling bins will take:

- soft plastic bags that have been used in packaging for bread, pasta, rice, fruit, veges, toilet paper, kitchen towels etc.
- clean cling film (LDPE or resin 4)
- cereal box liners
- wrappers for chocolate, muesli bar wrappers and biscuits
- light foil bags from coffee and tea products, chips and confectionery
- courier packaging
- dry dog food bags
- netting citrus bags
- garden potting mix bags
- ice pack bags
- newspaper wrapping.

See www.tcdc.govt.nz for more info

Ann's Good News, Naturally

Bitters for a Better Family

During my many years of naturopathy and herbal medicine studies, I became fascinated with the principles of pharmacology. How pharmacodynamics looks at the effects of an agent (food or medicinal herbs), at different sites in your body. And, in contrast, how Pharmacokinetics is concerned with the effects your body has on the Herbal Medicine (or food chemical), specifically the concentrations which can be achieved at different active sites in your body, for your best health ever.

"Plant Constituents" are key chemical groups in plants,

"Phytochemistry" considers the chemicals, or constituents, derived from plants and herbs.

As with orthodox medicine, these phytochemicals all have medicinal or therapeutic actions on your body, e.g., antiviral, anti-inflammatory, antifungal, analgesic to kill pain.

My favourite acting phytochemicals are "bitters". Without the inclusion of bitter plants-foods, or if need be, herbal medicines, your digestive tract does not function its best, resulting in malnourished, depleted cells.

Bitters are substances that powerfully stimulate your tongue's bitter receptors, or gateways. Each taste bud contains around 20-30 sensory cells. Via the action of "waking up" your tongue's nerve endings, a message is sent to your brain, to send signals back down to your digestive tract – "Here comes some food, get the digestive secretions flowing."

A special hormone then circulates through your blood stream, increasing production of stomach hydrochloric acid, and pancreatic juices, impelling your liver to release bile into your duodenum in the top of your small intestine. Bitters increase essential acid production and ideally should be included with your meal or taken half an hour before meals. Many cultures recognise the value of bitter substances in promoting and improving digestive function and general health. If bitters are eaten with a sweetener, they do not work.



Benefits of bitters

- In the case of a weakened constitution, e.g., a sick child, or the elderly, bitters increase appetite for nourishing foods (rather than overly processed, comforting, bland and sugary foods). They assist assimilation and are necessary for perverted or loss of taste or smell.
- Bitter foods prevent fermentation of the intestines, correct blood sugar fluctuations and diabetes mellitus.
- We know that your whole immune system, especially white blood cells in the peripheral circulation, are increased with taking bitters.
- Because bitters optimise efficiency of your digestive tract, it makes simple sense that your whole body benefits from including bitters with your every meal.

Do you and your family need more bitters?

Shitty livered? Crave bad fats and sweets? Is your daily sweet treat a comfort biscuit, or refreshing fruit? Are vegetables the "hero" of your meals? They should be.

Get passionate about vegetables more than grains or meat. Old fashioned kiwifruit with the tart taste, rather than the hybrid sweeter ones. Do you enjoy beetroot or dandelion leaves, or lamb's ear lettuce in your daily salad?

Sluggish digestion leads to reflux, constipation, bloating and cancer, thus the need for drugs or surgery.

Do you have health issues?

Viral infections reoccurring or hard to recover from? Coughing, headaches, new allergies, aching or tingling muscles? Sweats, auto immune, insomnia or anxiety? Period changes or menopause issues? Psoriasis or unusual skin issues? Nausea or strange digestive issues? Cardiovascular concerns?

How I can help

Bitters are associated with the heart, are cooling and drying, and used to reduce fevers and dry excess body fluids. Get your personalised prescription, including digestive bitters.

Depending on your health issue, you may need to also include one of the five other medicinal "tastes" for your tastiest, healthiest eating plan, Experience vitality, longevity, and anti-ageing.

For now, love your bitters!

Contact Ann on 021 046 1647

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Coromandel Patchwork and Quilters

By Raewyn Penrose

Members of the Coromandel Patchwork and Quilters have had two get togethers since my last report.

Each month we ask a member to tell us their story about becoming a patchworker.

This month it was Judy Russell's turn. Judy first learned to sew at school – she loved it so much she would often finish her work at home in the evenings. Her sewing teacher introduced her to patchwork.



Judy Russell with picture of her first quilt

Also teaching there at the time was Kath de Forges, now a well known publisher of embroidery books and the first president of the NZ Embroiderers' Guild. Kath's encouragement inspired Judy to continue with her interest in sewing and patchworking.

In 2007, visiting a friend of her daughter, Judy saw how old jeans could be cut into strips and made into a patchwork quilt. This technique fascinated Judy, and she duly received a birthday gift from her daughter of a quilting mat, cutter and work ruler. Then she purchased a quilting book and was hooked, exploring and teaching herself many new quilting techniques.

Judy's first quilt was a log cabin design, presented gratefully to her daughter, that has kept her warm in her journey through life.

We all have stories which others enjoy hearing – how we got to where we are and why. More stories to come.

In show and tell Pam Sowden showed us her finished quilt which folds up into a cushion – quite amazing and so useful. See photo, right.

We meet at the St John rooms on the 1st and 3rd Mondays of the month at 10am to 3pm. If you are interested we would love to see you. Contact Fiona Neal 027 373 6991 or Sharon Currie 027 299 6695



Above: Pam Sowden's quilt



Left: Pam's quilt folds up and fits into this cushion cover she has made in the same pattern

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What is Kinesiology?

By Elaine Bishop

Kinesiology is essentially a complementary system of healthcare that uses knowledge of both Eastern and Western techniques for assessing and correcting imbalances in the body.

Kinesiology is a natural and holistic energy balancing therapy that is entirely safe for everyone of all ages. It takes into account the physical, nutritional, mental, emotional, spiritual and energetic aspects of your being and allows the practitioner to address the imbalances. Kinesiology combines both traditional Chinese energy systems with Western physiology.

Blocked energy can cause disease. When there is a blocked energy flow, the body has to make adaptations and compensations to stay alive. By clearing blockages to the energy system, the body can heal itself.

Kinesiology uses this natural biofeedback system which allows your body to “talk” to the practitioner during a session. As it facilitates access to your central nervous system, it is able to find out what the body is storing subconsciously that is interfering with its optimal function. When the practitioner is working with you, your body’s energy systems will react to any stresses around that issue and, in response, the information relayed to your muscle will result in an indicator change, thereby signalling there is something interfering.

It is through this muscle monitoring that we can identify the root cause of a problem and use many tools to balance the energy. This system is non-invasive, can be carried out sitting or while you are lying fully clothed on a massage table.

Kinesiology can assist you to maintain optimum health and takes into account the body’s own innate ability to heal itself. Kinesiology may help with stress, fatigue, exhaustion, emotional trauma, allergies, sensitivities, weight and digestive issues, nervous disorders, anxiety, phobias, physical pain, learning difficulties, personal growth and changing limiting and negative thought patterns that prevent you from achieving your goals and living to your highest potential.

For more information or to book a consultation contact Elaine at The Natural Alternative, 271 Kapanga Road, Coromandel. Phone 021 0894 1710



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Our new 30,000-litre tank for Jet A1 fuel

Chopper Chat

By Nigel Strongman, Trustee CRHT

Of the nine helicopter rescues in May, four were to our part of paradise.

Missions in May

10.5.22 – Coromandel – Crew tasked by the Rescue Co-ordination Centre to Coromandel to assist with the search of an activated locator beacon in the vicinity of Turkey Island. After an uneventful search, crew were stood down and returned to base.

22.5.22 – Coromandel – Crew tasked to Coromandel to assist a male patient in his 30’s suffering a medical complaint. He was flown to Waikato Hospital in a serious condition.

28.5.22 – Manaia – Crew tasked to Manaia to assist a male patient in his 50’s involved in a motor vehicle accident. He was flown to Waikato Hospital in a serious condition.

29.5.22 – Coromandel – Crew tasked to Coromandel to assist a female patient in her 60’s suffering a medical complaint. She was flown to Waikato Hospital in a moderate condition.

At long last, our new 30,000-litre tank for Jet A1 fuel is in place. The first fill has been pumped in and gauges calibrated. Commissioning of the installation and checks will take another week or so, and with final touches, it will be “up and running” in the very near future. This will be welcomed by Leith, the great gentleman who looks after the hangar, house, grounds, etc., who reckons he’s getting too long in the tooth to be driving our fuel tanker to Thames to get fuel.

The website: like good cheese, it is almost there. I understand that donations can be made on the website, but there is other work to finish it. More next month!

The Budget presented by the Government recently has promised aid to the Helicopter Rescue Service and St John Ambulance. How much and how soon, is anyone’s guess. We have it on good authority that our petition taken to Parliament last year helped jog the Government into doing something.

In the meantime, you can donate to the Coromandel Rescue Helicopter Trust – 03-1578-0116338-001, with your “name” and “donation” as a reference. All donations gratefully received. Or phone me and I will collect. A receipt will be issued. Please remember donations are tax deductible and a tax donation certificate will be sent if required.

Have a safe and healthy month.

Contact Nigel Strongman, Mob: 022 670 1549

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NEW LISTING

Coromandel 498 Wyuna Bay Road

948 sqm

Build the House or Park the Caravan

That's right, a section with no covenants in popular Wyuna Bay. Coro Harbour views, native & fruit trees. Walk via public alleyway down to the secluded beach to swim & launch your dinghy. The Owners are ready to sell, even though this section has been in the family for years. Ph Caro for a viewing today!

For Sale \$485,000

View by appointment or at www.harcourts.co.nz/CO1964



Caro Reid
M 021 0291 5531



FOR SALE

Coromandel 85 Wharf Road

7327 sqm 3 1 1

Home & Lifestyle

Looking for that lifestyle change? Take the scenic drive to the most northerly settlement on the Coromandel Peninsula and there you will find hidden away is a little gem - Colville Bay Motel.

Price by Negotiation

View by appointment or at www.harcourts.co.nz/CO1955



Maria Blundell
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NEW LISTING

Coromandel 119 Huaroa Street

918 sqm 5 1 1

Plenty of Room for All

Large five-bedroom, two storey home. Overlooks Coromandel Harbour, easy walk to town and the School. Enjoy those harbour views. Fully fenced, nearly ¼ acre, north facing with fruit and native trees, low maintenance gardens. The pool is an added bonus! Double garage with off street parking for cars and boat. Ph Caro today for a viewing!

For Sale Enquiries over \$785,000

View by appointment or at www.harcourts.co.nz/CO1965



Caro Reid
M 021 0291 5531



FOR SALE

Coromandel 1990 Long Bay Road

1130 sqm 3 2 1

Picture Perfect in Every Way

This much-loved contemporary home has three double bedrooms, two bathrooms & a large utility room. Perfect gardens sit on 1,042m2 of land framing the stunning view of McGregors Bay.

For Sale

View by appointment or at www.harcourts.co.nz/CO1963



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Mana update

By Jade Ferrière

Creativity has a cycle, a rhythm. When we align, we enter creative flow, which turns into creative momentum. First in the cycle we visualize, listen, dream and build energy. Next we create structure, support and commitment through our planning. Then, we align with spirit, focus our intention and take decisive action. Finally, we harvest the learnings, bring whatever we have been working on to completion and celebrate. This cycle repeats over and over again, in all that we do: cooking dinner, doing the laundry, growing a garden, building a house. However big or small the task, everything cycles through this creative process.

This cycle is not new. We only have to look outside for guidance and inspiration. Nature has been leading the way for as long as the earth has existed. Right now, we are welcoming the energy of winter and the invitation from nature to slow down. The question is, are we so caught up in the grind that we may miss this opportunity to build our energy, and awaken to a deeper calling within?

We at Mana have been reflecting on the many ways that we push ourselves to keep up with a society that has little regard for these natural cycles. Ironically, slowing down doesn't mean getting less done. If anything, what we are discovering is that we bring more energy and attention to the things that we are doing when we are not in a hurry.

It takes a conscious shift. We need to be willing to address the behaviours and thought patterns that keep us bound to a state of busyness. These ways of thinking are not only counterproductive, but are in conflict with our natural state of being. We will be the first to put our hand up to say we have worn the busyness badge with pride... and, the world valued us for it. Now, we see the ways that it has undermined our ability to really enjoy life.

So we are taking the badge off, and encouraging everyone around us to explore what life might be like if we align with our inner cycles, as opposed to fighting them. There are times we feel inspired, and times we don't. Times we are called to share, and times we aren't. Times when we are clear, and times we don't know. Can we create space for all of these without judging ourselves or each other? Perhaps you can join us in this contemplation?

JULY EVENTS

book online manretreat.com

15-17	Winter Relax & Wellness with the Mana Team
19	Open Floor Dance with Jade
22-24	Yoga & Wellness Retreat with Saskia Davies
26	Open Floor Dance with Pippa
28-31	A Bridge to Union Retreat with Sascha Hope & Matiu Te Huki

Combined Clubs Of Coromandel THE CLUB

Coromandel Bowling Club

By Linda Lindsay, Secretary

While the bowling activities at the Club have slowed down, the same cannot be said for the members!

We held a lovely evening in early June to reminisce and celebrate the life of John Fowler, our past Patron and longtime member of the Coromandel Bowling Club. His family very generously donated a bench and plaque commemorating his time spent on the greens and an even more generous amount over the bar for friends and fellow bowlers to toast John. Longtime friends were able to recount memories of time spent with him and it's fair to say many of these involved his competitive bowling exploits and dry wit.

We have had two attempts at travelling to Mercury Bay Bowling Club to challenge for the Winter Cup, however it has lived up to its name and winter weather has delayed the competition. Hopefully by the time this edition goes to print we will have got the first round off the green.

Our Women's and Men's teams had the same results at the Thames Valley Closing Day Tournaments with two wins and a loss over their three games.

Colin Gawith is to be congratulated on his Singles title and we wish him all the best for the Nationals.

Friday afternoon and early evenings have become very pleasant social occasions with banter, friendly conversation and the "occasional liquid refreshment"; we'd love to see you there.



Colin and Ernie trying out the new seat that is in memory of John Fowler

RSA

By Gary Pettett

Just some news and a little information this month.

A reminder of the midwinter Christmas dinner featuring the White Goat Band at the Club on **Saturday 9 July** – tickets still available at the Club but now only a few left!

Our RSA shirts have arrived and look very smart – guess who is the model in the photo – no prizes for this one!

Thanks to the RSA member who donated a meat voucher to the RSA to be auctioned. Another thank you to all of the members who took part and \$200 was raised for the children of Ukraine.

Our Saturday afternoon socials are becoming extremely popular and everyone is invited to join in for drinks and a snack from 3pm. Unfortunately, the courtesy vehicle has been sold through mainly lack of usage, but you just have to phone the Club if you cannot get over for functions and there is always someone who is happy to pick you up and return you home.

On 15 July 1915, the ship Willochra entered Wellington Harbour. A large crowd waited anxiously alongside ambulances as on board were the wounded back from Gallipoli – the first returned soldiers of WWI. One that disembarked that day was Donald Simson, who quickly realised the need for an association for returned soldiers. He called a national meeting that established the NZ Returned Soldiers Association in April 1916.

By 1920 national membership had swollen to 57,000 out of a returned soldier population of 80,000. The RSA quickly became an advocate for veterans as well as providing its own welfare services with the introduction of Poppy Day in 1922, followed by Anzac Day in 1939.



New RSA shirts



Grey Power Coromandel Inc.

By Patricia Whimp



John and I attended our first Grey Power Zone meeting last week. The Grey Power Federation is divided into seven Zones. Coromandel is part of Zone 3. Under Zone 3, there are 23 Associations. Zone 3 area covers from Coromandel in the most northern, to Wairoa/Gisborne in the south, and across from Te Kuiti and Tauranga – west to east. At the beginning of the current financial year, there could be approximately 10,000 members in this Zone, when fully paid. Coromandel has approximately 300.

David Marshall, the Zone Director spoke on the following subjects:

- Federation letter to the Ministry of Finance regarding digital exclusion for the elderly and banking hubs as bank branches close.
- Federation letter to the Prime Minister regarding cuts to services – aged home-based care services being cut.
- Lobbying continues for a countrywide standard for over-80 drivers; mock test should not be by doctors but by trainer administrators.
- Incorporated societies are all required to update their constitutions within the next

four years. The Federation is planning on preparing a template for associations.

- Ministry of Health – lobbying to government about staff issues of aged care facilities.
- Retirement and Taxation group had a great opportunity to discuss with Ministry of Social Development and Employment, concerning Grey Power subjects. Agreed with the Minister to have meetings every six months.

Grey Power New Zealand Federation is a volunteer organisation (www.greypower.co.nz) which lobbies government for benefits for New Zealanders over 50, so if you have an issue that you would like to have lobbied to government, please come and join us at our next meeting.

Our next meeting is on **Thursday 18 August** at the St John hall at 1.30pm. We have invited Denis Tegg to our meeting to discuss local transportation – or the lack of transportation to and from Coromandel.

Membership is \$28 per two members living in same house, and \$15 per single member. Bank account is 38-9023-0537303-00. Carol Carson, our Membership Secretary, is more than happy to help you.

If you would like to know more, please don't hesitate to contact John on 021 139 0189 (johngaffkincowan@hotmail.com) or Carol 021 0816 6129 (carolcarson@xtra.co.nz) or myself 027 498 5229 (patricia@prosystems.co.nz)

Colville Social Service Collective is now Colville Junction



We've changed our name! Colville Social Service Collective (CSSC) is now Colville Junction. After 24 years we realised the name didn't reflect what we currently do and we were concerned the name could create confusion as we're not actually a primary social service provider. The new name Colville Junction symbolises the coming together of our community – in the projects we deliver such as the Colville Harbour Care Nursery, Moechau ki te Moana, managing programmes such as Youth Group and Youth Mentoring, and through events, training, and so much more.

The beautiful new logo was created by Ra-Tane Edelsten and we hope will be showing on our gate soon!

Upcoming dates

Colville Harbour Care will be starting potting parties soon! First one is likely to be in August – look on Facebook for an announcement.

In October over Labour weekend we will be hosting the Easter Festival with the weekend starting off with Colville Sings Swing and Blues. In November we will be offering first aid training in Colville.

Please get in touch for more information on any upcoming events. We're open Tuesday, Wednesday and Friday 10am-3pm

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- Darkening leg and calf skin • Ankle swelling • Night cramps
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- Spider veins • Varicose veins • Past history of DVT • Leg ulcers

You may be suffering from varicose vein disease (known to doctors as chronic venous insufficiency)

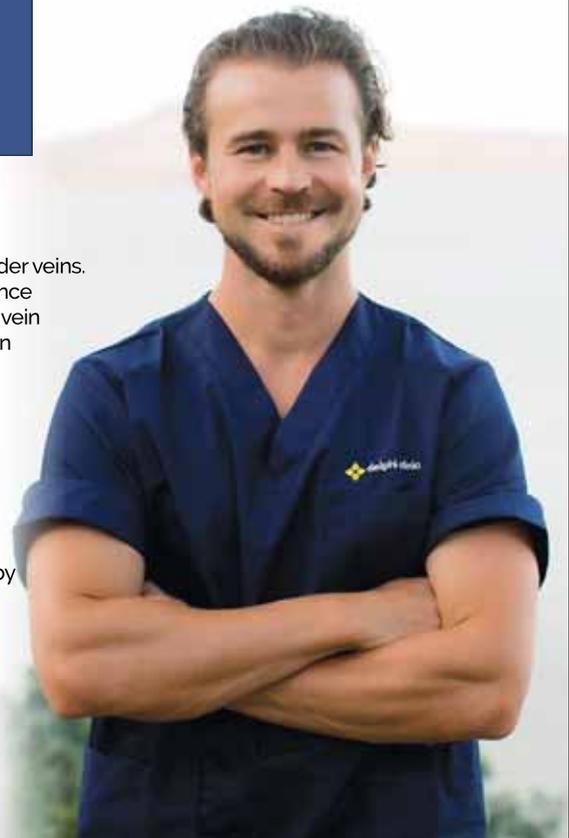
Delphi Clinic is a dedicated vein clinic specialising in the treatment of varicose and spider veins. We are affiliated with Southern Cross and we are covered by all major medical insurance companies. We provide the highest quality, non-surgical and up to date treatment for vein conditions. Our treatments are minimally invasive using local anaesthesia. Patients can walk in and walk out. No general anaesthetic is required. No overnight hospital stay necessary. Dr Zach Kidman employs skilled and personable sonographers who have years of industry experience in identifying mild to serious vein conditions. As a team Delphi Clinic offers a welcoming and caring environment for the treatment of venous problems including varicose veins and spider veins. The team looks forward to discussing your concerns and treatment plan.

Delphi Clinic has clinics in Pukekohe at Franklin Specialist Suites on Glasgow Rd, Remuera at Greenlane Medical Specialists and in Henderson at Waitemata Endoscopy & Specialist Consulting. We welcome self-referrals and health care provider referrals on our website. We look forward to meeting you.

Upcoming Pukekohe clinic dates:

- Thursday 23rd June
 - Thursday 7th July
 - Thursday 21st July
 - Thursday 18th August
- (Corner Glasgow Rd & Manukau Rd Pukekohe)

For referrals/enquiries email:
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 MBChB; BA; RNZCGP
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rangatahi OUR CHILDREN

Colville Bay Pre-school Ko te Uumangawa o nga waka taku whare ako



By Esther Powell

Kia ora, we warmly welcome children ages 0-6 to our vibrant, community-owned, early learning centre on the shores of tikapa te moana.

20 free hours for over 3s and WINZ subsidies available.

Open Tuesday to Friday 8.45am-3pm.



What have we been up to? Together we have been learning about the Matariki stars and exploring creative ways with the children to express their special characteristics. We are having loads of fun with this as the ideas and learning feed into our art and craft and music time. We've been grabbing the moments of sunshine between the rain to go on adventures, climbing and biking on the big playground at school, and all sorts of outdoor paint and messy play with Belinda Williams who we recently welcomed to our teaching team!

On Wednesdays we have our parent-toddler group in the centre from 9-11am; all welcome. Meanwhile, our four- to five-year-olds head out to "Bush Kura" or sometimes we all walk to the local beach. We love to have parent/whaanau helpers on this day. This week we had an intrepid grandma visit from France. Let us know if you'd like to come along.

Our roll is filling quickly with delightful infants coming in, and our three-plus-year-olds travelling up from Coromandel. Our pre-school minivan transport runs Tuesdays, Wednesdays and Fridays. Limited places available.

Cake stall: **Saturday 9 July**, the lovely Sandy and crew will be fundraising for our pre-school playground improvements at their dinner/gig at The Forager's Kitchen, Colville.

AGM last Wednesday in June: All welcome, nominations open for committee members.

Please enquire for details. We also invite you to join the Incorporated Society to support Charity Registered, not for profit centre.

Colville Bay Pre-school, 2391 Colville Road (behind Colville School). Phone: 022 645 3272, email: seniorteacher@colvillebaypreschool.co.nz, www.colvillebaypreschool.co.nz



Bush Kura art by Gala



Colville School

By Susie Sumner, Principal

Ā Mātou Kōrero, Our Story

Kereru class has created stories in groups using the photos from Garden to Table. The stories will be published each week to share with whānau.

This collaborative process supports the children to integrate topic specific vocabulary in their writing and uplift their spoken language to book language. It is also a really cool way to share their learning as expert authors!



Here are some of our stories:
Creep, creep, creep. Up the bush track they went. Snuggled in their blue jackets to keep warm and dry. The sun was poking through the trees and making puddles of light. "The ferns are beautiful!" said Lockie. – *Written by George, Kallem, Eva, Jack, Violet and Hailey*

As the children crept up the bush track Lockie hid behind the tree trunk. When he heard the leaves crunching Lockie popped out between the two branches. "Surprise!" he shouted. Everyone laughed and laughed. They continued their journey into the forest of ferns. – *Written by Ashton, Cam, Spike, Mara, Kyah and Osborn*



Clover, Eva and Spike were watching Willow scraping the mixture into the muffin tray. They were using a special technique. Lorna said, "Don't forget to scrape all the mixture in!" They had to work together to fill the rest of the 16 compartments. – *Written by Willow, Lani, Clover, Kaitlyn, Emile and Ebony*



Are you ready for delicious cakes, yummy treats.... and entertainment? Colville School are getting ready for their first bake sale to raise funds for the Garden to Table Programme. All term we will be flexing our baking muscles and refining our recipes for the day. Everyone is warmly invited to join us at the Foragers Cafe on **Friday 8 July** for afternoon tea from 1-3pm. It will be a wonderful celebration of the students' learning and a community get-together. This time the kids are running the show!

Ngā mihi.

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Coromandel Area School

By Jamie Rose Brown

Kia ora whānau. Over the next few weeks the preparations for our Matariki Breakfast Celebration and our Matariki Performance will be ramping up. We can't wait to share these events with you in the next issue. For now, here is some awesome writing about Matariki from some of our Year 1 and 3 students.

Matariki Writing

Sam and Te Rerehua looked for agate stones. They went eeling and looked at the sky. The Patupaiarehe stole the two Matariki stars to put them under the stones to make kakahu. – *By Punehu*

One day Sam and Te Rerehua went to a stony beach to find agate stones. They were hard to find but worth it because those agate stones were little bits of stars. At nighttime Grandad took them eeling. They saw two Matariki stars were missing. The patupaiarehe stole the two stars to make kakahu. – *By Juan-Kaito*

The seven sisters are making kites. The seven sisters are walking up the ridge. When they got there, the seven sisters tied the kites to the tree. One by one the seven sisters fell asleep. The kites flew away and the youngest sister saw the Matariki stars. – *By Ryan*

I look at the star and the moon up there. – *By Akerrah*

I like the stars because they sparkle in the sky. – *By Olivia*

The star is incredible because it can fly. – *By Tai*

The star has long arms. – *By Tyler-Rose*

CAS Boys' Rite of Passage Program

A group of CAS rangatahi have been learning in small groups to build their Strengths of Character. During Term 1 they focused on building a relationship and trust with one another, growing perseverance through surfing.

This term they are working on the character strengths of teamwork and resilience. Students must organise their gear, food and equipment for the day. They have to share equipment and care for the environment throughout the day. One day they had the challenge of the weather and

struggled to keep their gear dry and organised; this will be what they work on next! See photos.

As we near the end of Term Two we would like to say a huge thank you to all of our students and whānau for an enjoyable term. We hope you have a restful break, set to go for Term Three, keep well and stay warm.



COROMANDEL
AREA SCHOOL



Teacher Vacancy at Colville School



This is an exciting opportunity to have an enviable lifestyle and to teach highly engaged students within a supportive community. Colville is a well resourced school in a stunning rural setting.

If you want to use your talents to work alongside others who have an abundance of community spirit, passion for learning and love for our beautiful whenua, then you could be the candidate we are looking for to complete our team.

Please contact the School Principal to find out more about our special little school and request an application pack- principal@colville.school.nz
tel-07 866 6815 mob-021 091 20434

Applications Close 4pm Friday 5th August.
The role will start in Term 3 2022 or by negotiation. **School visits are warmly welcome. The position qualifies for SIA and isolation allowances. A school house is available to rent. A contribution to relocation costs may also be available.**

Coromandel Youth Group at Hauraki House

Activities, Play and Socialise

Youth Group AGM is at 5.15pm **Tuesday 12 July**; all welcome.

Term Time Hours

Monday – Adventure Time, offsite activities group, school years 6-10, 3-5pm. Tuesday, Thursday, Friday, for 5yrs and up 3-5pm. Sunday 1-3pm.

Please make a gold coin donation if you can; every dollar helps!

For more info please contact us during open hours:

phone (07) 866 7061, drop in at Hauraki House or email coromandelyouthgroup@gmail.com.

If you would like to help Coromandel Youth Group with operating costs and activities you can make donations to our bank account: Coromandel Youth Support Inc. BNZ 02-0304-0316506-00.

This programme is made possible with kind donations received and grants from: Lottery Waikato, COGS, Trust Waikato, D V Bryant Trust, Aotearoa Gaming Trust, TCDC Community Grants, Bizarre Community Grants. Thank you!



mahi toi ARTS

WTS (Watch this Space) Coromandel

By John Eaglen

By artists, for artists Shared Studios winter programme

From May until September, 20 Coromandel artists work side by side in twos and threes in the Art Room at Hauraki House, experimenting, developing ideas, sharing inspiration.

We kicked off in May with high energy in a warming up interactive workshop. The theme word was "Respond", and we made marks, passed them on, added more around the room. Then outdoors with an enormous painting sheet, pails of Indian ink and a stack of twigs and grasses. Playing with the marks we could make, responding to marks already there. Looked a mess – until we cut paper frames and looked for the beautiful "pictures" we could find. There were so many. We filled a Saturday very happily with this and more, then



the workshop was repeated on the Sunday for another group of artists.

Shared Studios time is interspersed with more artistic workshops and outings. In June we travelled to Hamilton Museum and ArtPost. The big drawcard for us was Star Gossage's retrospective exhibition He Tangata The People.

"Brilliant, gorgeous, powerful. And way worth the effort" ... "I highly recommend the Star Gossage exhibition. Some of her portraits look you right in the eye and into your soul. Truly stunning."

He Tangata The People runs at Waikato Museum until **17 July**. Get there if you possibly can.

We also saw Waikato Society of Potters exhibition "Excellence in clay", and The Monday Group's exhibition "Here and There" (both at ArtPost). Taking in all

three exhibitions together was a reminder that the greatest art often appears the simplest, and that in painting (or potting), more detail can sometimes detract from the end result.

Not a Misprint – Process 2021

Yes, that's not a misprint! Third time (we hope) lucky. The twice delayed but never cancelled Process Exhibition, featuring works commenced during last year's Shared Studios, is on at last at Hauraki House Gallery from **Saturday 16 to Sunday 24 July**, with a preview opening at 5pm on **Friday 15 July**.



Marks with ink and twigs, framing exercise



Exhibition at Driving Creek Gallery

The Driving Creek Gallery will be home to an exhibition of works from three Coromandel artists: Roimata Taimana, Phillip Fickling and Ian Preece. The exhibition, Lens Pen Paper, opens on 14 June and runs for three weeks through Matariki, closing on **Sunday 3 July**.

Three different perspectives explore themes of our unique culture, natural environment, history and spirituality and the stories and myths that connect us from the earth to the stars. The art forms include photography on various media, ink, paint, and three-dimensional paper and wood sculpture.

Our art, styles and process are all very different but at the core we are all storytellers, drawing inspiration from the world around us. We are good friends and admirers of each other's creativity and work.

The idea for the exhibition came about two years ago but was put on hold, like so many events, due to Covid. We are really pleased to be exhibiting at the Driving Creek Gallery.

As a purpose-built gallery, it is an ideal space for running an extended exhibition over a number of weeks. This gives the artists time to plan and organise and the public more opportunities to visit. It is also exciting as all three of us will be exhibiting new work.

We enjoy collaborative exhibitions as there is inspiration and energy from working with other artists as well as offering a variety of art for the public to view.

Coromandel Art Group

By Val Gray

Things have quietened down a bit now. Winter is upon us, and we are regularly meeting in the club rooms. Our new project is in progress, and we will be busy with that. Thanks must go to Barbara and Lindsay for the preparatory work they do. We all do the easy bit and just paint the section we are allocated.

Our AGM has been and gone, and our new committee is President, Lindsay Nicholls; Vice President, Val Gray; Secretary, Barbara Peddie; Treasurer, Kay Ogilvie; Librarians, Linda Webb and Sharon Whittle. We are all looking forward to a busy year ahead, and we hope with no lockdowns, etc. Thanks were given to Ross for the time he has done on the committee over the past years.

We have two workshops organised for the year, one with Vaughan Udall, and one with Bernadette Parsons. We can't wait, as we really missed them last year when they had to be cancelled. We have dusted off our DVDs as well, and had a refresher acrylic one with Alwyn Crawshaw. They always make it look so easy, but you can always learn something. The fact it looks easy makes you want to rush home and have a go.

By the time you read this the shortest day will have been and gone, and the evenings will already be getting lighter. Unfortunately, the days also get colder after the shortest day, but it is a good incentive to stay in the warm and paint.



Unmasking last year's joint project painting – the Driving Creek Railway

COROMANDEL



BUILDING CENTRE

PH: 866 8848

"We'll see you right"

OUR COROMANDEL



News from Thames-Coromandel District Council

July 2022

Te Arika Tahi/Sugarloaf Wharf Resource Consent Lodged

Proposed – concept design.



The resource consent application for the expanded wharf was lodged with the Environmental Protection Authority (EPA) in June.

The EPA examines the application to make sure it conforms to the fast-track consenting process requirements, then forms an expert panel to assess the application.

The fast-track process takes several months. The progress of the consent application can be followed at: epa.govt.nz/fast-track-consenting/status/#referred
tcdc.govt.nz/tearikitahi

COROMANDEL TOWN BYPASS ROAD SURVEY

Thank you to the more than 100 people who responded to our survey on the proposed new road to take heavy vehicles and through traffic away from the centre of Coromandel Town.

The survey feedback will be collated in a report to the Community Board. Revisions to the proposed road can then be made in order for the project to be considered for funding as part of the 2024-2034 Long Term Plan process. People will have another opportunity in early 2024, during our public consultation on the Long Term Plan, to give us feedback on the road proposal.

tcdc.govt.nz/coromandeltownbypass

Final Annual Plan for 2022/23 adopted

There'll be changes to boat ramp launching and boat trailer parking fees around our district, following the adoption of our Council's Annual Plan for 2022/23.

At its meeting on 28 June, our Council adopted fees of:

- Combined annual fee for boat launching and trailer parking – \$115
- Launching only annual fee – \$45
- Daily launching only fee – \$15
- Daily combo boat launching and trailer parking fee – \$30

These fees apply at nine Council boat ramps from 1 July, including Sugarloaf (Te Kouma).

Capital expenditure has been raised from the \$42.5 million projected in our 2021-2031 Long Term Plan for the 2022/23 financial year to \$54 million. This is because some projects scheduled for 2021/22 couldn't be carried out because of COVID and supply chain disruptions and to take account of higher-than-forecast inflation.

A proposal to change the fees charged for commercial use of our wharves has been put on hold pending further consultation with wharf users.

The average district-wide rates increase is 5.9 per cent.

tcdc.govt.nz/annualplan2022

WHAT DO YOU STAND FOR?

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STAND FOR LOCAL GOVERNMENT NOW // [TDC.GOV'T.NZ/ELECTION](https://tcdc.govt.nz/election)

2021 2022

GET READY FOR LOCAL ELECTIONS

Local elections take place across New Zealand this year with voting closing on Saturday 8 October.

REGISTER TO VOTE

Go to tcdc.govt.nz/election for information on how to make sure you can vote.

Own a property here but don't normally live here? You can still vote here. Go to tcdc.govt.nz/election for information on enrolling as a Ratepayer Elector.

STAND FOR ELECTION

Thinking about running for Mayor, Councillor or Community Board Member? Nominations open Friday 15 July.

Candidate information session:

Sunday 10 July – Council Office, 355 Kapanga Road at 10am–12 noon



Coromandel
-Colville
Community Board
UPDATE

A word from our Board Chair Peter Pritchard

"Please take some time to look at our draft Freedom Camping Bylaw and review the schedules of restricted and prohibited sites it contains. Help us get the balance right by giving us your feedback on the bylaw."
peter.pritchard@council.tcdc.govt.nz



The Board's next meeting is on 12 July at 9am, at the Board meeting room, 355 Kapanga Rd, Coromandel Town. If you wish to speak to the public forum, contact governance.services@tcdc.govt.nz
Recordings of all our Council and Community Board meetings are posted on tcdc.govt.nz/meetings where you'll also find agendas and minutes.

ALL GO FOR DOG REGO



Register your dog online by 31 July 2022



tcdc.govt.nz/dogs



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customer.services@tcdc.govt.nz
Private Bag, 515 Mackay St, Thames
Phone: 07 868 0200

mahi toi ARTS continued

Coromandel Players

By Liz Cameron

News from Heather Long

Late nights and Sunday afternoons have the Coromandel Players hard at work as they rehearse their latest play, Nick Payne's award winning modern love story, *Constellations*. This captivating piece begins with a simple encounter between a man and a woman, but what unfolds challenges audience conceptions of the world we think we know by delving into the infinite possibilities of their relationship and raising questions about the difference between choice and destiny. It takes experienced actors to meet the demands of this work, and Angus Long and Jess Ghaemaghmy are beautifully bringing out the complexities of the roles of Roland and Marianne. The play follows the pair through the comedic highs and devastating lows of their relationship, but chronological order as we know it does not exist here. Barbecues, ballroom dancing and beekeeping play out against the realms of higher physics in a play that is sexy, accessible – and emotionally devastating. *Constellations* is directed by Heather Long with David Holt. This is a community theatre production of *Constellations* by special arrangement with SFLtd and New Zealand Play Bureau Ltd. It will be on stage at Hauraki House on **Friday 19, Saturday 20, Thursday 25, Friday 26, Saturday 27 August**. Look out for tickets on sale at the Coromandel Town Information Centre.

The Golden Ass

Coming up on **Monday 25 July** is *The Golden Ass*, performed by Michael Hurst. This play, from the first century, is a dazzling combination of allegory, satire, and sheer exuberance which has inspired the likes of Shakespeare and others. Michael brings this fantastical, hilarious, and sometimes terrifying tale into the 21st century. It remains powerfully relevant today in its plea for empathy and compassion in a world gone mad. There will be no holds barred as Michael takes on this scary, bawdy, beautiful Roman classic, fusing it with his own experience as a storyteller. A thoroughly modern take on what is ultimately a story of redemption and the power of love. One man. One suitcase. A cast of thousands. Suitable for 16+. Tickets on sale at the Coromandel Town Information Centre from **Friday 1 July**.

AOTNZ

Finally a word on AOTNZ, who bring us *The Golden Ass* and six other shows this year. Arts On Tour NZ is a community-focused agency with a high level of professional expertise and a wealth of experience. It was founded in 1995 and is the pre-eminent touring agency to rural and outlying centres in New Zealand. They provide access to the performing arts for audiences in all three islands (including Stewart Island) by offering an annual selection of top-quality performers, promotional material, guidance and tour management to local presenters. Each year when we are offered the program a number of us get together to choose shows which we feel will appeal to our local audience.

The Coromandel Players recently brought an AOTNZ show, *Pat Goldsack's Swingers Club and Brothel*, to our little theatre. The show was well advertised and was clearly referenced as to the rating of



Jess Ghaemaghmy and Angus Long and Marianne and Roland

being adult only due the content. AOTNZ received a letter of complaint regarding some of the content of the show.

The Coromandel Players would like to acknowledge the complaint and say we took this seriously and have followed up with AOTNZ.

The Players trust AOTNZ, when they put shows forward, that they have an ethics committee, or some equivalent body, who view content to ensure it fits within ethical guidelines, before it goes out for public consumption, and we sincerely hope that this show will not put off

audiences attending further shows. We need your support to continue bringing affordable quality NZ theatre into our town

See you at the next show!

Thames Music Group



Auckland City Brass

Thames Music Group presents:

Sunday 3 July at 2pm – Auckland City Brass. Adults \$20, members \$15, cash at the door. At St George's Church, Thames.

Please wear masks and observe social distance.

Founded in 1938, Auckland City Brass (ACB) is a high-calibre community brass band based in Three Kings, Auckland. ACB performs regularly in concerts, regional and national contests, and at a range of community events.

The band's members are aged 15-75 and include professional musicians, university music students, and passionate amateur musicians from a wide variety of professions.

ACB is conducted by Mark Close, former Auckland Philharmonia Orchestra trombonist.



Te Aroha Singers

Free Friday Lunchtime Concert **Friday 22 July** at 12.15pm – Te Aroha Singers. At St George's Church, Thames.

Please wear face masks and observe social distance.

Enjoy hot homemade soup and a bun after the show for \$5.

Coming up in August

Sunday 7 August at 2pm, St George's Church, Thames. Sounds of the Shore Chorus (Women's Barbershop chorus). Tickets at the door \$20 or \$15 TMG members. Cash only. Face masks are required to be worn.

Friday 26 August at 12.15pm. Free Friday lunchtime concert – Auckland Men's Barbershop Quartet "Block of Flats". At St George's Church, Thames. Enjoy hot soup and a bun after the concert for \$5. Face masks are required to be worn.

www.thamesmusicgroup.com

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Coromandel Peninsula

Coromandel Open Studios Arts Tour 2022

By Charlene Scott



The Coromandel Open Studios Arts Tour is back on this year with 47 artists involved. The tour runs over the first two weekends of **October (Saturday 1-Sunday 2 and Saturday 8-Sunday 9)**, when participating artists open up their studios to the public. With the tour having been cancelled last year there should be lots of exciting new artwork to see. For a sneak preview, check out our website www.coromandelartstour.co.nz.

Dany S. Pike

Dany, originally from Germany, only moved to Coromandel last month and is still in the throes of unpacking and settling in. She has moved from Wellington where she worked in makeup artistry for screen and stage.



Dany's work

Her specialities are being character/special effects makeup, wig work and body painting. She has successfully led the makeup artistry department of the Wellington Institute of Technology for the last 17 years.

Sculpting prosthetic pieces was part of her training and ignited her passion for clay work. The many global and personal challenges of 2021 led her to a time of reflection and rekindled her love for sculpting. After spending some time in the Coromandel during this period, she decided to make the bold leap to move to here and focus more on her art.

Dany channels energy and emotions, with a strong spiritual and Earth-based connection, to create her art pieces and goddesses. Her figures, both on paper and in clay, are heart-centred to resonate deeply within. She uses flowing forms and postures inspired by the grace of dancers, yogis, and ancient goddesses to shape unique altar deities and pendants to treasure.

To see her work, visit Dany during the Arts Tour or check out her page on the website www.coromandelartstour.co.nz



Julie Dann

Julie Dann

By Vaughan Udall

New artist on the Open Studios tour, Julie Dann, has been life drawing for years before starting to paint sea and landscapes when she moved to Preece Point.

“Every time I look out the window it’s different – the clouds, the colour of the sea,” she says. “I suddenly started painting this winter after completing work on our house and holiday studios. Now I have to paint every day or I get a bit twitchy.

“I could probably paint by the square metre! I just love it. I use the biggest brushes and try to be bold and free. Local artists have been a huge help and encouragement, as has my husband.”

Of course, not all of Julie’s paintings make the final cut. As each one evolves, it either clicks or doesn’t. Those that don’t make the grade get recycled.

Views of Te Kouma and other nearby beaches figure in her seascapes, as well as commissioned life drawings. “I’m a teeny bit in awe of clouds, and light and dramatic skies. Sometimes I just have to stop and take a picture of a sky so I can then paint it back at home.”

After university, Julie was a graphic designer. Among her jobs was designing posters for the Royal Shakespeare Company. She then became a journalist, and worked in the UK and Auckland before becoming production editor of the Sunday Star-Times.

“It was a huge lifestyle change when we moved to Coromandel four years ago. But this is the life I always wanted – surrounded by friends who pop around, beautiful countryside and visitors staying in our studios. We’re so blessed to live here.”

To view Julie’s art, visit her during the Arts Tour or check out her page on the website www.coromandelartstour.co.nz.

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Coromandel Town

New dates – 16 to 24 July
Preview opening 5pm Friday 15 July

Hauraki House requires
vaccine pass for entry

Exhibition of art created by
Coromandel artists in the 2021 Watch
this Space Shared Studios Programme

te taiao ENVIRONMENT

Phil Wilson's guide to trapping success

What started as a way to get out of the house during lockdown quickly turned into an innovative trapping venture. Now, thanks to Phil Wilson's clever and out of the box methods, residents of Pauanui are seeing some of New Zealand's rarest birds wading through their backyards.

Phil is part of a team keeping predators out of their local wetland and adjacent Tairua Forest.

He and his sons have caught some 4,000 introduced predators, ranging from massive possums and elusive stoats and ferrets, through to rats, mice, hedgehogs and the occasional feral cat.

Phil says he learned a lot of what he knows from his mentor, Tim Ferguson, who got the trapping programme up and running in the area back in 2004.

Using Tim's knowledge as a foundation, Phil set out to figure out the best trapping techniques any way he could – talking to other trappers, watching YouTube videos, reading – and was open to adopting whatever worked well.

A well-stocked stoat-catching pantry

His tools of the trade are peanut butter, vanilla, yolckless eggs and beef fat.

Beef fat and peanut butter are particular favourite foods of the local pests and do well to attract them to the trap boxes.

"The fresher the bait, the more introduced predators you get," Phil says.

"If you have a rotten egg in a trap, the introduced predators won't go near it."

A big part of maintaining freshness is checking traps daily or every second day and thoroughly cleaning them out before resetting them.

The evidence locker

Phil meticulously records every catch – what trap it was caught in, where and using what bait. He takes a photo and records the details of the catch on Trap.nz, an online tool for recording trap, bait, monitoring and biodiversity data.

The tool lets him see what's been successful in the past so he can adjust his approach; it's helped him perfect where he places his traps. It also comes in handy when applying for funding for his projects, or tackling sceptics.

Perhaps the best evidence of the success of Phil's efforts is in the wildlife that's come flocking back to the area. Dotterels are now regular nesters in the local wetlands and the trees are alive with bellbird song.

Ground, air and water

Catching predators is only part of the equation though. Phil works closely with local resident Clare Holt to plant native trees too. They've planted between 200 and 300 trees so far.

Phil and resident Sharon Stannard are working on a plan to keep their local waterways clean too. They're currently developing a long-term conservation strategy that the Pauanui Residents' Association can



Brothers Daniel and Matthew Wilson.
Photo credit: Phil Wilson

use in years to come.

"We're providing areas where the wildlife can come back," says Phil.

A group effort

Although it's Phil's name on the company registration, he says he couldn't do what he does alone. His family is a massive part of the operation. His sons, Levi, Matthew and Daniel, have all put in hundreds of hours going out to check traps, clean them and re-bait them.

His wife, Noleen, was his biggest supporter when the trapping efforts first got underway. She's now sole-charge of the paperwork side of the trapping business.

After the trapping project had proved itself as worthwhile in that initial year, local businesses jumped on board to help fund it. The Pauanui Lakes Resort Residents' Association pitch in too.

Phil has big ambitions to expand his work and would love help from plant nurseries who are willing to donate native trees for planting or mechanics who could service the work vehicles that "take a lot of battering up in the forest".

Article supplied by www.predatorfreenz.org (abridged)

UCLA conservation news

By Reihana Robinson, spokesperson UCLA

Feel the love

A bit of an odd title for our column but we understand it is the internal catchphrase of the biodiversity employees at the Bay of Plenty regional council. Not a bad concept when you think about it. And out at Aotea/Great Barrier there is also a positive vibe partly as a result of the work by local biodiversity employees of the Auckland Regional Council who supply rat traps free of charge to local residents. Wouldn't it be helpful if Waikato Regional Council did the same?

Here's a korero from conservation coordinator on Great Barrier Lotte McIntyre: "The Aotea Trap Library was set up by Aotea Great Barrier Environmental Trust, who ran it as a volunteer trap library to start off with. They soon realised the need for a paid coordinator and received funding for this role from World Wildlife Fund (eight hours per week).

"We have 'trap depots' in four different places on the island: One at a school, one at Glenfern Sanctuary, one at Motairehe marae and one at the coordinator's property. People can pick up traps for free from any of those places as well as at local market days.

"The local Auckland Council biosecurity team (Shanti Morgan, Annamarie Clough and Jeremy Warden) are very supportive and make a tools budget available for this and other environmental projects each year. All we have to do is provide a realistic estimate of how many traps and wooden boxes we will need, as well as other tools like tracking tunnels, etc., and cost it out. They take care of the rest! We also supply free peanut butter for the Aotea trappers, thanks to donations from Fix and Fogg."

Keep in touch with the Aotea Trap Library via Facebook: www.facebook.com/groups/1079222065768959.

Millions of dollars have been given to organizations that state support for conservation but none have provided traps free of charge to locals. Let's see a change.

Killing trees using glyphosate

Do we have a climate catastrophe? Do we care? How do we kaitiaki our whenua? It seems the latest government plan is to poison our way to a healthy, sustainable, vibrant soil and natural wilderness by drilling and filling or spraying glyphosate from helicopters to kill wilding pines?

Millions of tax dollars are intended to poison trees on the Coromandel. The budget so far on just one private island (two-thirds plantation pine) is \$30,303. This includes \$2,600 for containers of glyphosate 510 and Roundup Ultra Max; \$1,000 for food for operational team; \$13,727.24 for four field staff. WRC contributed an extra \$4,231 of staff time comprising administrative planning, contract pre-start and auditing commitments.

Killing wild animals using poison 1080

How do we keep healthy kai in our forests? Poisoned carcasses cannot be eaten where aerial and hand-placed 1080 has been dumped. UCLA awaits the outcome of the rāhui to halt aerial 1080 and the use of all residual poisons on Moehau. The rāhui was placed by mana whenua rangatira Frances Henare.

While inflation is going rampant there are a lot of people going hungry at the same time good, healthy food in our wilderness is being poisoned by DOC and WRC and enviro groups. This is a morally bankrupt reality. Many whanau were eating goats until they were wiped out with poisons. Many whanau eat wild pigs, rabbits, even possums. There will be no wild kai if we continue to poison our future. We need to work together for a healthy wilderness. We need to stop placing and dumping inhumane chemicals onto Papatūānuku.

Funding grants for Mahikarau and Thames Coast Kiwi Care

By Denis Tegg, Thames-Coromandel representative on the Waikato Regional Council

Two Thames-Coromandel community projects working hard to protect kiwi and other endangered species have received large funding grants from Waikato Regional Council's Natural Heritage Fund.

Thames Coast Kiwi Care Inc. has been granted \$270,000 over four years for predator traps and a paid coordinator.

The Thames Coast Kiwi Care group has shown amazing perseverance and received huge community support over 16 years, and they have a large volunteer base. This commitment is reflected in the 15% annualised increase in kiwi numbers – an outstanding result in comparison to a 2% national decline and 4% increase across the Coromandel in the kiwi population.

The group's persistent predator control programme has helped the local kiwi population on the Thames Coast increase from an estimate of 28 birds in 2006 to an estimate of approximately 250 kiwi in 2021. Without the Thames Coast project, the local kiwi population would almost certainly have disappeared.

The Mahakirau Forest Estate Society Inc., located on the 309 Road, will receive \$210,000 over four years.

This project centres on predator control and the prevention of biodiversity loss of three of New Zealand's most endangered species, each now only found in the Waikato region: Archey's frog, northern striped gecko, Helm's butterfly.

I am so thrilled these local projects have been recognised for the outstanding work they do.

Forest & Bird

By Kate James



Forest & Bird
GIVING NATURE A VOICE

Waitete Bay, Torehina and the surrounding area are very special. We have beautiful beaches where we can swim at all tides and behind the beach is Thames Coromandel District Council (TCDC) reserve land. Torehina Stream Reserve links to the Kauri Scenic Reserve which has some nice remnant coastal broadleaf and podocarp forest. Directly around Torehina is regenerating native coastal forest, puriri, nikau, kohekohe and pohutukawa.

But this area suffers from coastal erosion as well and the negative impacts from pest animals and plants. Over the last few years Forest & Bird have been working with TCDC, and funding from the Waikato Regional Council (WRC), to set up some traps by the beach, control environmental weeds, and plant coastal sites to help stop erosion and suppress the regrowth of weeds. This year we secured further grants from the Coromandel-Colville Community Board, TCDC, and WRC to infill and increase plantings as well as set up possum and mustelid (and rat) traps through the Kauri Reserve. We are incredibly lucky to have the expertise and skill of Moehau Environment Group and some wonderful local volunteers to install and service these traps.

This project complements the pest control work being done outside the reserves by Moehau Environment Group and extends the safe spaces for native wildlife. We love being involved in caring for the beautiful Waitete Bay area so we can all enjoy this place and know it is healthy and thriving.



McGregor Bay Wetland

By Pamela Grealey

Beauty is in the eye of the beholder, and the time of year!

Wetlands used to be thought of as unproductive land that needed to be drained and repurposed for cattle grazing or other farming endeavours but now we know just how vital they are to the wellbeing of the environment. They purify water, prevent floods and erosion, store carbon, process nutrients, and act as nurseries for bird and marine life. And coastal wetlands, like our own McGregor Bay, are the most beneficial of all wetlands in this respect

But some wetlands get a bad rap about their looks as they don't have golden sands or towering kauri. Instead they have their own understated charm as they go about the

unassuming business of protecting the land from coastal erosion and also acting as a filter, by trapping sediment and pollutants from land runoff.

The look of a wetland also changes depending on the season or rainfall. In autumn and winter it can appear dark and muted as the oioi and yellow button wait patiently for spring when they can flower again, spreading colour amongst the mangroves and sea rush. The wetland's winter plumage conceals the shy banded rail, who wait for spring, unlike the showy spoonbills who fly to warmer climates for their winter break.

So don't judge a winter wetland by its cover; the beauty of it this season is in its hard work to ensure that the year-round residents are fed and sheltered and that it's ready for the next influx of visitors.

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31 JULY - BRUCE CLARKSON "BRINGING INDIGENOUS NATURE BACK INTO NZ CITIES AND TOWNS"

AUGUST 14 - IAN STRINGER "SAVING THE MERCURY ISLAND TUSKED WETĀ"

SEPTEMBER 25 - BRENDAN DUNPHY "SEABIRDS AS OCEAN INDICATORS OF CHANGE"

7 PM AT PEPPER TREE RESTAURANT COROMANDEL
FREE EVENTS BUT KOHA WELCOME

te taiao ENVIRONMENT continued

Moehau Environment Group

Conservation sessions at CAS

Thirty-five budding conservationists from Rooms 5 & 7 at Coromandel Area School spent time with MEG in June learning about predators in the rohe and the damage they can cause to the native wildlife. An upclose lesson with the MEG predators was followed by a hands-on session where the kids were able to make their own rat traps so they can do their own bit for conservation.

Thanks to all of the awesome CAS students for their fantastic mahi! Thanks also to the Star & Garter Hotel for their donation from Pizza Sundays in 2021 that allowed us to purchase the materials for this awesome session.



MEG Winter Lecture Series

The popular MEG Winter Lecture series is back in July! Come along to Pepper Tree Restaurant at 7pm on several Sunday evenings throughout winter and hear from yet another great lineup of experts. This year's speakers include Ian Stringer, who received an order of merit in the recent Queen's Birthday honours for his work saving the Mercury Island tusked weta; Professor Bruce Clarkson, an ecologist from Waikato University; Lee Hill from Kauri Rescue; and Dr Brendan Dunphy, an expert in seabirds from the University of Auckland. See the advert on page 29 for more info.

Let's hear it for our volunteers

19-25 June was Te Wiki Tūao ā-Motu – National Volunteer Week, which celebrates those who do "Mahi aroha, doing work for love" around Aotearoa.

MEGs mahi is largely driven by countless hours of voluntary work by a large group of dedicated volunteers. Their contributions to conservation in the rohe, whether clearing traplines, taking part in weeding events or cleanups, building traps, sharing and connecting with the community or even being part of the MEG committee, are all fundamental to our goal of protecting the native wildlife in the rohe. Heartfelt thanks to all of the volunteers whose mahi aroha (doing work for love) for MEG and many other worthy organisations is appreciated beyond words.

One of our very special MEG volunteers with a real passion for the environment is Susan Swan. Susan has been involved in trapping on the peninsula for almost 20 years and our CKP coordinator Vicki says Susan has probably hiked over every part of the peninsula. Every month she does her trapline up to the top of the range above Coromandel Town, plus she will pick up other lines when people are away or out of action. Susan also volunteered for many years as an ambulance officer for St John.

Thanks, Susan, for all of your mahi.

Have a great month everyone!

See www.meg.org.nz



Moehau ki te Moana

Year 1 complete!

We can't quite believe it, but here we are approaching the first anniversary of our project.

What a year it has been! Firstly, another huge thank you to those involved and supporting this Project – our farmers, Pare Hauraki Iwi Collective, Colville Junction, Colville Harbour Care Nursery, Ministry for Environment, Waikato Regional Council, NZ Landcare as well as our local community. The efforts undertaken on the ground by these farmers are already having positive impacts on our local awa and the species that use these corridors. These improvements don't stop there though, as we all know that rivers flow to sea. We hope that, over time, Tikapa Moana-o-Hauraki and Moana-nui-a-kiwa will feel the benefits of the extensive fencing and riparian planting efforts.

As I write this we are taking bookings for our free collaborative workshop with Driving Creek Conservation Park. This Stream Monitoring and Assessment workshop is based on NIWA's SHMAK testing and provides simple and scientifically-sound tools for monitoring the ecological health of your stream. It is designed to be used by landowners, individuals, community groups and iwi and this workshop is being run by our in-house expert Nathan McCauley. Check the next Chronicle or follow www.facebook.com/Moehau.ki.te.Moana to see how this event went! Thank you to the support of Driving Creek Conservation Park – may this be the first of many collabs!

Stay tuned for upcoming events including the ever popular potting parties at Colville Harbour Care Nursery, as well as further exciting seminars and workshops. With your support and awareness we can help create a better future for our taiao (environment).



Native plants being delivered to the riparian site



Driving Creek Conservation Park

By Kate James

New Zealand frogs/pepeketua

Did you know we have three types of frogs here on the Coromandel? Two native and one introduced species.

The frog you see around the garden is the green and golden bell frog, which is green or yellowy with gold or bronze-coloured patches. In the 1860's these frogs were introduced from Australia, and they have since become common around the North Island. Bell frogs are the biggest frog we have in New Zealand, growing up to 90 mm long, and they have a loud call. Females can lay between three and ten thousand eggs which hatch into tadpoles after about two days and grow into frogs about two months later.

Our native frogs are very different; they are an ancient and primitive group of frogs that has changed very little in 70 million years. They are small, silent, and cryptic. Archey's frog is our smallest and rarest native frog, growing up to 37mm long. It lives in damp forest habitats usually above 400 metres but has been found as low as 100-200m above sea level on the Coromandel. We do not have Archey's frogs at Driving Creek, but we do have Hochstetter's frogs. These natives are semi-aquatic and nocturnal; they are brown-green to brown-red with dark bands and warty skin. They are much smaller than bell frogs; adults are less than 50mm long. Hochstetter's frogs don't croak and don't have an aquatic tadpole stage. Adults lay only 20 eggs or so each season; the tadpoles develop inside the eggs and hatch as froglets. Unlike the fast growth rate of bell frogs, it can take 3-4 years for the Hochstetter's froglets to develop to full adult size. We are lucky to have such amazing creatures here on the property. We can all help protect these very special and rare native frogs by increasing predator control at key sites and restoring stream habitats.



Can you spot the Hochstetter's frog?

hākinakina SPORT

Coromandel Golf Club

By Malcolm Stone

Course holding out well

It's a quiet time of year as far as competitions go, but on the ladies' side, Glenise and Janine will be fighting it out in the final of the match play, Gunn Trophy. The men are currently battling out for the Top Dog, again a match play competition.

This time of year, with all of the rain we have had, golf always becomes a little harder. Although the course is holding out well, there is very little run and the ball doesn't travel so far in the cold air. Consequently, scores and handicaps tend to go out.

It also means that we have to look after the course a lot more. There may be times when we have to ban golf carts on the course when it is really soft. There will be other times when they may be used but care needs to be taken by keeping to the tracks as much as possible and avoiding the obviously wet areas.

In soft conditions it becomes even more important to repair divots and ball marks.

So, enjoy your game but think of the course managers – try not to make their job more difficult.

By the time you read this, the first part of the car park resurfacing will have been completed with a portion of the car park laid in concrete. Watch this space for further developments.

“Who'd have known?!”

What is the meaning of “golf”? You may very well ask, especially after a particularly bad round.

Many thought the word GOLF was an acronym for Gentlemen Only Ladies Forbidden. Apparently, this is a 20th century joke and definitely not true, although you may think otherwise after visiting the upper-crust clubs.

“Golf” is actually derived from an old word meaning “club” and was first documented in Edinburgh on 6 March 1457, when King James II banned “ye golf”, in an attempt to encourage archery practice, which was being neglected.

Before dictionaries, people wrote phonetically. Goff, gowf, golf, goif, goiff, gof, gowfe, gouff and golve have all been found in Scottish documents.

Dr John Rattray, the winner of the Silver Club at Leith in 1744, 1745 and 1751, refers to the “Gouffers” in a letter in 1752. I'm sure many of us have felt like “Gouffers” many a time whilst slashing around the golf course. I certainly have! I might be better off with a “club”.



Coromandel Croquet Club

By Kaye Anderson



The days are short, the nights are long
So we change the time once again
And start our games on the dot of 10
Don't get it wrong!

If you would like to come and play
Just call Kaye
It's (07) 866 8968
Please don't wait
Call her now – before it's too late

We meet on Tuesdays, Fridays too
The club's in Woollams Avenue
Come along at quarter to ten
We'll give you a mallet and lessons too
We'd love to see you
Come quite soon!

Coromandel Recreational Fishing Club

The club was hoping to host one final competition to end our financial year but unfortunately the weather didn't play ball and our three species over two days competition had to be canceled.

The club's Fish of the Month competition for the \$100 prize for current members was snapper for May and not a single snapper was weighed in for the prize. Fish of the Month for July is yellowtail mackerel so if you get one be sure to weigh it in for the prize because you never know your luck.

As mentioned above, we are coming to the end of our financial year so our AGM will be held on **Sunday 14 August** 3pm at the Admirals Arms. We are always looking for new members for our committee to keep our local club going so come on down and join us!

GIVE A LITTLE SUNDAYS

\$10 PIZZA SUNDAYS

\$1 from every pizza is donated to a local community service.

This month:
Coromandel Area School
AIMS Games

**ALL DAY EVERY SUNDAY
DINE IN ONLY**

STAR & GARTER HOTEL
 Coromandel Town

CONDITIONS APPLY

WANTED

VEHICLES: DEAD, ALIVE, DAMAGED,

de-registered, mechanical problems, no WOF – we buy it all.

We pay top cash for any cars, vans, utes, 4X4, trucks

Conditions apply

FREE Pickup

24/7

Freephone now on 0800 333 398

Or text 021 344 449 www.vehicleremovals.co.nz

Classifieds

Classifieds cost 30 cents per word – please email your words to corochronicle@gmail.com or call/txt Debbie on 021 235 6648.

PROFESSIONALS

A COROMANDEL PLASTERER. For new homes and all renovation requirements I offer 25+ years' experience for a professional plastering finish. Doug Marsters 022 019 9255.

ABBY'S HEALING HAVEN 021 352 486. Chakra and energy clearing, crystal calibration 90 minutes -\$140, appointments via video link or in person. Organic Ayurvedic facial massage, 30 mins- \$55. Breakthrough Tapping session, 60 mins - \$100, an effective self mastery method for dealing with all stress and anxiety also self sabotaging behaviors. Online or in person. Intuitive Tarot and oracle reading, 45 minutes -\$60. See more at www.abbyshealinghaven.com.

ALL HOUSE AND PROPERTY REPAIRS AND MAINTENANCE. Ph/txt Andy 25 years' experience 022 346 2040.

BALLET CLASS FOR ADULTS. Venue: Coromandel Citizens' Hall 455 Kapanga Road Wednesdays 9.50am-11.20am \$10. Ph: Marilyn Swan 027 336 5263. Registered Teacher and Life Member Royal Academy of Dance. Visitors welcome. Covid Protection Framework applies.

BICYCLE REPAIRS, SERVICING AND SALES. Find some of my bikes on my FB page (Miles Watson recycled bicycles and repairs). I can also pick up old bikes and parts from your house. 020 4150 6575.

BRICK AND BLOCK LAYER. Laurie Gordge (07) 866 8200, 027 494 9573, buddy10@xtra.co.nz.

BRICK AND BLOCK LAYING SPECIALISTS. L.B.P. Phone Joel 021 0234 0210.

BROKEN GLASS? Call Mike Coromandel Glass (07) 866 8869 or 027 661 0190.

CARPENTER WANTING WORK. Alterations, new houses, additions, no job too small, licensed building practitioner. Ph 021 675 575.

CHIMNEY SWEEPING and safety inspections, repairs & maintenance, insured. Call Rich Visick 027 424 4217 Thames Coast based but happy to travel.

COMPUTER FIX. Your local support and expert for computer repairs, upgrades, backup solutions, virus removal, software problems, purchase advice or tuition. Micha Wellnitz, ph (07) 866 8932.

COROMANDEL GARAGE DOORS. Ph: Don McLean 022 453 2188. E: corogaredoors@gmail.com; W: www.corogaredoors.co.nz.

COROMANDEL HONEY LTD. Local beekeepers. Honey for sale and manuka sites wanted. Call Evan on 021 533 826.

COROMANDEL STUMP GRINDING. Local operator based in Coro town. Contact now 027 451 2224 or Email dynamictreecare@gmail.com.

GENERAL HOUSE & PROPERTY MAINTENANCE & HANDYMAN SERVICES. Phone Mike 027 240 9084. Coromandel and surrounding areas.

GIB STOPPER – Richard Field. Local and coastal. Ph 029 778 8645.

GIB STOPPER/PAINTER. Alpha Drywall, Geoff, local 022 027 0290.

MORTGAGE ADVISER – Need to chat through your home lending requirement? Available on Zoom, email, phone or FB Messenger to help you when your bank won't answer or they say no. 20 years' banking experience and I provide solutions for first home buyers, property investors, small business owners or clients wanting to refinance. I have over 20 lenders to give you options. Email Karen.raggett@loanmarket.co.nz or phone 027 534 8975.

NEED A PAINTER? Quality work for a fair price, no bullshit quotes and I can do your garden too. Ring Thomas on 028 400 4120.

POOL QUEEN LTD. Mobile Pool & Spa services Coromandel Peninsula. Call the Pool Queen to have your pool clean. Sharleena Tucker 027 316 3384.

RANCH SLIDER WON'T SLIDE? Call Mike Coromandel Glass (07) 866 8869 or 027 661 0190.

ROOF KING LTD. New roofs, re-roofs, leaks, spouting, downpipes, and general maintenance. Ph Eli 021 160 6790.

SOLAR SYSTEM DESIGN & INSTALL. Good Energy your local solar specialists based in Whitianga. Ph Simon 021 242 3394.

WINDOW CATCH BROKEN? Call Mike Coromandel Glass (07) 866 8869 or 027 661 0190.

STUMPGRINDING. Machine assisted stump removal, all sizes all areas. Ph 021 060 7659.

FOR RENT

A&JS STORAGE. Totalspan units Ph Judy 021 071 2252.

FOR SALE

COROMANDEL FLOWERS. For all of your fresh flower needs contact Elisabeth 021 211 9556.

FIREWOOD, \$150. Tree rings, free 027 959 9992.

WANTED

AUCKLAND COUPLE wanting to retire on the Coromandel are looking for a section preferably with views and access to the coast. Do you have land you may wish to sell privately? Please phone 021 064 6562.

NATIVE WOOD Bill and Ben, two woodturning men, are looking for wood which they can put on their lathes to turn into bowls and candlesticks. Do you have any pieces of timber you do not need or want? Are you planning on cutting down a tree? We'd be happy to come and remove the stumps, logs, or any larger pieces we could use. Happy to trade and give you back a beautiful turned bowl. Please txt or leave a message 022 101 7411.

(NOTE from editor – I missed the last digit off the phone number last issue – please use this corrected phone number).

VEHICLES WANTED. Cars, trucks, vans, utes, 4X4's. Wanted dead or alive. \$ Top cash paid \$. Phone 0800 505 099.

WANTED ALL LIVESTOCK. We inspect in the paddock. Also we transport every Thursday to Waikato's largest saleyards in Morrinsville. Phone Dave Coatsworth 027 481 7100.

WORK WANTED

DYNAMIC TREE CARE. Council approved professional local arborist service for all tree work. Fully qualified, equipped and insured. Health and Safety compliant. Free quotes. Jobs large or small. Stump grinding. Call now (07) 866 8177 or 027 451 2224.

HOME AND OFFICE CLEANING SERVICES AVAILABLE reasonable rates and a reliable, proven service. Please contact Lynda 027 227 5077.

STUMPGRINDING. Machine assisted stump removal, all sizes all areas. Ph 021 060 7659.

TREE SERVICE. Dismantling or pruning. Free quotes. Call Jeremy Haszard 027 421 0603.

PUBLIC NOTICE

HAURAKI HOUSE MANAGEMENT COMMITTEE AGM Friday 2 September at 10.30am Youth Group Room, Hauraki House. Members of the public are welcome. Enquiries to secretary Liz Cameron 027 494 118.

OTHER

AGE CONCERN FALLS PREVENTION Strength and Balance exercise class for seniors. Coromandel Gym, Pottery Lane Tuesday and Thursday, 10am, \$2. Vickie (07) 866 7894.

Coromandel Town weekly and monthly meetings

Every Day

Free meditation at Mahamudra (except during silent retreats)8.30-9am

Every Monday

Step Aerobics at Coro Gym 8am

Coromandel Hikers' Group, Hauraki House, Colin & Elspeth
(07) 866 7137 9am

Monday Walkers, Woollams Ave car park north end, Irene
021 157 8408 9am

Gold Fit at Coro Gym 9.30am

Coromandel Playgroup, St Andrews Church Hall, Rings Road.
Contact Angee 021 255 0399 9.30am-12.30pm

Taichi classes, Colville Hall, contact Christina on 021 113 4768 4.10pm

Bridge, St John rooms 7pm

Taizé 4-part harmony singing, contact Sally 027 302 4245 7.30pm

Every Tuesday

Croquet, Woollams Ave, Kaye (07) 866 8968 9.15am

Coro Walking Group, Lotto Dairy, Ruth (07) 866 7246 9am

Age Concern seniors' exercise class, Coromandel Gym. \$2
Vickie 027 417 7077 10am

Yoga for everyone, Colville Hall, Kate 021 125 3152 10am

Playcentre, Woollams Ave 10.30am-1pm

Na Ihowa Ahau after-school kids club (term time only), Anglican Hall,
contact Anita 027 259 1085 3.15-4.45pm

Yoga with Becks, at the Anglican Church Hall, 170 Tiki Rd, \$10-15.
Contact 027 407 0079 5.30-6.45pm

Social badminton at Manaia School gym, term time only. Cost \$2.
Contact Lorraine 027 441 7017 6pm

Coro Motorcycle Club, Star & Garter, John 027 234 1013 7-9pm

Every Wednesday

Step Aerobics at Coro Gym 8am

Pastel Artists Coromandel, Coro Aero Club Rooms (07) 866 7220 .. 9am-12pm

Gold Fit at Coro Gym 9.30am

Ballet Class For Adults, Coromandel Citizens' Hall, \$10 per class.
Contact Marilyn 027 336 5263 9.50-11.20am

Taichi classes, Waikato Events Centre, contact Christina on 021 113 4768... 4pm

Every Thursday

Coro Walking Group, Lotto Dairy, Ruth (07) 866 7246 9am

Coro Art Group, St Andrew's Church Hall, Lindsay (07) 866 7799 9am-12pm

Tai Chi, Waikato Events Centre (above the swimming pool) 10am

Age Concern seniors' exercise class, Coromandel Gym. \$2
Vickie 027 417 7077 10am

Free Guided Meditation, Havalona Pyramid 10-11am

Free Drop-in Dharma Talk or Video at Mahamudra 7-8.30pm

Every Friday

Step Aerobics at Coro Gym 8am

Community Gardens volunteer day 8.30-11am

Yoga for everyone, Anglican Hall, Kate 021 125 3152 9am

Croquet, Woollams Ave, Kaye (07) 866 8968 9.15am

Playcentre, Woollams Ave 9.45am-12.15pm

Coromandel Home-school group, Julene (07) 866 8333 10am

Coromandel Bowling Club social evening at the Club 3.30-7pm

Coromandel Tennis Club "club day" 4pm

Coromandel Flying Club social gathering, all welcome 5.30pm

Every Saturday

RSA Coromandel, RSA Club Rooms Woollams Ave.
President Kevin Stone (07) 866 7576 3.30-7pm

Every Sunday

Anglican Church Service 10am

Coromandel Tennis Club "club day" 1pm

Monthly

1st Mon – Coro Patchwork & Quilters, St John rooms,
Jill (07) 866 7484 9.30am-3.30pm

3rd Mon – Coro Patchwork & Quilters, St John rooms,
Jill (07) 866 7484 9.30am-3.30pm

1st Wed – Coro Embroiderers' Guild, St John rooms,
Win McMinn (07) 866 7508 10am-3pm

1st Wed – Lions Dinner meeting, St John rooms.
President Mary Farmer (07) 866 7321 or 027 699 0446 6pm

2nd Wed – Garden Circle. Kath Denize (07) 866 7441, 022 413 6573 ... 1pm

2nd Wed – Car Club meeting at The Club, contact Bruce 027 249 0878.. 4pm

3rd Wed – Lions Business Meeting, St John rooms.
President Mary Farmer (07) 866 7321 or 027 699 0446 7pm

Last Thurs – Green Drinks at Star & Garter 5pm

Last Thurs – DCR Music and Art Night 6.30pm

1st & 3rd Sun – Church Service at St Andrew's Church, Rings Road 10am

If your meeting has been omitted, please email Debbie at corochronicle@gmail.com with the subject "meeting" or txt/ph 021 235 6648. Please include contact name and phone number.

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Coromandel Town Chronicle

Calendar of events Coromandel Town July 2022

FRI

SAT

SUN

COROMANDEL RUBBISH & RECYCLE TRANSFER STATION & E-CYCLE HOURS
Wed & Fri 9.30am-3pm
Saturday, Sunday & Public Holidays 9.30am-4pm

Coromandel
Recreational
Fishing Club
Fish of the Month
for July is yellowtail
mackerel

Make sure your event gets listed
To get your event listed, email the details to Debbie at corochronicle@gmail.com with the subject "event". There is limited space available and will be published subject to space availability, with preference to not-for-profit groups.
Regular meetings aren't included here – please see weekly and monthly meetings on page 33.

KEY
● New moon
○ Full moon

Tide times and heights from Land Information NZ and are for Coromandel Harbour.
For Thames times: -15min High and -18min Low



Blue bin bags out
Put recycling out (plastic 1,2 & 5, tins, paper, cardboard)

RN = Rural North CT = Coromandel Town & Te Kōhuna TC = Thames Coast & Manāia
This schedule is subject to change at short notice due to Covid-19 restrictions

MON

TUE

WED

THU

4	5	6	7	8	9	10
High tide 10.33am (2.5m), 10.51pm (2.7m) Low tide 4.21am (0.7m), 4.29pm (0.6m)	High tide 11.14am (2.5m), 11.34pm (2.6m) Low tide 5.03am (0.7m), 5.11pm (0.6m)	High tide 11.57am (2.5m) Low tide 5.47am (0.7m), 5.57pm (0.7m)	High tide 12.19am (2.6m), 12.45pm (2.5m) Low tide 6.33am (0.7m), 6.49pm (0.7m)	High tide 1.06am (2.6m), 1.38pm (2.5m) Low tide 7.22am (0.6m), 7.46pm (0.7m)	High tide 1.58am (2.6m), 2.37pm (2.5m) Low tide 8.16am (0.6m), 8.46pm (0.7m)	High tide 2.53am (2.6m), 3.39pm (2.6m) Low tide 9.14am (0.5m), 9.46pm (0.5m)
Freedom Camping consultation opens (see ad pg 25)	Quiz night at The Club	Quiz night at Star & Garter (see ad pg 15)	Quiz night at Star & Garter (see ad pg 15)	Colville School bake sale (see pg 22) Last day of school term	Colville Pre-school cake stall (see pg 22) RSA midwinter Christmas dinner featuring the White Goat Band at The Club (see pg 20)	Thames Music Group – Auckland City Brass (see pg 26)
High tide 3.52am (2.7m), 4.41pm (2.7m) Low tide 10.14am (0.5m), 10.46pm (0.6m)	High tide 4.53am (2.7m), 5.41pm (2.9m) Low tide 11.14am (0.4m), 11.43pm (0.5m)	High tide 5.54am (2.8m), 6.37pm (3.0m) Low tide 12.11pm (0.2m)	High tide 6.54am (2.9m), 7.31pm (3.1m) Low tide 12.40am (0.4m), 1.07pm (0.2m)	High tide 7.52am (2.9m), 8.25pm (3.2m) Low tide 1.36am (0.3m), 2.00pm (0.1m)	High tide 8.47am (3.0m), 9.17pm (3.2m) Low tide 2.31am (0.2m), 2.52pm (0.1m)	High tide 9.40am (3.0m), 10.09pm (3.1m) Low tide 3.25am (0.2m), 3.44pm (0.2m)
11 Youth Group AGM (see pg 23) Coromandel-Colville Community Board meeting (see ad pg 25)	12 Quiz night at The Club	13 Quiz night at Star & Garter (see ad pg 15)	14 Quiz night at Star & Garter (see ad pg 15)	15 Opening night of Process 2021 – exhibition from WTS Coromandel (see pg 24 & ad pg 27) Winter Relax & Wellness retreat starts at Manāia (see ad pg 20)	16 Colville Pre-school cake stall (see pg 22) RSA midwinter Christmas dinner featuring the White Goat Band at The Club (see pg 20)	17 Thames Music Group – Auckland City Brass (see pg 26)
18 DEADLINE: Coromandel Town Chronicle August issue – 4pm Open Floor Dance at The Club Open Floor Dance at Manāia (see ad pg 20)	19 Quiz night at Star & Garter (see ad pg 15)	20 Quiz night at Star & Garter (see ad pg 15)	21 Quiz night at Star & Garter (see ad pg 15)	22 Thames Music Group – Free Friday Luncheon Concert – Te Aroha Singers (see pg 26) Yoga & Wellness retreat starts at Manāia (see ad pg 20)	23 Colville Pre-school cake stall (see pg 22) RSA midwinter Christmas dinner featuring the White Goat Band at The Club (see pg 20)	24 Process 2021 – exhibition from WTS Coromandel ends (see pg 24 & ad pg 27)
High tide 10.32am (2.9m), 11.01pm (3.0m) Low tide 4.19am (0.3m), 4.35pm (0.3m)	High tide 11.23am (2.8m), 11.53pm (2.9m) Low tide 5.12am (0.3m), 5.29pm (0.4m)	High tide 12.15pm (2.7m) Low tide 6.04am (0.4m), 6.23pm (0.6m)	High tide 12.45am (2.8m), 1.08pm (2.6m) Low tide 6.56am (0.5m), 7.20pm (0.7m)	High tide 1.37am (2.7m), 2.04pm (2.5m) Low tide 7.48am (0.6m), 8.19pm (0.8m)	High tide 2.29am (2.6m), 3.02pm (2.5m) Low tide 8.42am (0.6m), 9.16pm (0.8m)	High tide 3.22am (2.5m), 4.00pm (2.4m) Low tide 9.36am (0.7m), 10.11pm (0.8m)
25 Start term 3 The Golden Ass performed by Michael Hurst at Hauraki House Theatre (see pg 26)	26 Open Floor Dance at Manāia (see ad pg 20)	27 Quiz night at Star & Garter (see ad pg 15)	28 A Bridge to Union retreat starts at Manāia (see ad pg 20)	29 Thames Music Group – Free Friday Luncheon Concert – Te Aroha Singers (see pg 26) Yoga & Wellness retreat starts at Manāia (see ad pg 20)	30 Colville Pre-school cake stall (see pg 22) RSA midwinter Christmas dinner featuring the White Goat Band at The Club (see pg 20)	31 MEG winter lecture – Bruce Clarkson "Bringing indigenous nature back into NZ cities and towns (see ad pg 29) Last day for online dog registration (see ad pg 25)
High tide 4.15am (2.4m), 4.54pm (2.5m) Low tide 10.30am (0.7m), 11.01pm (0.8m)	High tide 5.08am (2.4m), 5.43pm (2.5m) Low tide 11.20am (0.7m), 11.48pm (0.8m)	High tide 5.58am (2.4m), 6.28pm (2.6m) Low tide 12.07pm (0.6m)	High tide 6.45am (2.5m), 7.10pm (2.6m) Low tide 12.33am (0.8m), 12.49pm (0.6m)	High tide 7.29am (2.5m), 7.49pm (2.7m) Low tide 1.14am (0.7m), 1.29pm (0.5m)	High tide 8.10am (2.6m), 8.27pm (2.7m) Low tide 1.55am (0.7m), 2.08pm (0.5m)	High tide 8.49am (2.6m), 9.05pm (2.7m) Low tide 2.34am (0.6m), 2.46pm (0.5m)



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